

MACRSHARKS

CLOTHING

SWIMWEAR

EQUIPMENT



2019/20 SEASON CATALOGUE



PARENT GUIDE TO SELECTING THE RIGHT SWIMSUIT

Buying swimwear for competitive swimming is easy with our helpful guide. This guide will help you to understand a bit more about different competitive swimwear and their uses.

Brief Racers *Best for Competition

Briefs feature a rounded high-cut leg and were the most popular type of male swimwear in the late 20th century. With the new 'tech suit bans' coming into effect briefs are quickly becoming the go-to race suit for kids looking to go fast! Briefs have a simple design, are relatively inexpensive and produce the least amount of drag when compared to other non-tech suits. This makes briefs an excellent choice for young team swimmers looking for that competitive edge.



Jammers

The easiest way to identify boys swim jammers is by the fact that they look a lot like a pair of lycra cycling shorts. Jammers extend from the waist down to just below the knee and come in a huge range of styles and colors. Jammers are excellent for training as they often have extended life materials. When compared to a brief or tech-suit, Jammers will produce more drag making them best suited for practice/training or rec. level meets.



Classic Suit * Best for Competition

Classic suits come in a wide variety of styles, colors and materials and often have different 'backs' such as a thin strap, wide strap or closed back. Classic suits can comfortably be used for training and competition - be sure to select a tight fitting high cut suit to minimize drag when racing.

Kneeskin

The kneeskin or legsuit is an increasingly popular style with athletic swimmers. It's uses range from aqua aerobics to competitive swimming. Although kneeskins look more sporty than the traditional classic cut suit they should not be confused with a tech-suits. Kneeskins with their additional fabric will produce more drag than the traditional classic cut suits and should be used mostly for practice/training.

Performance Technical Suits * Coach approved meets only

Performance swimwear is designed for racing. These high performance super suits, are designed in specialist labs with the help of elite swimmers. If you are buying a FINA approved tech suit for your child then try to go for the junior versions. These will be specifically tailored to fit a younger body with less muscle tone than an adult would have. There are very strict rules on who can wear tech suits. Swimmers 10 and under are prohibited from wearing seam welded techsuits. Please talk to a coach prior to making a tech suit purchase to be sure that the suit is appropriate for your swimmer.

Performance suits have a very short life span - they are designed to help you go very fast in the water but the chlorine in the pool starts to break down the suit right away. These suits should be reserved for the most important races of the season, for chasing records or championships and should never be used for training.





MACR SHARKS PRACTICE & RACE SWIM SUITS

The following suits & color combinations are approved for MACR Team Competition. Boys are encouraged to compete in Racer/brief style suits. A Jammer may be substituted if necessary.



ARENA SKYS YOUTH RACER (\$35.00)

The technologically advanced MaxLife fabric is durable enough for seasons of swim competition. Chlorine-resistant, fast-drying and super comfy, our state-of-the-art textile will keep your kid's focus on swimming in a suit that fits like new. This suit will give your swim star the ease of movement he needs for training & racing.

SPEEDO WRACK IT UP MEET SUIT (\$35.00)

The Speedo Wrack It Up Racer features powerful and durable Endurance + Fabric that will withstand the rigors of training and competition. The electrifying abstract print will really stand out in the pool and give your swimmer the confidence to get out and race fast!



ARENA BOARD PRACTICE JAMMER (\$50.00)

Make swim practice easier for your young one with a hydrodynamic boys' swimsuit. Our Solid jammers are a polished design for training and frequent swimming. Solid-hued with a single contrasting logo on the waistline, we think it's the perfect style for swim teams and athletes.

SPEEDO WRACK IT UP JAMMER (\$50.00)

The Speedo Wrack It Up Jammer features powerful and durable Endurance + Fabric that will withstand the rigors of daily training sessions. The electrifying abstract print will really stand out in the pool and give your swimmer the confidence to get out and swim fast!



ARENA SOLID SWIM PRO (\$60.00)

Fast-drying MaxLife fabric can withstand whatever your kids can throw at it. No matter how hard they swim, it never pills, fades or loses its shape. We made this fabric strong enough to stand up to chlorine but soft enough for young skin.

SPEEDO WRACK IT UP FASTBACK (\$65.00)

The Speedo Wrack It Up suit features powerful and durable Endurance + Fabric that will withstand the rigors of training and competition. The electrifying Abstract print with its sporty back and racing cut will really stand out in the pool and give your swimmer the confidence to get out and swim fast!



BIG MEET & PERFORMANCE TECH SUITS

When purchasing Performance Technical Suits please refer to the sizing charts that can be found on each of the suit makers websites or ask a coach. Sizing for tech suits differs greatly from that of a regular suit! Should only be used in approved competition.

Entry Level Tech Suits (Suitable for all age groups)

Tech suits are designed for racing fast. Young swimmers will instantly feel the results of wearing a hydrodynamic tech suit. Integrated compression technology maximizes muscle performance and the elastine-rich knit fabric has powerful chlorine resistance. Swimmers 10 years and under are only permitted to compete in stitched seam technical suits. Please check with a coach prior to purchasing a tech suit.

Entry Level Technical suits range in price for \$75.00 - \$200.00



Elite Tech Suits (Reserved for Championship Meets)

Fast. Powerful. Flexible. Go faster than fast with an elite technical suit. Unique triple-fabric construction is engineered to enhance both compression and flexibility, while shark skin-mimicking texture creates micro vortices along the suit's surface, helping reduce drag and encouraging forward propulsion. Targeted compressive layers and ergonomic seaming along vital muscle groups combine to increase kick drive, while an updated waistband provides a water-tight fit that reduces drag normally caused by water flowing through a suit during a race. Less drag, more speed.

Elite Technical suits range in price from \$300 - \$600.00

TEAM SWIMOUTLET
.com

Looking for something a little more fun for practice? Check out our team store on swimoutlet.com for the latest styles and colors! Our team store can be accessed from our Team Website!



If ordering through Swim Outlet please use the link on our team website www.sharksswimming.org This link will provide the team with a 10% credit on swimoutlet that we can use to purchase training equipment for the team.



MACR SHARKS SWIM CAPS

Swimmers will be required to wear a team Swim Cap in all swim meets. There are several options available for team swim caps.

About Swim Caps

Swim Caps are designed for competitive swimmers in order to reduce hydrodynamic drag while swimming. By creating a smooth surface area for the water to flow over, caps allow swimmers to move more quickly and fluidly through the water than they could without a cap. This, in turn, improves mobility while swimming - helping you perform better in competition.

In addition to their performance benefits, there are many other reasons to wear a cap. Some people use swim caps to help them keep water out of their hair, which helps to reduce the damage that chlorine and other pool chemicals may cause. Swim caps can also be used to help cover your ears while swimming, retain heat, and keep hair out of the pool.

Silicone Swim Caps

Silicone is one of the most ubiquitous materials used for swim caps. Additionally, it is extremely durable. Silicone caps will last for years when cared for properly. For competitive swimmers, silicone is definitely the favored cap material. Not only is it long lasting, but it also lends itself well to slipping on and off without pulling hair - a plus for both men and women!

Latex Swim Caps

Latex is a far thinner material than silicone. It is also less durable. Latex swim caps rip more easily especially if you do not put them on properly or fail to take proper care of them. Since they are lighter than silicone, latex caps allow for more breathability. Retaining less heat, these caps may be better suited for warmer climates or lengthy swim practices in which heat loss is not an issue. Latex caps are also generally much cheaper than other types of swim caps. So, if you are looking for a cap that won't break the bank and durability isn't a concern, then latex is the way to go.

Racing Dome Caps

Racing dome cap are constructed of multi density silicone and developed to be the most hydrodynamic cap shape possible, this cap is the choice of many Olympians. Due to its ergonomic design there is an estimated 5 percent reduction in drag compared to other swim caps. Professional swimmers will often wear a latex or silicone cap under their racing dome cap to achieve optimum performance, although some don't. Dome caps are designed to be wrinkle free to help further reduce hydrodynamic drag.



Personalized Sharks Swim Cap

Available Green/Black.
Sold in packs of 2 only

\$32.00 for 2 caps.



MACR Throwback Cap

Our Original Cap Design

**\$10.00 Silicone
\$6.00 Latex**

Note: Cannot be used in YMCA Swim Meets



Shark Logo Silicone Swim Cap

Available in Green/Black

\$14.00 ea.



Grab Bag Silicone & Racing Dome Caps

Various colors in TYR/Speedo silicone caps for regular and long hair. Make great practice swim caps. Speedo racing dome caps in black only



**Regular - \$7.50
Dome - \$10.00**

MACR Sharks Branded Apparel – T’s, Polo’s Hoodies & More



MACR WHITE/GREEN T

Youth & Adult 100% Cotton Short Sleeved T-Shirt.

T-Shirt – \$15.00



MACR SWIMMING T

Youth & Adult 100% Cotton Short Sleeved T-Shirt.

T-Shirt – \$15.00



MACR SHARKS T-SHIRT

Youth & Adult 100% Cotton Short & Long Sleeved T-Shirt.

**SHORT SLEEVE – \$15.00
LONG SLEEVE – \$20.00**



MACR HOODIE

Youth & Adult 100% Cotton Short & Long Sleeved T-Shirt.

HOODIE – \$25.00



MACR POLO SHIRTS

Available in both male/female cuts with embroidered logo.

POLO SHIRT – \$32.00



POM-POM BEANIE

Black/Grey Pom Pom Beanie with the MACR logo embroidered.

\$18.00



SHARKS BALL CAP

Grey/Neon Ball Cap with the MACR logo embroidered.

\$16.00



MACR SWEATPANTS

Youth & Adult 100% Cotton

SWEATS – \$25.00

LOOKING FOR MORE?

Additional Sharks Branded Items can be found on our Team Site:

www.swimoutlet.com/macrsharks

Parka's, Bags, Warmups and more!



TEAM SWIMOUTLET .com

EQUIPMENT – Tried & Tested favorites – Squad Requirements

The items listed below are tried and tested favorites of ours. They fit better, work better and cause less problems in the pool during practice, especially for our younger swimmers. With limited training hours each evening it is important to maximize the amount of time we have swimming and learning. Faulty, leaky goggles and fins that don't flex well leave swimmers spending more time fiddling with their equipment and less time getting the work done.

Certain items are required for each squad. As a team we will be using this equipment many times throughout the week. Please make sure your swimmer is ready to come to practice with the right equipment every day! Items can be purchased online through our team store or during our bulk ordering time each season. (Online equipment prices may vary depending on availability)

Goggles



- Speedo JR Vanquisher (\$17)
- Speedo Vanquisher 2.0 (\$20)

Recommended for:

ALL GROUPS

Fins

- Tritan/Sporti/TYR Training Fins (\$25)



Required for:

ALL GROUPS

Snorkel & Nose Clip

- Finis Swimmer's Snorkel & Nose clip (\$33)



Required for:

BLUE & BLACK

Hand Paddles

- TYR Catalyst Paddles (\$32)
- Sporti Power Paddles (\$10)



Required for:

BLUE & BLACK

Pull Buoy

- TYR Classic Pull Buoy (\$14)



Required for:

BLUE & BLACK

Swim Headsets

- Waterproof Swim Headset (\$55)



Recommended for:

ALL GROUPS

Mesh Equipment Bag

- Sporti Equipment Bag (\$8)



Recommended for:

ALL GROUPS

Speedo Kickboard

- Speedo Team Kickboard (\$15)



Recommended for:

ALL GROUPS