

2026 IASI Short Course Championships Time Trials

February 26 – March 1, 2026

IASI Sanction: IA-26-038TT

Held under the sanction of USA Swimming and Iowa Swimming, Inc.

Held in conjunction with the 2026 Iowa Swimming Short Course Championships,

Sanction IA- 26-037

Rules:

Current USA Swimming technical and administrative rules and IASI Policies and Procedures govern this meet.

Liability:

It is understood and agreed that USA Swimming and Iowa Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Time trials registration will open at the designated Time Trials table from 8:00 am until one-hour before the scheduled finish of the preliminary session each day and again from 4:30 pm until the completion of finals session from Friday through Saturday. Entry fees are as follows:

•\$20.00 per individual entry or \$28.00 per relay entry cash or check made payable to: “Des Moines Swimming Federation”.

Time Trials Procedures:

1. A swimmer is limited to a maximum of two time trials per day and three time trials for the meet.
2. A swimmer must be entered in the meet (individual or relay) to participate in time trials.
3. Time trials will be limited each day at the discretion of the Meet Referee. All scheduled events cannot be guaranteed per day.
4. The combination of a swimmer's meet events and time trial events cannot exceed three per day for those swimmers entered in prelim/finals events or four per day for those swimmers entered in timed final events.
5. Only those events offered in the Championships will be offered in time trials.
6. The long distance freestyle (1000 Y Freestyle and above) events will only be offered on one day of the meet. The day will be determined by the Meet Referee and announced at the initial coaches' meeting.
7. The time trial session each day will begin approximately 15 minutes after the final heat in the preliminary session.
8. Time Trials individual events will be swum in the order listed below except for combinations of events to reduce the required time of the session and long distance freestyle as Items above.

Friday	Saturday	Sunday
Friday's Order of Events	Saturday's Order of Events	Sunday's Order of Events
Saturday's Order of Events	Sunday's Order of Events	Friday's Order of Events
Sunday's Order of Events	Friday's Order of Events	Saturday's Order of Events