

**Ben Newell Memorial**  
**June 23<sup>rd</sup> & 24<sup>th</sup> 2023**  
**Mason City Family Aquatics Center, Mason City IA**  
**AGE GROUP AND SENIOR OPEN**  
**50-Meter-Long Course**

IASI SANCTION Held under the sanction of USA Swimming and Iowa Swimming, Inc (IASI)  
# IA-23-071

**RULES:** Current USA Swimming and IASI technical and administrative rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet. MAAPP (202 4 11 M) - \*All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming.

Minor Athlete Abuse Prevention Policy, and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.

**DATES:** Friday June 23<sup>rd</sup> & Saturday June 24<sup>th</sup>

**TIME:**

<b>Session</b>	<b>Warm-Ups</b>	<b>Competition</b>
Friday PM	4:30 PM	5:30PM
Saturday AM	9:00 AM	10:00AM
Saturday Afternoon	Immediately following Morning Session- no earlier than 1:00PM	No Earlier than 2:00pm

Teams will be notified of their designated warm up session via email by June 21<sup>st</sup>.

Coaches meeting at 4:00pm on Friday. Saturday morning if needed.

**SITE:** **Mason City Family Aquatic Center, 843 Birch Drive, Mason City IA 50401**

**FACILITY:** Outdoor heated pool, 50 meters, 8-lane pool. Water depth 13 feet at starting end and 4 feet at far end of the pool. Backstroke flags at both ends 5 meters from the end of the pool, starting blocks on both ends of the pool. Small warm up and cool down area. 8 lanes and scoreboard.

Lifeguards who are trained in CPR will be present on the pool deck.

Daktronics timing system with back-up button and at least one watch per lane for back up times.

The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming.

**COACHES:** Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

**WARM-UPS:** The IASI mandatory warm-up procedure will be followed. All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to ensure such arrangements are made prior to the start of the meet.

#### RACING

**STARTS:** Racing Starts (202 4 11 D) - "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

#### ENTRY

**REQUIREMENTS:**

1. Seed times must be submitted for a 50-meter course. Coaches should enter a 50- meter course time which best reflects the ability of the swimmer. Converted times are not allowed.
2. Swimmers must enter the age group as of June 23<sup>rd</sup> 2023

**ENTRY LIMITS:** Swimmers may enter 4 Individual events per day and 2 Relays per day.

**ENTRY SUBMISSION:** Entry fees are as follows:

1. Individual events: \$6.00 per event.
2. Relays: \$12.00 per relay.
3. IASI swimmer surcharge: \$6.00 per swimmer. The surcharge is not assessed to outreach swimmers.
4. The entry fee for each outreach swimmer is \$5.00 and covers all events swum by an outreach swimmer.
5. Handwritten entries: \$2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. Handwritten entries must be submitted on the IASI Meet Entry Form (APP-7). A pdf file listing a team's entries should be submitted with electronic entries.

Submit entries along with the appropriate IASI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Mason City Swim Club**. All entry fees, including IASI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

ENTRY DATE AND  
DEADLINES:

- 1) Entries will be opened to all teams starting at **10:00 am Monday, May 15th, 2023**
- 2) Entries deadline is Friday June 16th 2023 or when session is deemed full
- 3) Entries will be confirmed via a return email receipt.
- 4) Entries will not be accepted by phone, fax, or mail.
- 5) A hardcopy of the entries, along with entry fees and financial sheet, must be received by 4:30pm June 23<sup>rd</sup> unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.*

Accepted team entries must have all participants listed. Event changes will be allowed, if space permits, but additional swimmers not listed after meet is full will not be accepted.

Once a team's entries have been accepted by the meet host, that team is considered entered the meet. The host team is not permitted to rescind a team's entries once the meet host sends email confirmation that the team is entered. A team entering a meet is responsible for entry fees for all swimmers entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.

LATE ENTRIES:

- 1) Provided space is available, late entries will be accepted by email until 10:00 am June 21st. After that time, they will only be accepted on deck up to the beginning of the second warm-up of each session.
- 2) If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program

has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

Late entry fees:

Individual events: \$10.00 per event.

Relays: \$22.00 per relay

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

**SWIMMERS WITH  
DISABILITIES:**

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

**SEND ENTRIES TO:** Send electronic entries by email to **MeetDirectorMCSC@gmail.com**. Send all print materials to

MCSC Coach Kyle Bry, 1130 15<sup>th</sup> St SE, Mason City IA 50401 If sent by rush delivery, indicate no signature required.

**MEET DIRECTORS:** Kyle Bry  
[MeetDirectorMCSC@gmail.com](mailto:MeetDirectorMCSC@gmail.com)  
815-978-1612

Lisa Cole  
[masoncityswimming@gmail.com](mailto:masoncityswimming@gmail.com)  
641-530-5224

**REFEREE:** Robert Fry  
[robertfry@cfu.net](mailto:robertfry@cfu.net)  
319-529-7310

**OFFICIALS:** MCSC welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are available to officiate, please contact the Referee.

**MEET COMMITTEE:** A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

MEET OPERATION: 1. There will be no Clerk Of course, however volunteers will be stationed behind the starting area to help guide swimmers to their lanes.  
2. Events maybe combined to facilitate meet operations and separated later for results.  
3. Positive check-in are required for the 400 IM and 400 Free no later than Friday at 4:45PM  
4. Deck Changes are prohibited.  
5. Deck Pass, or the USA Swimming App, is acceptable proof of membership in USA Swimming. Coaches and Officials must produce proof of membership in USA Swimming immediately upon request by the Referee or his delegate or leave the pool deck.  
6. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SCORING: None

AWARDS: Ribbons will be given to finishing places 1 thru 8 for 12&U events.

SCRATCHES: The IASl scratch rule is in effect.

USA SWIMMING  
REGISTRATION:

All swimmers must be members of USA Swimming. The meet host will notify teams if they have entered swimmers whose memberships cannot be verified through pre-meet reconciliation. Those swimmers must prove membership to the meet host by either (i) showing the athlete's member card from the USA Swimming mobile app or website, or (ii) demonstrating that the athlete appears on a current club roster report produced from SWIMS 3.0. No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet recon must ensure that IASl has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer will not be permitted to compete in this meet. Screenshots of the athlete's member card are NOT acceptable proof of membership. Any swimmer who fails to prove membership no later than 10 minutes prior to warm-ups forfeits their entry fees and will be administratively disqualified from the entire meet.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO ALCOHOL  
OR TOBACCO: The use of any tobacco or alcohol products is prohibited in the swimming venue.

**IMAGE RELEASE:** Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

**ADDITIONAL  
INFORMATION:**

- 1) **Program:** Programs will be available electronically.
- 2) **Results:** Electronic results will be provided to all teams participating in the meet. Results will also be posted on IASI website. A hardcopy of the results may be requested on the IASI Financial Sheet for an additional \$5.00.
- 3) **Concessions:** There will be a full food stand available for snacks and meals.
- 4) **Vendor:** A vendor will be available to provide all your swimmer's basic needs at the meet.
- 5) **Spectators:** No admission for spectators. Free parking is available.

**INDEMNITY:** It is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# Ben Newell Memorial Invite

**Friday Evening, Session 1- June 23<sup>rd</sup>**  
**Warm Ups 4:30pm Competition: 5:30pm**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
1	Open 400 IM	2
3	Open 50 Breast	4
5	Open 50 Free	6
7	12&U 200 IM	8
9	Open 50 Fly	10
11	Open 50 Back	12
13	12&U 400 Free	14
15	Open 400 Free	16
17	12&U MIXED 200 Free Relay	17
18	13&O MIXED 200 Free Relay	18

**Saturday Morning, Session 2- June 24<sup>th</sup>**  
**Warm Ups 9:00am Competition 10:00am**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
19	13&O 200 Medley Relay	20
21	13&O 200 Free	22
23	13&O 100 Breast	24
25	13&O 200 IM	26
27	13&O 100 Fly	28
29	13&O 50 Free	30
31	13&O 200 Breast	32
33	13&O 100 Back	34
35	13&O 200 Fly	36
37	13&O 100 Free	38
39	13&O 200 Back	40
41	13&O 200 Free Relay	42

**Saturday Afternoon, Session 3- June 24<sup>th</sup>**  
**Warm-Ups: Not Before 1:00pm      Competition: Not Before 2:00pm**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
43	12&U 200 Medley Relay	44
45	12&U 200 Free	46
47	12&U 50 Back	48
49	12&U 50 Fly	50
51	12&U 100 Free	52
53	12&U 50 Breast	54
55	12&U 50 Free	56
57	12&U 100 Fly	58
59	12&U 100 Back	60
61	12&U 100 Breast	62
63	12&U 200 Free Relay	64