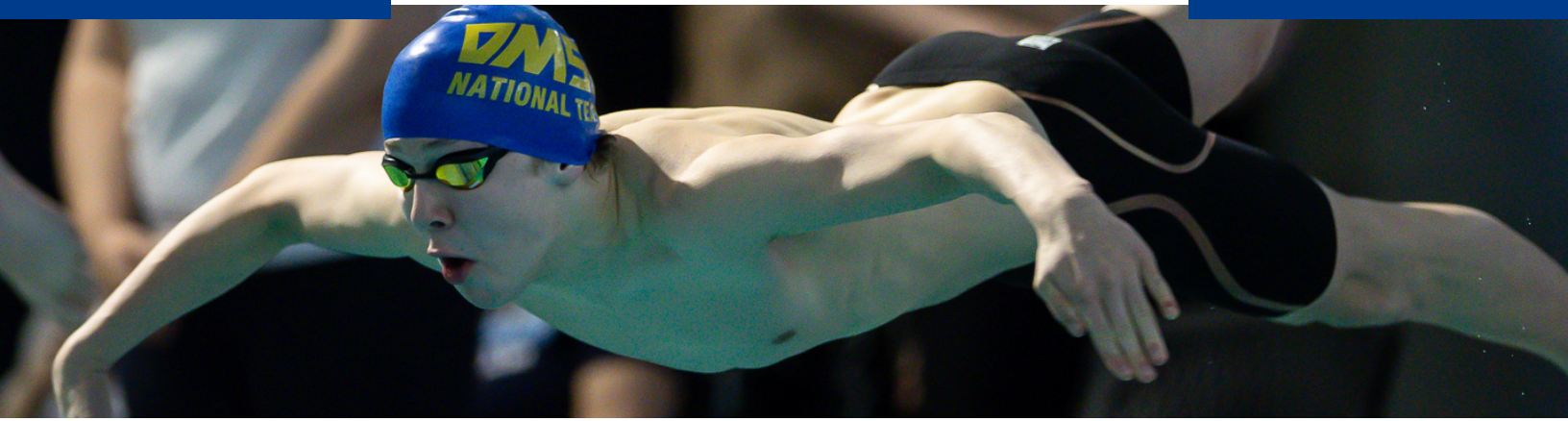


the streamline



TOP NEWS OF THE MONTH



»» COACHING STAFF OF THE YEAR

Congratulations to our amazing coaches for earning the Iowa Swimming 2023 Senior Coaching Staff of the Year!

SPEEDO SECTIONALS

Swimmers represented DMSF at this year's Speedo Sectionals with many time drops and fast swims!



»» STATE CHAMPS HIGH POINT AWARD

Shout out to our 13-14 Boys for bringing home the high point award and for sweeping all 5 of the relays!



M

>>> MARCH 18-27: DMSF SWIM CLINICS

To sign up, go to this link and sign in to your account:

<https://www.gomotionapp.com/team/iadmsf/page/system/classreg-shopping>

A

>>> THURSDAY, MARCH 21: DMSF BOARD MEETING

Join via Zoom at 7:30 p.m. Everyone is invited. See email from Julie.

R

>>> MARCH 29 & 30: TEAM TRYOUTS

[Tell your friends about tryouts at Valley at 5:45 p.m. on Friday or 2 p.m. on Saturday.](#)

>>> MONDAY, APRIL 1: LONG COURSE BEGINS*

Long course season begins for *Platinum, Gold and Blue.

A

>>> SATURDAY, APRIL 6: TRITON WEAR MEETING

Join Coach Landon in the Velley Forum from 5:45-6:45 p.m.

>>> SUNDAY, APRIL 13: TRYOUTS & SPRING BANQUET

[Tell your friends about tryouts at Valley at 2 p.m.](#) and join us at the Valley Community Center for fun, food, games and a celebration of our seniors and everyone's best times.

P

>>> SUNDAY, APRIL 14: LONG COURSE BEGINS*

Long course season begins for *Silver, Bronze and Pre-Comp.

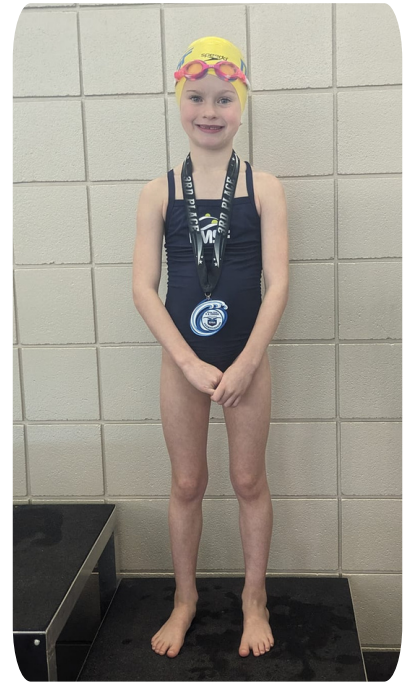
R

>>> APRIL 27-28: SWIM-A-THON

Save the date for our biggest fundraiser of the year. More details coming soon about our fun theme, super prizes and more.

QUICK LINKS







HIGH POINTS!
Congrats to Wesley Mooney and Sasha Bykova on their high point awards!



