

THE STREAMLINE

Des Moines Swimming Federation Monthly Newsletter

DMSF FALL INVITE

REQUIRED MEET & VOLUNTEER EVENT

Thank you for your support! Please [sign up](#) to work the number of sessions that your swimmers are competing in and sign up to donate food for our hospitality room and concessions stand here: [2023 DMSF Fall Invite Food Donations](#) If you don't sign up, no worries! We'll simply charge your account \$25/athlete.

FALL INVITE FOOD DRIVE

We always focus our fall meet on giving thanks and coming together to gather donations for local needs. Last year, we collected nearly 500 nonperishable food and personal care items for the Food Bank of Iowa. We'd love to top that number this year.

Bring your donations to the meet and put them in your swim group's box. The group who collects the most wins a surprise.



ANNUAL MEMBER MEETING: Thursday, November 16

Look for an email with details to join virtually at 7:30 p.m.

[See board meeting](#) schedule.

NEW BOARD MEMBERS NEEDED

Submit interest to asmith@desmoinesswim.org. Election will be held at the Annual Member Meeting.

SHORT COURSE TEAM MEETS



NOV 18-19



DMSF Fall Invite
Valley High School

DEC 1-3

Snowglobe Invite
Wellmark YMCA

DEC 6-9

Junior Nationals
Westmont, IL

DEC 16-17

Blizzard Blast
Wellmark YMCA

JAN 26-28

Winter Blues Buster
Summit Middle School

FEB 10-11

Regional/8&U Champs
Wellmark YMCA

FEB 16-18

Age Group Champs
University of Iowa

FEB 22-25

Senior Champs
Wellmark YMCA

[See meet details.](#)

CELEBRATIONS



Des Moines Swimming Federation
November 1 at 7:15 PM · 🌐

We are proud to announce that DSMF swimmer Jacob Pins is a second-year scholastic All-American recipient. What an achievement. Congratulations, Jacob!



Des Moines Swimming Federation

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We're proud to be a Bronze medal club in the Club Excellence Program, which recognizes the top 200 USA Swimming Clubs!



QUICK LINKS

- See the [DMSF Swim Meet Guide](#) (pages 4 and 5) for meet tips
- The new link to order apparel from Elsmore Swim Shop's November custom order site coming is soon
- [Sign up or renew your USA Swimming Membership](#)
- [Check out the coach virtual hours & parent ambassadors](#)
- [Join our private Facebook group](#)
- [Become an Iowa Swimming official](#)

CIA MEET HIGH POINT WINNERS

Congrats to Quinn, Landon, Estella, Leon, Kasen, Sasha, Beckum, Renaud, Sasha, Tommy and Eliza!

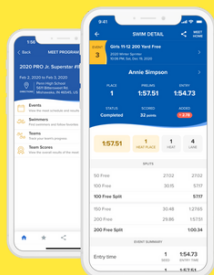


MOBILE APPS ALL SWIM FAMILIES NEED

Download this helpful resource!

MEET MOBILE APP

This app lets you view all the details at meets including events, heats, lanes, entry times, etc. This app has a small annual fee, but it's worth it!



ON DECK APP

This app connects to our team website and allows you to view our team feed, sign up for meets and volunteering, see time standards, use the pace calculator and so much more.

Download this free tool and start exploring.

Available Everywhere
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iOS & Android
Compatible



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DMSF INTRASQUAD MEET



[More Pictures Here.](#)

DMSF INTRASQUAD MEET

