

Cedar Rapids/Marion ALL CITY CHAMPIONSHIPS

MEET ANNOUNCEMENT

About the Meet

Date: July 19, 2025

Location: Camp Tanager, Mt Vernon IA

Entry Deadline: Fri July 11, 2025

Hosted by: Camp Tanager

Meet Director: Donald Pirrie iowayswimming@gmail.com

Web Site: www.sharksswimming.org

Contents

About The Meet	2
Location and Facility	2
Covid-19	3
Eligibility	4
Entry Information	4
Volunteers/Officials/Timers	4
Check-in Procedure	5
Meet Procedures and Operations	5
Awards and Recognition	6
Spectators	7
Safety and Emergency Procedures	7
APPENDIX 1: Order of Events	8



2024 ALL-CITY CHAMPIONSHIPS Saturday July 19, 2025

ABOUT THE MEET

The All-City Championship Swim Meet is open to all swimmers registered with the city recreational league. Swimmers must have competed in at least one regular season meet to be eligible to swim in the city championship meet.

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet.

Session 1: Warm-ups 9:00am. Meet starts at 10:00am

(Teams will be notified of their specific warm up time via email ahead of the meet)

Teams, coaches and spectators will be allowed into the facility at 8:20am.

INCLEMENT WEATHER/CANCELTION: In case of inclement weather the Meet Director will determine to proceed with or cancel the meet.

LOCATION AND FACILITY

Location: Camp Tanager, 1614 West Mount Vernon Road, Mt. Vernon, IA 52314

Emergency Phone Number: (319) 365-9164

The Camp Tanager Pool is configured as a 6 lane, 25-yard course. Water depth at start is 7 feet (minimum 5 feet required) and at turn end is 4 feet. Colorado electronic timing system will be used.

Bleachers will be provided in prime viewing area of the pool. Chairs will be permitted only in the designated grassy or spectator areas and not on the cement decks. Families are encouraged to bring shade tents to set up in the grassy areas. Any sort of tent, chair, table, flag, or item that needs to be staked into the ground will not be permitted.

Events will be called over the loudspeakers. Swimmers should report to the staging area when their event is called.

The staging area will be on deck next to the main locker room. Swimmers should report when notified to this area. Coaches are responsible for making sure their swimmers are quiet and respectful while waiting in this area for their event. Swimmers being disruptive or disrespectful may be ejected from the meet.



2024 ALL-CITY CHAMPIONSHIPS Saturday July 19, 2025

COVID-19

Our response to Covid-19 may change as the situation evolves. At this present time masks are not required while at Camp Tanager. Any changes to this statement will be conveyed via email to all participants prior to the meet start date.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death.

According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this swim meet at the Camp Tanager facility, you voluntarily assume all risks related to exposure to COVID-19.

Camp Tanager cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in the All-City Swim Meet. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in the Swim Meet at our location, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS CAMP TANAGER, TANAGER PLACE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

ELIGIBILITY

ATHLETE

Swimmers must have participated in at least one weekly meet during the current season in order to participate in the All City Championship Meet

Swimmers may not swim on two teams. Each swimmer must compete on the team that he/she competed for in his/her first meet of the season.

Age is determined as of June 1 of the current year. An athlete must be no older than eighteen (18) years of age on June 1, 2025

ENTRY INFORMATION

ENTRY LIMITS: Swimmers may enter up to 2 individual events plus 2 relays or 3 individual events plus 1 relay. Swimming up an age group is permitted at this meet for relay events ONLY. Remember that ages are determined as of age on June 1

ENTRY FEE: The fee to enter this meet is \$20.00 per swimmer plus a \$10.00 facility fee. Fees can be paid through the meet entry system on SwimCloud.

ENTRY DEADLINE: The deadline for entries is Friday July 11. Late entries will be accepted up to 60 mins prior to the start of the meet. Entries received after the deadline of July 11 are considered late entries and will be charged at \$40.00 per swimmer. Registrations that take place at the pool will require payment at the time of registration.

ENTRY PROCEDURE: Entries for this meet will be handled through the league Swim Cloud site. This site can be accessed at the following link: <https://tinyurl.com/CRSwims>

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: We welcome officials from visiting teams to help officiate at the meet. Please contact iowayswimming@gmail.com if you are able to assist. Each team will be provided with an allocation of timers. It will be the responsibility of the teams attending to fulfill their volunteer spots for this meet.

CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Coaches should check-in with the timing table when they arrive at the meet. Scratches and relay changes should be conveyed to the timing table as soon as possible. If you know of changes or scratches prior to the meet please email these to iowayswimming@gmail.com

OFFICIALS AND TIMERS MEETING: Officials and timers meeting will be held 20 minutes prior to the start of the meet. Meeting location will be announced at the meet.

COACHES MEETING: A short meeting will be held at 8:40 am. Meet in blue pavilion. A representative from each team is required to be at the meeting.

MEET PROCEDURES AND OPERATIONS

RULES: The meet will run under USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a Timed finals format. Swimmer's age will be determined as of June 1, 2025.

SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: There will be no penalty for a no-shows

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes and times for warm-ups. This information will be sent to head coaches prior to the meet. Starts may be conducted during the last 5-10 minutes of your assigned warmup time. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. All swimmers will enter at the shallow end of the pool and move to their assigned starting position.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

RESULTS: Results will be posted in the locker room hallway. Results will also be available on Meet Mobile during the meet. Remind your parents that results on Meet Mobile are not official.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Meet Committee will arbitrate protests, eligibility issues, safety rules and other issues.

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct.

- No Flash Photography at the start of competition races.
- No parents will be allowed behind the starting blocks or in the staging area during the meet.
- Children are not allowed to roam the facility or grounds unattended.
- No smoking, drugs, or alcohol are permitted at Camp Tanager.
- Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.
- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

AWARDS AND RECOGNITION

SCORING: The Meet will be scored using the standard scoring format.

AWARDS: Ribbons will be given for swimmers finishing in places 1st through 6th

MEET RECORDS: Meet records will be noted on race result sheets and announced as they occur.

HOT HEATS: Small prizes and incentives will be provided for 'Hot Heats' during the meet.

SPECTATORS

Limited seating will be available on the pool deck for spectators. When your swimmer is not competing, spectators should return to their team area to allow other spectators the opportunity to watch their child swim.

CONCESSION STAND: A concession stand will be available. Outside food/drink should not be brought into the facility.

ZERO DEPTH/PLAY POOL: Our zero depth/play pool will be open and available during the meet for non-meet participants. Wristbands to access this pool will be available for purchase for \$5.00. The pool will be open for the duration of the meet.

SAFETY AND EMERGENCY PROCEDURES

EMERGENCIES: the facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the USA Swimming Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

APPENDIX 1: ORDER OF EVENTS

ALL CITY CHAMPIONSHIPS EVENT LIST

BOYS #	AGE GROUP	DISTANCE	DESCRIPTION	GIRLS #
1	8 & Under	100Y	Medley Relay	2
3	9 & 10	100Y	Medley Relay	4
5	11 & 12	200Y	Medley Relay	6
7	13 & 14	200Y	Medley Relay	8
9	15 - 17	200Y	Medley Relay	10
11	6 & Under	25Y	Freestyle	12
13	7 & 8	25Y	Freestyle	14
15	9 & 10	25Y	Freestyle	16
17	11 & 12	50Y	Freestyle	18
19	13 & 14	50Y	Freestyle	20
21	15 - 17	50Y	Freestyle	22
23	8 & Under	25Y	Butterfly	24
25	9 & 10	25Y	Butterfly	26
27	11 & 12	50Y	Butterfly	28
29	13 & 14	50Y	Butterfly	30
31	15 - 17	50Y	Butterfly	32
33	8 & Under	100Y	Individual Medley	34
35	9 & 10	100Y	Individual Medley	36
37	11 & 12	100Y	Individual Medley	38
39	13 & 14	100Y	Individual Medley	40
41	15 - 17	100Y	Individual Medley	42
43	6 & Under	25Y	Backstroke	44
45	7 & 8	25Y	Backstroke	46
47	9 & 10	25Y	Backstroke	48
49	11 & 12	50Y	Backstroke	50
51	13 & 14	50Y	Backstroke	52
53	15 - 17	50Y	Backstroke	54
55	8 & Under	25Y	Breaststroke	56
57	9 & 10	25Y	Breaststroke	58
59	11 & 12	50Y	Breaststroke	60
61	13 & 14	50Y	Breaststroke	62
63	15 - 17	50Y	Breaststroke	64
65	8 & Under	100Y	Freestyle Relay	66
67	9 & 10	100Y	Freestyle Relay	68
69	11 & 12	200Y	Freestyle Relay	70
71	13 & 14	200Y	Freestyle Relay	72
73	15 - 17	200Y	Freestyle Relay	74

This is the last page of the Meet Announcement