

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

**Event 1 Girls 8 & Under 100 Yard Medley Relay**

Team	Relay	Seed Time
1 NST-IA	W8 A	1:44.46
1) Grimes, Ryann 8	2) Henning, Evie 8	
3) Wilke, Gretchen G 8	4) Henning, Shea D 8	
2 NST-IA	W8 B	1:45.00
1) Anderson, Quinn 8	2) Welsh, Gabby K 8	
3) Henning, Sloane 8	4) Ludeking, Emily 8	

**Event 2 Boys 8 & Under 100 Yard Medley Relay**

Team	Relay	Seed Time
1 VAC-IA	A	1:28.80
1) Happel, Cole J 8	2) Sexton, Griffin R 7	
3) Happel, Finn G 6	4) Happel, Dax E 6	

**Event 3 Girls 12 & Under 200 Yard Medley Relay**

Team	Relay	Seed Time
1 VAC-IA	A	2:19.86
1) Kelly, Juni R 10	2) Wilson, Lilly M 12	
3) Bowen, Olivia D 10	4) Stambaugh, Brynn K 11	
2 NST-IA	A	2:31.29
1) Hogan, Isabella I 12	2) McDermott, Lottie E 12	
3) Lechtenberg, Eloise P 11	4) Stark, Ava 12	
3 NST-IA	B	2:35.90
1) Godman, Lily 12	2) Melcher, Genevieve E 12	
3) Ellingson, Ella L 12	4) Vorwald, Karrigan J 11	
4 NST-IA	C	2:38.21
1) Henning, Mara 10	2) Thompson, Drew 10	
3) Vobr, Oakley S 10	4) Wilke, Charlotte 10	
5 USSD-IA	A	2:40.41
1) Harrison, Rae L 11	2) Hakeman, Riley C 11	
3) Collins, Maya C 12	4) Harrison, Natalie J 10	
6 NST-IA	D	2:58.18
1) Welsh, Emery 9	2) Grimes, Blaire E 10	
3) Swizdor, Kara J 12	4) Irvine, Finley 10	
7 VAC-IA	B	NT
1) Bunz, Finleigh R 10	2) Fleege, Cara G 9	
3) Fleege, Heidi G 9	4) Fleege, Alexis J 11	

**Event 4 Boys 12 & Under 200 Yard Medley Relay**

Team	Relay	Seed Time
1 NST-IA	A	2:24.45
1) Thomas, Mason D 9	2) Daley, Preston 12	
3) Wilkes, Theodore R 12	4) Schatz, Lucas A 11	
2 VAC-IA	A	2:29.35
1) Purdy, Anderson J 10	2) Fraley, Abel J 9	
3) Fleege, Ivan C 10	4) Clayton, Owen L 10	

**Event 5 Girls 12 & Under 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Hakeman, Riley C	11	USSD-IA	2:34.27
2 Stambaugh, Brynn K	11	VAC-IA	2:40.41
3 Wilke, Charlotte	10	NST-IA	2:43.31
4 Thaden, Maya A	11	RSC-MN	2:46.31
5 Gwellem, Elsa A	11	RSC-MN	2:59.89
6 Dean, Monika V	9	RSC-MN	3:32.57
7 Engrav, Evelyn M	11	NST-IA	NT

**Event 6 Boys 12 & Under 200 Yard Freestyle**

Name	Age	Team	Seed Time
1 Vavra, Tristan L	11	RSC-MN	2:21.41
2 Jothan, Adam C	12	RSC-MN	2:59.84
3 Klang, Sebastian J	12	USSD-IA	3:12.84
4 Charles, Will A	10	RSC-MN	NT
5 Schatz, Lucas A	11	NST-IA	NT

**Event 7 Girls 8 & Under 25 Yard Backstroke**

Name	Age	Team	Seed Time
1 Henning, Sloane	8	NST-IA	21.27
2 Henning, Evie	8	NST-IA	23.57
3 Welsh, Gabby K	8	NST-IA	24.96
4 Stambaugh, Bailey A	8	VAC-IA	25.20
5 Anderson, Quinn	8	NST-IA	25.84
6 Grimes, Ryann	8	NST-IA	25.88
7 Vobr, Everly V	7	NST-IA	33.95
8 McCoy, Allison E	6	VAC-IA	53.67
9 Kuennen, Jade E	7	NST-IA	NT
10 Henning, Shea D	8	NST-IA	NT

**Event 8 Boys 8 & Under 25 Yard Backstroke**

Name	Age	Team	Seed Time
1 Wicks, Ellis S	8	NST-IA	23.26
2 Happel, Cole J	8	VAC-IA	24.50
3 Gingrich, Ike A	8	USSD-IA	24.71
4 Happel, Dax E	6	VAC-IA	29.18
5 Happel, Finn G	6	VAC-IA	29.57

**Event 9 Girls 12 & Under 50 Yard Backstroke**

Name	Age	Team	Seed Time
1 Hogan, Isabella I	12	NST-IA	36.64
2 Wilke, Charlotte	10	NST-IA	37.87
3 Stark, Ava	12	NST-IA	38.70
4 Godman, Lily	12	NST-IA	40.43
5 Harrison, Rae L	11	USSD-IA	41.81
6 Thompson, Drew	10	NST-IA	42.73
7 Vorwald, Karrigan J	11	NST-IA	43.03
8 Fleege, Alexis J	11	VAC-IA	44.76
9 Swizdor, Kara J	12	NST-IA	45.94
10 Welsh, Emery	9	NST-IA	46.06
11 Schulte Rodriguez, Ivanna N	9	NST-IA	49.48
12 Harrison, Natalie J	10	USSD-IA	50.38
13 Loveless, Immie E	11	NST-IA	50.49
14 Brumm-Lopez, Arianna	10	NST-IA	50.64
15 Stark, Riley	9	NST-IA	51.04
16 Fleege, Cara G	9	VAC-IA	57.48
17 Moore, Abigail E	11	NST-IA	1:00.35
18 Fleege, Heidi G	9	VAC-IA	1:06.55
19 Matzen, Penley J	11	VAC-IA	1:06.72
20 Headington, Avery M	9	NST-IA	NT
21 Loveless, Auggie M	11	NST-IA	NT

**Event 10 Boys 12 & Under 50 Yard Backstroke**

Name	Age	Team	Seed Time
1 Kimeu, Jonathan P	12	RSC-MN	36.40
2 Weber, Henry M	11	USSD-IA	37.19
3 Thaden, Mason R	9	RSC-MN	40.33

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

## Event 10 ... (Boys 12 &amp; Under 50 Yard Backstroke)

Name	Age	Team	Seed Time
4 Klang, Sebastian J	12	USSD-IA	42.36
5 Fleege, Ivan C	10	VAC-IA	43.93
6 Kimeu, Steven J	10	RSC-MN	46.12
7 Fraley, Abel J	9	VAC-IA	52.80
8 Purdy, Anderson J	10	VAC-IA	53.11
9 Wilkes, Theodore R	12	NST-IA	55.58
10 Clayton, Owen L	10	VAC-IA	1:02.77
11 Thomas, Mason D	9	NST-IA	NT

## Event 11 Girls 12 &amp; Under 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Gwellem, Elsa A	11	RSC-MN	1:25.85
2 Godman, Lily	12	NST-IA	1:27.78
3 Kelly, Juni R	10	VAC-IA	1:28.74
4 Vorwald, Karrigan J	11	NST-IA	1:38.75
5 Bunz, Finleigh R	10	VAC-IA	1:38.86
6 Gwellem, Elena N	10	RSC-MN	1:41.64
7 Irvine, Finley	10	NST-IA	NT
8 Henning, Mara	10	NST-IA	NT

## Event 12 Boys 12 &amp; Under 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Maley, Scott D	10	RSC-MN	1:22.39

## Event 13 Girls 12 &amp; Under 100 Yard IM

Name	Age	Team	Seed Time
1 Melcher, Genevieve E	12	NST-IA	1:18.89
2 Hogan, Isabella I	12	NST-IA	1:19.53
3 McDermott, Lottie E	12	NST-IA	1:21.22
4 Thaden, Maya A	11	RSC-MN	1:21.41
5 Stark, Ava	12	NST-IA	1:26.63
6 Wilson, Lilly M	12	VAC-IA	1:27.84
7 Harrison, Rae L	11	USSD-IA	1:31.09
8 Bowen, Olivia D	10	VAC-IA	1:31.33
9 Vobr, Oakley S	10	NST-IA	1:32.39
10 Lechtenberg, Eloise P	11	NST-IA	1:33.73
11 Grimes, Blaire E	10	NST-IA	1:35.09
12 Fleege, Alexis J	11	VAC-IA	1:42.72
13 Stark, Riley	9	NST-IA	1:56.30
14 Kuennen, Riley J	9	NST-IA	2:01.53
15 Bunz, Paisley J	9	VAC-IA	2:42.49
16 Hendricks, Ava M	9	NST-IA	NT
17 Kuennen, Jade E	7	NST-IA	NT
18 Wilke, Gretchen G	8	NST-IA	NT

## Event 14 Boys 12 &amp; Under 100 Yard IM

Name	Age	Team	Seed Time
1 Weber, Henry M	11	USSD-IA	1:24.78
2 Peters, George M	10	RSC-MN	1:29.36
3 Klang, Sebastian J	12	USSD-IA	1:33.83
4 Fraley, Abel J	9	VAC-IA	1:50.18
5 McCoy, Charlie F	9	VAC-IA	1:59.99
6 Charles, Will A	10	RSC-MN	NT
7 Purdy, Anderson J	10	VAC-IA	NT
8 Fleege, Ivan C	10	VAC-IA	NT
9 Wilkes, Theodore R	12	NST-IA	NT

## Event 15 Girls 12 &amp; Under 50 Yard Butterfly

Name	Age	Team	Seed Time
1 McDermott, Lottie E	12	NST-IA	36.55
2 Ellingson, Ella L	12	NST-IA	37.32
3 Collins, Maya C	12	USSD-IA	37.49
4 Wilke, Charlotte	10	NST-IA	41.06
5 Swizdor, Kara J	12	NST-IA	45.97
6 Gwellem, Elena N	10	RSC-MN	47.45
7 Dean, Monika V	9	RSC-MN	53.75
8 Welsh, Emery	9	NST-IA	55.22
9 Fleege, Heidi G	9	VAC-IA	NT
10 Henning, Mara	10	NST-IA	NT
11 Engrav, Evelyn M	11	NST-IA	NT
12 Loveless, Auggie M	11	NST-IA	NT

## Event 16 Boys 12 &amp; Under 50 Yard Butterfly

Name	Age	Team	Seed Time
1 Vavra, Tristan L	11	RSC-MN	34.57
2 Weber, Henry M	11	USSD-IA	36.59

## Event 17 Girls 12 &amp; Under 100 Yard Butterfly

Name	Age	Team	Seed Time
1 Bowen, Olivia D	10	VAC-IA	1:28.62
2 Kelly, Juni R	10	VAC-IA	1:30.39
3 Lechtenberg, Eloise P	11	NST-IA	1:42.67

## Event 18 Boys 12 &amp; Under 100 Yard Butterfly

Name	Age	Team	Seed Time
1 Kimeu, Jonathan P	12	RSC-MN	1:27.86
2 Peters, George M	10	RSC-MN	1:29.40
3 Maley, Scott D	10	RSC-MN	NT
4 Thaden, Mason R	9	RSC-MN	NT

## Event 19 Girls 8 &amp; Under 25 Yard Butterfly

Name	Age	Team	Seed Time
1 Henning, Sloane	8	NST-IA	19.95
2 Wilke, Gretchen G	8	NST-IA	20.99
3 Henning, Evie	8	NST-IA	NT

## Event 20 Boys 8 &amp; Under 25 Yard Butterfly

Name	Age	Team	Seed Time
1 Happel, Finn G	6	VAC-IA	44.88
2 Happel, Dax E	6	VAC-IA	52.88

## Event 21 Girls 12 &amp; Under 100 Yard Freestyle

Name	Age	Team	Seed Time
1 Hakeman, Riley C	11	USSD-IA	1:06.48
2 Melcher, Genevieve E	12	NST-IA	1:08.41
3 Gwellem, Elsa A	11	RSC-MN	1:12.29
4 Godman, Lily	12	NST-IA	1:15.49
5 Stambaugh, Brynn K	11	VAC-IA	1:15.76
6 Bowen, Olivia D	10	VAC-IA	1:17.72
7 Kelly, Juni R	10	VAC-IA	1:17.82
8 Irvine, Finley	10	NST-IA	1:20.26
9 Grimes, Blaire E	10	NST-IA	1:20.64
10 Vobr, Oakley S	10	NST-IA	1:21.07
11 Bunz, Finleigh R	10	VAC-IA	1:23.62
12 Loveless, Auggie M	11	NST-IA	1:29.02
13 Swizdor, Kara J	12	NST-IA	1:30.85

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

## Event 21 ... (Girls 12 &amp; Under 100 Yard Freestyle)

Name	Age	Team	Seed Time
14 Fleege, Alexis J	11	VAC-IA	1:31.22
15 Engrav, Evelyn M	11	NST-IA	1:31.34
16 Vorwald, Karrigan J	11	NST-IA	1:32.43
17 Dean, Monika V	9	RSC-MN	1:34.44
18 Welsh, Emery	9	NST-IA	1:36.89
19 Kuennen, Riley J	9	NST-IA	1:36.96
20 Loveless, Immie E	11	NST-IA	1:41.04
21 Moore, Abigail E	11	NST-IA	1:42.79
22 Schulte Rodriguez, Ivanna N	9	NST-IA	1:48.41
23 Stambaugh, Bailey A	8	VAC-IA	1:49.25
24 Fleege, Cara G	9	VAC-IA	1:50.34
25 Matzen, Penley J	11	VAC-IA	2:03.40
26 Bunz, Paisley J	9	VAC-IA	2:07.02
27 Headington, Avery M	9	NST-IA	2:09.99
28 Fleege, Heidi G	9	VAC-IA	2:12.41

## Event 22 Boys 12 &amp; Under 100 Yard Freestyle

Name	Age	Team	Seed Time
1 Jothan, Adam C	12	RSC-MN	1:20.46
2 Fleege, Ivan C	10	VAC-IA	1:21.28
3 Kimeu, Steven J	10	RSC-MN	1:22.01
4 McCoy, Charlie F	9	VAC-IA	1:47.82
5 Clayton, Owen L	10	VAC-IA	1:53.12
6 Thomas, Mason D	9	NST-IA	2:02.95
7 Gingrich, Ike A	8	USSD-IA	NT
8 Charles, Will A	10	RSC-MN	NT
9 Happel, Cole J	8	VAC-IA	NT
10 Schatz, Lucas A	11	NST-IA	NT

## Event 23 Girls 12 &amp; Under 200 Yard IM

Name	Age	Team	Seed Time
1 Thaden, Maya A	11	RSC-MN	3:03.78
2 Collins, Maya C	12	USSD-IA	NT
3 Kuennen, Riley J	9	NST-IA	NT

## Event 24 Boys 12 &amp; Under 200 Yard IM

Name	Age	Team	Seed Time
1 Peters, George M	10	RSC-MN	3:17.63

## Event 25 Girls 8 &amp; Under 25 Yard Breaststroke

Name	Age	Team	Seed Time
1 Henning, Evie	8	NST-IA	27.31
2 Stambaugh, Bailey A	8	VAC-IA	27.89
3 Wilke, Gretchen G	8	NST-IA	28.55
4 Welsh, Gabby K	8	NST-IA	38.10
5 Ludeking, Emily	8	NST-IA	NT
6 Vobr, Everly V	7	NST-IA	NT

## Event 26 Boys 8 &amp; Under 25 Yard Breaststroke

Name	Age	Team	Seed Time
1 Gingrich, Ike A	8	USSD-IA	29.97
2 Sexton, Griffin R	7	VAC-IA	36.32
3 Wicks, Ellis S	8	NST-IA	NT

## Event 27 Girls 12 &amp; Under 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Ellingson, Ella L	12	NST-IA	38.37

2 McDermott, Lottie E	12	NST-IA	40.72
3 Hogan, Isabella I	12	NST-IA	41.92
4 Collins, Maya C	12	USSD-IA	42.08
5 Wilson, Lilly M	12	VAC-IA	45.66
6 Gwellem, Elena N	10	RSC-MN	46.20
7 Harrison, Rae L	11	USSD-IA	48.62
8 Lechtenberg, Eloise P	11	NST-IA	48.64
9 Grimes, Blaire E	10	NST-IA	50.88
10 Vobr, Oakley S	10	NST-IA	53.10
11 Harrison, Natalie J	10	USSD-IA	53.17
12 Moore, Abigail E	11	NST-IA	55.62
13 Bunz, Finleigh R	10	VAC-IA	56.12
14 Stark, Riley	9	NST-IA	57.38
15 Brumm-Lopez, Arianna	10	NST-IA	59.01
16 Hendricks, Ava M	9	NST-IA	1:00.61
17 Vorwald, Karrigan J	11	NST-IA	1:01.77
18 Grimes, Ryann	8	NST-IA	1:02.17
19 Fleege, Cara G	9	VAC-IA	1:20.91
20 Matzen, Penley J	11	VAC-IA	NT
21 Headington, Avery M	9	NST-IA	NT
22 Schulte Rodriguez, Ivanna N	9	NST-IA	NT
23 Loveless, Immie E	11	NST-IA	NT

## Event 28 Boys 12 &amp; Under 50 Yard Breaststroke

Name	Age	Team	Seed Time
1 Vavra, Tristan L	11	RSC-MN	36.42
2 Weber, Henry M	11	USSD-IA	45.15
3 Maley, Scott D	10	RSC-MN	46.90
4 Thaden, Mason R	9	RSC-MN	48.83
5 Kimeu, Steven J	10	RSC-MN	49.19
6 Daley, Preston	12	NST-IA	49.52
7 McDermott, Mack J	10	NST-IA	52.61
8 Fraley, Abel J	9	VAC-IA	52.96
9 McCoy, Charlie F	9	VAC-IA	1:01.71
10 Purdy, Anderson J	10	VAC-IA	1:02.26
11 Thomas, Mason D	9	NST-IA	NT
12 Schatz, Lucas A	11	NST-IA	NT

## Event 29 Girls 12 &amp; Under 100 Yard Breaststroke

Name	Age	Team	Seed Time
1 Ellingson, Ella L	12	NST-IA	1:25.54
2 Melcher, Genevieve E	12	NST-IA	1:28.47
3 Hakeman, Riley C	11	USSD-IA	1:28.75
4 Hogan, Isabella I	12	NST-IA	1:29.82
5 Collins, Maya C	12	USSD-IA	1:33.16
6 Stark, Ava	12	NST-IA	1:34.45
7 Wilson, Lilly M	12	VAC-IA	1:37.29
8 Dean, Monika V	9	RSC-MN	1:52.31
9 Thompson, Drew	10	NST-IA	NT

## Event 30 Boys 12 &amp; Under 100 Yard Breaststroke

Name	Age	Team	Seed Time
1 Kimeu, Jonathan P	12	RSC-MN	1:36.52
2 Peters, George M	10	RSC-MN	1:50.78
3 Jothan, Adam C	12	RSC-MN	1:53.60
4 Wilkes, Theodore R	12	NST-IA	2:01.59
5 Clayton, Owen L	10	VAC-IA	2:19.88

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

**Event 31 Girls 8 & Under 25 Yard Freestyle**

Name	Age	Team	Seed Time
1 Henning, Sloane	8	NST-IA	17.19
2 Stambaugh, Bailey A	8	VAC-IA	19.73
3 Welsh, Gabby K	8	NST-IA	21.47
4 Anderson, Quinn	8	NST-IA	26.07
5 Vobr, Everly V	7	NST-IA	30.28
6 McCoy, Allison E	6	VAC-IA	45.37
7 Ludeking, Emily	8	NST-IA	NT
8 Kuennen, Jade E	7	NST-IA	NT
9 Henning, Shea D	8	NST-IA	NT

**Event 32 Boys 8 & Under 25 Yard Freestyle**

Name	Age	Team	Seed Time
1 Happel, Cole J	8	VAC-IA	20.63
2 Gingrich, Ike A	8	USSD-IA	21.52
3 Wicks, Ellis S	8	NST-IA	22.53
4 Happel, Finn G	6	VAC-IA	30.13
5 Sexton, Griffin R	7	VAC-IA	32.25
6 Happel, Dax E	6	VAC-IA	32.28

**Event 33 Girls 12 & Under 50 Yard Freestyle**

Name	Age	Team	Seed Time
1 Ellingson, Ella L	12	NST-IA	29.99
2 Thaden, Maya A	11	RSC-MN	30.50
3 Melcher, Genevieve E	12	NST-IA	30.90
4 McDermott, Lottie E	12	NST-IA	30.94
5 Hakeman, Riley C	11	USSD-IA	31.25
6 Gwellem, Elsa A	11	RSC-MN	31.89
7 Stark, Ava	12	NST-IA	32.96
8 Henning, Mara	10	NST-IA	33.22
9 Kelly, Juni R	10	VAC-IA	33.91
10 Godman, Lily	12	NST-IA	33.93
11 Harrison, Rae L	11	USSD-IA	34.27
12 Wilson, Lilly M	12	VAC-IA	34.46
13 Gwellem, Elena N	10	RSC-MN	34.72
14 Stambaugh, Brynn K	11	VAC-IA	35.04
15 Lechtenberg, Eloise P	11	NST-IA	35.28
16 Bunz, Finleigh R	10	VAC-IA	35.72
17 Bowen, Olivia D	10	VAC-IA	36.45
18 Thompson, Drew	10	NST-IA	36.65
19 Engrav, Evelyn M	11	NST-IA	38.92
20 Loveless, Auggie M	11	NST-IA	39.38
21 Henning, Sloane	8	NST-IA	39.39
22 Welsh, Emery	9	NST-IA	40.53
23 Kuennen, Riley J	9	NST-IA	40.71
24 Harrison, Natalie J	10	USSD-IA	41.57
25 Swizzdor, Kara J	12	NST-IA	41.66
26 Wilke, Gretchen G	8	NST-IA	42.01
27 Henning, Evie	8	NST-IA	42.03
28 Fleege, Alexis J	11	VAC-IA	42.56
29 Moore, Abigail E	11	NST-IA	43.18
30 Stark, Riley	9	NST-IA	43.83
31 Brumm-Lopez, Arianna	10	NST-IA	44.15
32 Loveless, Immie E	11	NST-IA	44.76
33 Schulte Rodriguez, Ivanna N	9	NST-IA	45.37
34 Fleege, Cara G	9	VAC-IA	47.74

35 Grimes, Ryann	8	NST-IA	48.48
36 Hendricks, Ava M	9	NST-IA	48.85
37 Headington, Avery M	9	NST-IA	51.19
38 Bunz, Paisley J	9	VAC-IA	53.12
39 Matzen, Penley J	11	VAC-IA	53.86
40 Welsh, Gabby K	8	NST-IA	55.42
41 Fleege, Heidi G	9	VAC-IA	57.17
42 Henning, Shea D	8	NST-IA	NT

**Event 34 Boys 12 & Under 50 Yard Freestyle**

Name	Age	Team	Seed Time
1 Kimeu, Steven J	10	RSC-MN	34.90
2 Klang, Sebastian J	12	USSD-IA	35.38
3 McDermott, Mack J	10	NST-IA	35.74
4 Fleege, Ivan C	10	VAC-IA	35.89
5 Thaden, Mason R	9	RSC-MN	36.50
6 Daley, Preston	12	NST-IA	39.15
7 Fraley, Abel J	9	VAC-IA	41.49
8 Purdy, Anderson J	10	VAC-IA	42.10
9 McCoy, Charlie F	9	VAC-IA	44.84
10 Wicks, Ellis S	8	NST-IA	45.66
11 Wilkes, Theodore R	12	NST-IA	46.12
12 Happel, Cole J	8	VAC-IA	47.07
13 Clayton, Owen L	10	VAC-IA	48.15
14 Thomas, Mason D	9	NST-IA	49.52
15 Charles, Will A	10	RSC-MN	50.21
16 Sexton, Griffin R	7	VAC-IA	1:13.40
17 Schatz, Lucas A	11	NST-IA	NT

**Event 35 Girls 8 & Under 100 Yard Freestyle Relay**

Team	Relay	Seed Time
1 NST-IA	W8 A	1:21.92
1) Grimes, Ryann 8	2) Kuennen, Jade E 7	
3) Vobr, Everly V 7	4) Anderson, Quinn 8	

**Event 36 Boys 8 & Under 100 Yard Freestyle Relay**

Team	Relay	Seed Time
1 VAC-IA	A	1:24.93
1) Happel, Cole J 8	2) Happel, Dax E 6	
3) Sexton, Griffin R 7	4) Happel, Finn G 6	

**Event 37 Girls 12 & Under 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 VAC-IA	W12 A	2:05.96
1) Stambaugh, Brynn K 11	2) Bunz, Finleigh R 10	
3) Fleege, Alexis J 11	4) Kelly, Juni R 10	
2 NST-IA	W12 A	2:09.88
1) Hogan, Isabella I 12	2) Stark, Ava 12	
3) Ellingson, Ella L 12	4) Godman, Lily 12	
3 NST-IA	W12 B	2:15.71
1) McDermott, Lottie E 12	2) Vorwald, Karrigan J 11	
3) Lechtenberg, Eloise P 11	4) Melcher, Genevieve E 12	
4 NST-IA	W12 D	2:28.40
1) Stark, Riley 9	2) Thompson, Drew 10	
3) Vobr, Oakley S 10	4) Henning, Mara 10	
5 NST-IA	W12 E	2:29.91
1) Grimes, Blaire E 10	2) Loveless, Immie E 11	
3) Irvine, Finley 10	4) Wilke, Charlotte 10	

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

## Event 37 ... (Girls 12 &amp; Under 200 Yard Freestyle Relay)

Team	Relay	Seed Time
6 NST-IA	W12 C	2:43.14
1) Engrav, Evelyn M 11	2) Moore, Abigail E 11	
3) Swizdor, Kara J 12	4) Loveless, Auggie M 11	
7 NST-IA	W12 F	2:59.30
1) Schulte Rodriguez, Ivanna N 9	2) Headington, Avery M 9	
3) Henning, Evie 8	4) Kuennen, Riley J 9	
8 NST-IA	W12 G	3:00.00
1) Welsh, Emery 9	2) Henning, Sloane 8	
3) Henning, Shea D 8	4) Hendricks, Ava M 9	
9 VAC-IA	W12 B	NT
1) Wilson, Lilly M 12	2) Bowen, Olivia D 10	
3) Fleege, Cara G 9	4) Matzen, Penley J 11	

## Event 38 Boys 12 &amp; Under 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 NST-IA	A	2:03.02
1) McDermott, Mack J 10	2) Wicks, Ellis S 8	
3) Schatz, Lucas A 11	4) Wilkes, Theodore R 12	
2 VAC-IA	A	2:15.33
1) Fleege, Ivan C 10	2) Clayton, Owen L 10	
3) Fraley, Abel J 9	4) McCoy, Charlie F 9	

## Event 39 Girls 12 &amp; Under 500 Yard Freestyle

Name	Age	Team	Seed Time
1 Wilke, Charlotte	10	NST-IA	7:03.75
2 Stambaugh, Brynn K	11	VAC-IA	7:24.36
3 Vobr, Oakley S	10	NST-IA	7:39.51

## Event 40 Boys 12 &amp; Under 500 Yard Freestyle

Name	Age	Team	Seed Time
1 Kimeu, Jonathan P	12	RSC-MN	6:26.37
2 Vavra, Tristan L	11	RSC-MN	6:30.15
3 Maley, Scott D	10	RSC-MN	7:20.76
4 Jothen, Adam C	12	RSC-MN	7:22.85

## Event 41 Girls 200 Yard Medley Relay

Team	Relay	Seed Time
1 NST-IA	W109 A	2:05.34
1) Sailor, Lilly R 14	2) Schissel, Jenna R 16	
3) Vobr, Jaylee M 17	4) Sailor, Isabella S 18	
2 USSD-IA	W61 A	2:05.52
1) Boevers, Makenna E 14	2) Parson, Lucy J 16	
3) Parson, Annie L 14	4) Sheffler, Olivia M 17	
3 VAC-IA	W109 A	2:11.46
1) Carolan, Brie J 17	2) Bunz, Addie M 17	
3) Kelly, Lyla G 14	4) Hunt, Martavia J 15	
4 NST-IA	W109 B	2:30.00
1) Perkins, Brianna R 14	2) Delphey, Kendall P 15	
3) Demaray, McKenna 17	4) Kimbler, Bay A 13	
5 BSSC-IA	W109 A	2:40.38
1) Walton, Lizzie J 14	2) Schmidt, Katelyn J 15	
3) Eggleston, Bailey A 14	4) Miller, Kenna J 16	

## Event 42 Boys 200 Yard Medley Relay

Team	Relay	Seed Time
1 VAC-IA	A	1:52.79

## Event 43 Mixed 200 Yard Medley Relay

Team	Relay	Seed Time
1 NST-IA	A	1:56.80
1) Swizdor, Ethan J M16	2) Kutz, Naomi M W17	
3) Snitker, Jordan A M15	4) Demaray, Cashton M14	
2 VAC-IA	A	2:04.30
1) Purdy, Maryn N W15	2) Sexton, Owen L M13	
3) Hunt, Tara D W13	4) Stillions, Elizabeth A W17	
3 BSSC-IA	A	2:33.84
1) Bienemann, Jasper J M10	2) Norem, Mason L M17	
3) Hunemuller, Maklyn R W14		

## Event 45 Girls 200 Yard Freestyle

Name	Age	Team	Seed Time
1 Parson, Lucy J	16	USSD-IA	2:19.67
2 Hunt, Martavia J	15	VAC-IA	2:22.23
3 Hunt, Tara D	13	VAC-IA	2:39.62
4 Prigge, Aubrey R	13	RSC-MN	2:40.04
5 Purdy, Maryn N	15	VAC-IA	2:43.68
6 Shelton, Macie A	13	USSD-IA	2:50.12
7 Stillions, Elizabeth A	17	VAC-IA	2:52.59
8 Walton, Lizzie J	14	BSSC-IA	2:58.25
9 Parson, Annie L	14	USSD-IA	NT
10 Stulak, Penelope J	13	RSC-MN	NT

## Event 46 Boys 200 Yard Freestyle

Name	Age	Team	Seed Time
1 Olswold, Liam M	17	RSC-MN	1:56.79
2 Joyner, Ryk T	13	RSC-MN	2:04.13
3 Sexton, Owen L	13	VAC-IA	2:20.91

## Event 47 Girls 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Tudor, Sophia	15	UN-IA	1:02.50
2 Tudor, Amelia	15	UN-IA	1:02.74
3 Dean, Amelia M	15	RSC-MN	1:05.64
4 Sailor, Lilly R	14	NST-IA	1:09.53
5 Sheffler, Olivia M	17	USSD-IA	1:10.93
6 Kelly, Lyla G	14	VAC-IA	1:13.40
7 Lindquist, Hadley M	13	RSC-MN	1:15.09
8 Stulak, Penelope J	13	RSC-MN	NT
9 Carolan, Brie J	17	VAC-IA	NT
10 Perkins, Brianna R	14	NST-IA	NT

## Event 48 Boys 100 Yard Backstroke

Name	Age	Team	Seed Time
1 Swizdor, Ethan J	16	NST-IA	1:01.22

## Event 49 Girls 50 Yard Butterfly

Name	Age	Team	Seed Time
1 Vobr, Jaylee M	17	NST-IA	27.21
2 Sailor, Isabella S	18	NST-IA	29.47
3 Hunt, Martavia J	15	VAC-IA	32.79
4 Hunt, Tara D	13	VAC-IA	36.25
5 Boevers, Makenna E	14	USSD-IA	38.14
6 Delphey, Kendall P	15	NST-IA	38.31
7 Eggleston, Bailey A	14	BSSC-IA	38.95
8 Wagner, Phoebe E	12	RSC-MN	40.46

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

**Event 50 Boys 50 Yard Butterfly**

Name	Age	Team	Seed Time
1 Swizdor, Ethan J	16	NST-IA	29.92
2 Joyner, Ryk T	13	RSC-MN	30.79
3 Snitker, Jordan A	15	NST-IA	32.52
4 Demaray, Cashton	14	NST-IA	34.39
5 Renner, Cooper M	15	BSSC-IA	1:02.09

**Event 51 Girls 200 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Kutz, Naomi M	17	NST-IA	2:52.51
2 Brenes Vado, Karina I	13	RSC-MN	3:13.47
3 Bunz, Addie M	17	VAC-IA	3:27.88
4 Kimbler, Bay A	13	NST-IA	3:27.90
5 Hamann, Sydney N	14	RSC-MN	NT
6 Demaray, McKenna	17	NST-IA	NT

**Event 52 Boys 200 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Thaden, Milo R	13	RSC-MN	2:42.13

**Event 53 Girls 400 Yard IM**

Name	Age	Team	Seed Time
1 Boevers, Makenna E	14	USSD-IA	5:15.54
2 Schissel, Jenna R	16	NST-IA	5:19.14

**Event 54 Boys 400 Yard IM**

Name	Age	Team	Seed Time
1 Snitker, Jordan A	15	NST-IA	5:02.24

**Event 55 Girls 50 Yard Freestyle**

Name	Age	Team	Seed Time
1 Vobr, Jaylee M	17	NST-IA	25.14
2 Sailor, Isabella S	18	NST-IA	26.33
3 Tudor, Sophia	15	UN-IA	26.74
4 Dean, Amelia M	15	RSC-MN	28.27
5 Lindquist, Hadley M	13	RSC-MN	28.67
6 Parson, Annie L	14	USSD-IA	28.93
7 Sailor, Lilly R	14	NST-IA	28.99
8 Sheffler, Olivia M	17	USSD-IA	29.26
9 Hunemuller, Maklyn R	14	BSSC-IA	30.08
10 Prigge, Aubrey R	13	RSC-MN	30.37
11 Brenes Vado, Karina I	13	RSC-MN	30.97
12 Purdy, Maryn N	15	VAC-IA	32.40
13 Delphey, Kendall P	15	NST-IA	32.76
14 Bunz, Addie M	17	VAC-IA	32.86
15 Miller, Kenna J	16	BSSC-IA	33.76
16 Shelton, Macie A	13	USSD-IA	33.86
17 Wagner, Phoebe E	12	RSC-MN	34.21
18 Kimbler, Bay A	13	NST-IA	34.60
19 Schmidt, Katelyn J	15	BSSC-IA	34.83
20 Stillions, Elizabeth A	17	VAC-IA	34.87
21 Eggleston, Bailey A	14	BSSC-IA	35.92
22 Perkins, Brianna R	14	NST-IA	39.31
23 Carolan, Brie J	17	VAC-IA	NT
24 Demaray, McKenna	17	NST-IA	NT

**Event 56 Boys 50 Yard Freestyle**

Name	Age	Team	Seed Time
1 Swizdor, Ethan J	16	NST-IA	24.96
2 Norem, Mason L	17	BSSC-IA	27.00
3 Olswold, Trajen K	13	RSC-MN	27.58
4 Sexton, Owen L	13	VAC-IA	28.51
5 Thaden, Milo R	13	RSC-MN	28.73
6 Renner, Cooper M	15	BSSC-IA	30.03
7 Demaray, Cashton	14	NST-IA	NT

**Event 57 Girls 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 Parson, Lucy J	16	USSD-IA	1:04.99
2 Tudor, Amelia	15	UN-IA	1:05.33
3 Kelly, Lyla G	14	VAC-IA	1:13.17
4 Hunemuller, Maklyn R	14	BSSC-IA	1:15.60
5 Hunt, Martavia J	15	VAC-IA	1:23.93
6 Hunt, Tara D	13	VAC-IA	1:27.22
7 Hamann, Sydney N	14	RSC-MN	1:27.29
8 Eggleston, Bailey A	14	BSSC-IA	1:29.69

**Event 58 Boys 100 Yard Butterfly**

Name	Age	Team	Seed Time
1 Olswold, Liam M	17	RSC-MN	1:00.57
2 Joyner, Ryk T	13	RSC-MN	1:13.94
3 Bienemann, Jasper J	10	BSSC-IA	NT

**Event 59 Girls 50 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Parson, Lucy J	16	USSD-IA	30.00
2 Vobr, Jaylee M	17	NST-IA	36.09
3 Brenes Vado, Karina I	13	RSC-MN	37.60
4 Sailor, Isabella S	18	NST-IA	39.37
5 Delphey, Kendall P	15	NST-IA	40.80
6 Bunz, Addie M	17	VAC-IA	43.48
7 Purdy, Maryn N	15	VAC-IA	44.14
8 Wagner, Phoebe E	12	RSC-MN	46.95

**Event 60 Boys 50 Yard Breaststroke**

Name	Age	Team	Seed Time
1 Sexton, Owen L	13	VAC-IA	37.68
2 Demaray, Cashton	14	NST-IA	NT

**Event 61 Girls 200 Yard Backstroke**

Name	Age	Team	Seed Time
1 Dean, Amelia M	15	RSC-MN	2:20.30
2 Parson, Annie L	14	USSD-IA	2:28.27
3 Sailor, Lilly R	14	NST-IA	2:30.00
4 Shelton, Macie A	13	USSD-IA	2:58.61

**Event 62 Boys 200 Yard Backstroke**

Name	Age	Team	Seed Time
1 Olswold, Liam M	17	RSC-MN	2:06.72
2 Olswold, Trajen K	13	RSC-MN	2:41.13

**Event 63 Girls 200 Yard IM**

Name	Age	Team	Seed Time
1 Schissel, Jenna R	16	NST-IA	2:24.66
2 Tudor, Amelia	15	UN-IA	2:29.70

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

## Event 63 ... (Girls 200 Yard IM)

Name	Age	Team	Seed Time
3 Schmidt, Katelyn J	15	BSSC-IA	3:02.22
4 Prigge, Aubrey R	13	RSC-MN	3:06.89
5 Stulak, Penelope J	13	RSC-MN	NT
6 Walton, Lizzie J	14	BSSC-IA	NT

## Event 64 Boys 200 Yard IM

Name	Age	Team	Seed Time
1 Swizdor, Ethan J	16	NST-IA	2:26.61
2 Olswold, Trajen K	13	RSC-MN	2:34.63

## Event 65 Girls 100 Yard Freestyle

Name	Age	Team	Seed Time
1 Tudor, Sophia	15	UN-IA	57.57
2 Dean, Amelia M	15	RSC-MN	1:00.73
3 Lindquist, Hadley M	13	RSC-MN	1:01.87
4 Demaray, McKenna	17	NST-IA	1:02.60
5 Hunemuller, Maklyn R	14	BSSC-IA	1:03.02
6 Hunt, Martavia J	15	VAC-IA	1:03.97
7 Kelly, Lyla G	14	VAC-IA	1:04.05
8 Kutz, Naomi M	17	NST-IA	1:05.40
9 Sheffler, Olivia M	17	USSD-IA	1:05.94
10 Hunt, Tara D	13	VAC-IA	1:11.98
11 Purdy, Maryn N	15	VAC-IA	1:12.48
12 Stulak, Penelope J	13	RSC-MN	1:12.97
13 Soukup, Lyv M	12	USSD-IA	1:15.25
14 Hamann, Sydney N	14	RSC-MN	1:15.61
15 Kimbler, Bay A	13	NST-IA	1:16.15
16 Wagner, Phoebe E	12	RSC-MN	1:17.43
17 Stillions, Elizabeth A	17	VAC-IA	1:21.51
18 Carolan, Brie J	17	VAC-IA	NT

## Event 66 Boys 100 Yard Freestyle

Name	Age	Team	Seed Time
1 Olswold, Liam M	17	RSC-MN	52.99
2 Snitker, Jordan A	15	NST-IA	58.63
3 Sexton, Owen L	13	VAC-IA	1:02.70
4 Norem, Mason L	17	BSSC-IA	1:03.86
5 Renner, Cooper M	15	BSSC-IA	1:09.99
6 Bienemann, Jasper J	10	BSSC-IA	1:12.15

## Event 67 Girls 100 Yard Breaststroke

Name	Age	Team	Seed Time
1 Schissel, Jenna R	16	NST-IA	1:13.94
2 Parson, Annie L	14	USSD-IA	1:17.31
3 Demaray, McKenna	17	NST-IA	1:22.74
4 Brenes Vado, Karina I	13	RSC-MN	1:23.05
5 Delphey, Kendall P	15	NST-IA	1:27.80
6 Bunz, Addie M	17	VAC-IA	1:35.71
7 Shelton, Macie A	13	USSD-IA	1:36.64
8 Kimbler, Bay A	13	NST-IA	1:37.67
9 Miller, Kenna J	16	BSSC-IA	1:41.70

## Event 68 Boys 100 Yard Breaststroke

Name	Age	Team	Seed Time
1 Thaden, Milo R	13	RSC-MN	1:12.23
2 Norem, Mason L	17	BSSC-IA	1:21.59

## Event 69 Girls 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Parson, Lucy J	16	USSD-IA	29.08
2 Sailor, Isabella S	18	NST-IA	29.60
3 Vobr, Jaylee M	17	NST-IA	29.61
4 Sailor, Lilly R	14	NST-IA	32.40
5 Sheffler, Olivia M	17	USSD-IA	32.92
6 Kelly, Lyla G	14	VAC-IA	33.64
7 Hamann, Sydney N	14	RSC-MN	39.74
8 Schmidt, Katelyn J	15	BSSC-IA	44.61
9 Stillions, Elizabeth A	17	VAC-IA	45.74
10 Walton, Lizzie J	14	BSSC-IA	54.52
11 Carolan, Brie J	17	VAC-IA	NT
12 Perkins, Brianna R	14	NST-IA	NT

## Event 70 Boys 50 Yard Backstroke

Name	Age	Team	Seed Time
1 Bienemann, Jasper J	10	BSSC-IA	40.22

## Event 71 Girls 200 Yard Butterfly

Name	Age	Team	Seed Time
1 Kutz, Naomi M	17	NST-IA	NT

## Event 72 Boys 200 Yard Butterfly

Name	Age	Team	Seed Time
1 Snitker, Jordan A	15	NST-IA	2:23.50
2 Thaden, Milo R	13	RSC-MN	NT

## Event 73 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 USSD-IA	W61 A	4:16.32
	1) Boevers, Makenna E 14	2) Sheffler, Olivia M 17
	3) Parson, Annie L 14	4) Parson, Lucy J 16
2 VAC-IA	W109 A	4:21.84
	1) Hunt, Martavia J 15	2) Kelly, Lyla G 14
	3) Carolan, Brie J 17	4) Purdy, Maryn N 15
3 NST-IA	W109 A	4:26.78
	1) Kutz, Naomi M 17	2) Kimbler, Bay A 13
	3) Sailor, Lilly R 14	4) Demaray, McKenna 17
4 BSSC-IA	W109 A	4:57.84
	1) Miller, Kenna J 16	2) Schmidt, Katelyn J 15
	3) Walton, Lizzie J 14	4) Hunemuller, Maklyn R 14

## Event 75 Mixed 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 NST-IA	A	3:49.65
	1) Snitker, Jordan A M15	2) Schissel, Jenna R W16
	3) Swizdor, Ethan J M16	4) Vobr, Jaylee M W17
2 VAC-IA	A	4:54.87
	1) Sexton, Owen L M13	2) Stillions, Elizabeth A W17
	3) Bunz, Addie M W17	4) Hunt, Tara D W13
3 BSSC-IA	A	5:05.64
	1) Renner, Cooper M M15	2) Eggleston, Bailey A W14
		4) Norem, Mason L M17

## Event 77 Girls 1000 Yard Freestyle

Name	Age	Team	Seed Time
1 Tudor, Sophia	15	UN-IA	11:55.65
2 Lindquist, Hadley M	13	RSC-MN	13:07.69

## 2026 IA NST Nordic Last Chance - 1/25/2026

## Psych Sheet

**Event 77 ... (Girls 1000 Yard Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
3	Soukup, Lyv M	12	USSD-IA	13:25.15 ____
4	Prigge, Aubrey R	13	RSC-MN	14:28.79 ____

**Event 78 Boys 1000 Yard Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Joyner, Ryk T	13	RSC-MN	11:16.60 ____
2	Olsword, Trajen K	13	RSC-MN	12:33.16 ____