

Iowa Swimming 2025/2026 Meet Calendar

Date	Meet	Host	Facility	Course/Format	Pool
October 4, 2025	LMST Lions Fall Invitational	LMST	Linn-Mar Community School District Aquatic Center	SCY/TF	Indoor
October 5, 2025 BLACKOUT DATE	IASI FALL HOD				
October 11-12, 2025	DMET Fall Frolic	DMET	Davenport Central High School	SCY/TF	Indoor
October 17-19, 2025	ACAC Tim Jenks Autumn Opener	ACAC	Dan Flannery Pool	SCY/TF	Indoor
October 18, 2025	Waukee Waves Fall Invite	Waukee Waves	Waukee Natatorium	SCY/TF	Indoor
October 18-19, 2025	Coe College Harvest Invitational	Kohawk Aquatics	Coe College Natatorium	SCY/TF	Indoor
October 18-19, 2025	DSMY Spooktacular	DSMY	Wellmark YMCA	SCY/TF	Indoor
October 24-25, 2025	PAC Spooky Sprinting	PAC	Wellness Rec Center-UNI	SCY/TF	Indoor
October 25-26, 2025	CIA Fall Mixer	CIA	Summit Middle School-Johnston	SCY/TF	Indoor
October 31-November 2, 2025	IFLY A3 Midwest Challenge	IFLY	CRWC Iowa City	SCY/PF	Indoor
November 2, 2025	BLST IMX Challenge	BLST	Cedar Falls High School Natatorium	SCY/TF	Indoor
November 15-16, 2025	Bettendorf Turkey Races	BETT	Bettendorf High School	SCY/TF	Indoor
November 16, 2025	NST Fall Invite	NST	Luther College Aquatic Center	SCY/TF	Indoor
November 21-23, 2025	DMSF Fall Invitational	DMSF	Valley High School	SCY/TF	Indoor
November 21-23, 2025	DASH Giving Thanks Invitational	DASH	Dubuque Schools Aquatic Center	SCY/TF	Indoor

December 5-7, 2025	LMST December Invite	LMST	Linn-Mar Community School District Aquatic Center	SCY/TF	Indoor
December 5-7, 2025	DSMY Snowglobe	DSMY	Wellmark YMCA	SCY/TF	Indoor
December 12-14, 2025	MCSC River City Rumble	MCSC	Mason City High School	SCY/PF	Indoor
December 19-20, 2025	PAC Merry Sprintsmas	PAC	Wellness Rec Center-UNI	SCY/TF	Indoor
December 19-21, 2025	BLST Holiday Classic	BLST	Cedar Falls High School Natatorium	SCY/PF	Indoor
December 20, 2025	Waukee Waves December Invite	Waukee Waves	Waukee Natatorium	SCY/TF	Indoor
January 4, 2026	LMST Winter Whiteout	LMST	Linn-Mar Community School District Aquatic Center	SCY/TF	Indoor
January 10-11, 2026	PAC January Invitational	PAC	Wellness Rec Center-UNI	SCY/TF	Indoor
January 10-11, 2026	RSC Blizzard Blast	Rams Swim Club	Southeast Polk High School	SCY/TF	Indoor
January 10-11, 2026	Midwest Allstars	DSMY	Wellmark YMCA	SCY/TF	Indoor
January 16-18, 2026	ACAC The Tundra	ACAC	Dan Flannery Pool	SCY/PF	Indoor
January 17-18, 2026	ICE Irving Weber Invite	ICE	Mercer Aquatic Center	SCY/TF	Indoor
January 17, 2026	DMET January Invite	DMET	Davenport Central High School	SCY/TF	Indoor
January 23-25, 2026	DSMY Skywalk Open	DSMY	Wellmark YMCA	SCY/TF	Indoor
January 25, 2026	NST Nordic Last Chance	NST	Luther College Aquatic Center	SCY/TF	Indoor
January 30- February 1, 2026	CIA Winter Blues Buster	CIA	Waukee Natatorium	SCY/TF	Indoor
February 7, 2026	DSMY Last Chance Qualifier	DSMY	Wellmark YMCA	SCY/TF	Indoor

February 14-15, 2026	IASI Regionals-8&U Championships	EAST-LMST WEST-ACAC NORTH-MCSC	Linn Mar Dan Flannery Mason City	SCY/Championship	Indoor
February 20-22, 2026	IASI Age Group Championships	BLST	Cedar Falls High School Natatorium	SCY/Championship	Indoor
February 26-March 1, 2026	IASI Senior Championships	DMSF	Wellmark YMCA	SCY/Championship	Indoor
April 24-25, 2026	ACAC Rock The Blocks Sprint Eliminator	ACAC	Dan Flannery Pool	SCY/TF	Indoor
April 25, 2026	Linn Mar Spring Splash	LMST	Linn-Mar Community School District Aquatic Center	SCY/TF	Indoor
April 26, 2026 BLACKOUT DATE	IASI SPRING HOD				
May 2-3, 2026	ICE Long Course Kickoff	ICE	Mercer Aquatic Center	LCM/TF	Indoor
May 2-3, 2026	RIP H2O opener	Riptide	Wellmark YMCA	LCM/TF	Indoor
May 8-10, 2026	DSMY May Invite	DSMY Marlins	Wellmark YMCA	LCM/PF	Indoor
May 8-10, 2026	IFLY David Armbruster Open	IFLY	CRWC Iowa City	LCM/PF	Indoor
May 16, 2026	RSC Spring Classic	Rams Swim Club	Wellmark YMCA	LCM/TF	Indoor
May 16, 2026	2025 Spring Pentathlon	Bettendorf Aquatics	Bettendorf High School	SCY/TF	Indoor
May 23, 2026	DASH Spring Pentathlon	DASH	Dubuque Schools Aquatic Center	SCY/TF	Indoor
June 5, 2026	IASI Open Water Meet	Iowa Swimming	Easter Lake Park Des Moines, IA	Open Water	Outdoor
June 5-7, 2026	DSMY Trudy Hancock Memorial Invite	DSMY Marlins	Wellmark YMCA	LCM/PF	Indoor
June 6-7, 2026	ICE Splash Out Hunger	Iowa City Eels	Mercer Aquatic Center	LCM /TF	Indoor
June 6, 2026	DASH Spring into Summer	DASH	Dubuque Schools Aquatic Center	SCY/TF	Indoor
June 12-14, 2026	DMSF Birdland Invite	DMSF	Birdland Pool	LCM/TF	Outdoor

June 13, 2026	DMET Summer Jam	DMET	Davenport Central High School	SCY/TF	Indoor
June 19-21, 2026	Waukee Open Summer Invite	Waukee Waves	Waukee Natatorium	LCM/TF	Indoor
June 20-21, 2026	VAC 63rd Annual Vinton Invitational	Vinton Aquatic Club	Vinton Community Pool	SCM/TF	Outdoor
June 26-28, 2026	CIA Beat The Heat	CIA	Wellmark YMCA	LCM/TF	Indoor
June 27-28, 2026	GRAC Stars of Tomorrow	Great River Aquatics Club	Riverview Municipal Pool-Clinton	LCM/PF	Outdoor
July 7, 2026	PAC Freedom Invitational	Panther Aquatic Club	Wellness Rec Center-UNI	SCY/PF	Indoor
July 9-12, 2026	BLST Summer Sizzler	BLST	The Falls Aquatic Center-Cedar Falls	LCM/PF	Outdoor
July 18-19, 2026	IASI Regionals-8&U Championships	EAST-DASH WEST-ACAC	Dubuque Dan Flannery	SCY/Championship	Indoor
July 22-26, 2026	IASI Long Course Championships	IFLY	CRWC Iowa City	LCM/Championship	Indoor