

THE STREAMLINE

Des Moines Swimming Federation Monthly Newsletter

PREPARE FOR TEAM MEETS

READY FOR UPCOMING MEETS?

See the [DMSF Swim Meet Guide](#) (pages 4 and 5) for meet tips and [review the recent parent meeting](#) notes or video.

UPCOMING BOARD MEETING: Thursday, October 19

Look for an email with details to join virtually at 7:30 p.m. [See board meeting](#) schedule on the third Thursday of each month.



DMSF Intrasquad & Trunk or Treat | Oct. 29



DMSF is hosting a fun meet from 10-2 at Valley High School. [Sign up to volunteer at the meet or trunk or treat.](#)

TWO NEW BOARD MEMBERS NEEDED

- Treasurer
- Vice President

Submit interest to asmith@desmoines.swim.org. Election will be held at the Annual Member Meeting on Thursday, November 16.

SHORT COURSE TEAM MEETS

 **OCT 29** 
DMSF Intrasquad & Trunk or Treat
Valley High School

OCT 21-22
Fall Mixer
Wellmark YMCA

 **NOV 18-19** 
DMSF Fall Invite
Valley High School

DEC 1-3
Snowglobe Invite
Wellmark YMCA

DEC 6-9
Junior Nationals
Westmont, IL

DEC 16-17
Blizzard Blast
Wellmark YMCA

JAN 26-28
Winter Blues Buster
Summit Middle School



SHORT COURSE CHAMPIONSHIP MEETS

Feb. 10-11
Regional/8&U Champs
Wellmark YMCA

Feb. 22-25
Senior Champs
Wellmark YMCA

Feb. 16-18
Age Group Champs
University of Iowa

Mark your calendar!
Log in to Team Unify and [see complete details.](#)

CELEBRATIONS



COACHES GET TO KNOW OUR NEW TRAINING GROUPS



DMSF'S QUIN MAHLER-MORENO VOTED REGISTER ATHLETE OF THE WEEK



Perry girls swimmer Quin Mahler-Moreno was voted the Des Moines Register Female Athlete of the Week for Aug. 27-Sept. 2 by Register readers. *Contributed Photo*



QUICK LINKS

- [New link to order apparel from Elsmore Swim Shop's new custom order site coming in November](#)
- [Book a hotel room in Iowa City if qualified for the A3 Midwest Challenge Nov. 3-5 \(use group code: G-KDFT\)](#)
- [Sign up or renew your USA Swimming Membership](#)
- [Check out the coach virtual hours & parent ambassadors](#)
- [Join our private Facebook group](#)
- [Become an Iowa Swimming official](#)

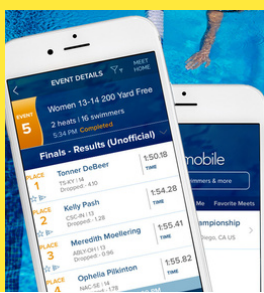
OUR SPONSORS



MOBILE APPS ALL SWIM FAMILIES NEED Download before the first meet!

MEET MOBILE APP

This app lets you view all the details at meets including events, heats, lanes, entry times, etc. This app has a small annual fee, but it's worth it!



ON DECK APP

This app connects to our team website and allows you to view our team feed, sign up for meets and volunteering, see time standards, use the pace calculator and so much more.

Available Everywhere
phone and tablet optimized



Download this free tool and start exploring.