

**River City Rumble Invitational**  
**December 13<sup>th</sup>-14<sup>th</sup>, 2025**  
**Mason City High School Natatorium, Mason City IA**  
**Age Group and Senior Open**  
**25-Yard- Short Course**

IASI SANCTION: Held under the sanction of USA Swimming and Iowa Swimming, Inc (IASI) # IA-26-026

RULES: Current USA Swimming technical and administrative rules and IASI policies and procedures, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. MAAPP (202.4.11 M) - \*All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy, and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition."

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate at this meet. Additional information regarding the Required Quality Control System for Safe Sport may be found on the Iowa Swimming Website > Meet Host Resources page <https://www.gomotionapp.com/team/lscis/page/competition-resources>

DATES: Saturday – Sunday, December 13-14, 2025

TIME:

Session #	Session Description	Warm-Ups	Competition
1	Saturday AM - Prelims	8:00 AM	9:00AM
2	Saturday Afternoon - TF	Not before 1:00 PM	Not before 2:00 PM
3	Saturday PM – Finals	Not before 5:00 PM	Not before 6:00 PM
4	Sunday AM – TF	8:00 AM	9:00 AM
5	Sunday Afternoon – TF	Not before 11:30 AM	Not before 12:30 PM

Technical meeting will be held in the Wet Classroom at 7:45 on Saturday morning.

SITE: **Mason City High School Natatorium, 1700 4th St SE, Mason City IA 50401**

FACILITY: Indoor heated pool, 25 yards, 11-lane pool. Water depth 11 feet at starting end and 4 feet at far end of the pool. Backstroke flags at both ends 5 yards from the end of the pool, starting blocks on South end only. 8 competition lanes and 2 warm up /cool down lanes.

Colorado timing system with back-up button and at least one watch per lane for back up times.

The host will ensure the required course dimensions.

#### MEDICAL

SUPERVISION: CPR Trained Staff Members and AED Available

COACHES: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29) to verify that all certifications are current.

WARM-UPS: The IASI mandatory warm-up procedure will be followed. All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

RACING STARTS: Racing Starts (202 4 11 D) - "Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

#### ENTRY

REQUIREMENTS: All swimmers must be members of USA Swimming. The meet host will notify teams if they have entered swimmers whose memberships cannot be verified through pre-meet reconciliation. Those swimmers must prove membership to the meet host by either (i) showing the athlete's member card from the USA Swimming mobile app or website, or (ii) demonstrating that the athlete appears on a current club roster report produced from SWIMS 3.0. Screenshots of the athlete's member card is NOT acceptable proof of membership. Any swimmer who fails to prove membership no later than 10 minutes prior to warm-ups for the first session in which they are entered to compete will not be permitted to compete, forfeits their entry fees, and will be administratively disqualified from the entire meet.

#### ENTRY LIMIT &

SEED TIMES: 1. Seed times must be submitted for a 25-yard course. Coaches should enter a 25-yard course time which best reflects the ability of the swimmer. Converted times are not allowed. Entries of NT will be accepted.  
2. Swimmers must enter the age group as of December 12<sup>th</sup>, 2025  
3. Swimmers may enter 4 Individual events per day and 2 Relays per day. Except for Session 2 – Saturday AM Prelims where they can enter 3 events.

#### ENTRY

SUBMISSION: Entry fees are as follows:  
1. Individual events:  
a. PRELIM/FINAL \$8.00 per event.  
b. TIMED FINAL events: \$6.00 per event  
2. Relays: \$12.00 per relay.

3. IASI swimmer surcharge: \$4.50 per swimmer. The surcharge is not assessed to outreach swimmers who qualify for LSC benefits.
4. The entry fee for each outreach swimmer who qualify for LSC benefits is \$5.00 and covers all events swum by an outreach swimmer.
5. Handwritten entries: \$2.00 per swimmer.

Electronic entries must be submitted in a format compatible with HY-TEK Meet Manager software. Handwritten entries must be submitted on the IASI Meet Entry Form (APP-7). A pdf file listing a team's entries should be submitted with electronic entries.

Submit entries along with the appropriate IASI Financial Sheet (APP-8.1). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.

Clubs entering outreach swimmers should only provide the number of outreach swimmers and the number of events being swum by the outreach swimmers to the host club. The names of the outreach swimmers are not to be provided to the host club.

Payment shall be by check or money order made payable to **Mason City Swim Club**. All entry fees, including IASI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier's check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled.

#### ENTRY DATE

#### AND DEADLINES:

- 1) Entries will be opened to IASI teams starting at **10:00 am Monday, October 20<sup>th</sup>, 2025**. Teams from other LSC's may enter after 10:00 am Monday, October 27<sup>th</sup>, 2025.
- 2) Entries deadline is December 5<sup>th</sup>, 2025 or when a session is deemed full
- 3) Entries will be confirmed via a return email receipt.
- 4) Entries will not be accepted by phone, fax, or mail.
- 5) A hardcopy of the entries, along with entry fees and financial sheet, must be received by 6:00 PM on Friday, December 12<sup>th</sup> unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.*

Accepted team entries must have all participants listed. Event changes will be allowed, if space permits, but additional swimmers not listed after meet is full will not be accepted.

Once a team's entries have been accepted by the meet host, that team is considered entered the meet. The host team is not permitted to rescind a team's entries once the meet host sends email confirmation that the team is entered. A team entering a meet is responsible for entry fees for all swimmers entered into the meet. Changes or scratches in a team's entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.

#### LATE ENTRIES:

- 1) Provided space is available, late entries will be accepted by email until 10:00 am December 12<sup>th</sup>. After that time, they will only be accepted on deck up to the beginning of the warm-up of each session.

2) If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

Late entry fees:

Individual events: \$10.00 per event.

Relays: \$22.00 per relay

For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director.

**SWIMMERS WITH  
DISABILITIES:**

Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Referee. The swimmer (or swimmer's coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations.

**SEND ENTRIES TO:** Send electronic entries by email to **MeetDirectorMCSC@gmail.com**. Send all print materials to...

MCSC Coach Kyle Bry

1130 15<sup>th</sup> St SE

Mason City, IA 50401

If sent by rush delivery, indicate no signature required.

**MEET DIRECTORS:** Kyle Bry

[MeetDirectorMCSC@gmail.com](mailto:MeetDirectorMCSC@gmail.com)

815-978-1612

**REFEREE:**

Rich Jacobson

[ryjacobson@yahoo.com](mailto:ryjacobson@yahoo.com)

785-341-0906

**OFFICIALS:**

MCSC welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are available to officiate, please contact the Referee.

**MEET COMMITTEE:** A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established prior to the start of competition. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee's decision is final.

**MEET OPERATION:** 1. There will be no Clerk Of course, however, volunteers will be stationed behind the starting area to help guide swimmers to their lanes.

2. Events may be combined to facilitate meet operations and separated later for results.

3. Prelim/Final events:

a. Prelims will be swam as combined 11&O

b. Finals will be separated into 11/12, 13/14, and 15&O

i. The top-16 prelim finishers will return to finals, w/prelim places 9-16 in the "B" Final and prelim places 1-8 in the "A" Final for each Age group.

4. Timed Final events – 11 & Over events are combined and separated for final placement into 11/12, 13/14, and 15&O. 10&U events are combined and separated for final placement into 8&U and 9-10.
5. Deck Changes are prohibited.
6. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SCORING: None

AWARDS: Individual Events 1<sup>st</sup>-8<sup>th</sup> for Ribbons all Age Groups  
8&U/9-10/11-12/13-14/15&O  
Relay Events 1<sup>st</sup>-3<sup>rd</sup> Ribbons for all Age Groups  
8&U/9-10/11-12/13-14/15&O

SCRATCHES: The IASI scratch rule is in effect.

USA SWIMMING  
REGISTRATION: All swimmers must be members of USA Swimming. The meet host will notify teams if they have entered swimmers whose memberships cannot be verified through pre-meet reconciliation. Those swimmers must prove membership to the meet host by either (i) showing the athlete's member card from the USA Swimming mobile app or website, or (ii) demonstrating that the athlete appears on a current club roster report produced from SWIMS 3.0. Screenshots of the athlete's member card are NOT acceptable proof of membership. Any swimmer who fails to prove membership no later than 10 minutes prior to warm-ups for the first session in which they are entered to compete will not be permitted to compete, forfeits their entry fees and will be administratively disqualified from the entire meet.

CAMERAS: **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.**

NO ALCOHOL  
OR TOBACCO: The use of any tobacco or alcohol products is prohibited in the swimming venue.

IMAGE RELEASE: Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain.

ADDITIONAL  
INFORMATION: 1) **Program:** Programs will be available electronically.  
2) **Results:** Electronic results will be provided to all teams participating in the meet. Results will also be posted on IASI website. A hardcopy of the results may be requested on the IASI Financial Sheet for an additional \$5.00.  
3) **Concessions:** There will be a full food stand available for snacks and meals.  
4) **Vendor:** TBD  
5) **Spectators:** No admission for spectators. Free parking is available.

**INDEMNITY:**

It is understood and agreed that USA Swimming and IASI shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## River City Rumble

**Saturday AM, Session 1 (Prelims) – December 13th**

**Warm-Ups: 8:00 am Competition: 9:00 am**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
1p	11&O 100 yd Free	2p
3p	11&O 100 yd Breaststroke	4p
5p	11&O 200 yd Individual Medley	6p
7p	11&O 100 yd Backstroke	8p
9p	11&O 100 yd Butterfly	10p
11p	11&O 50 yd Freestyle	12p

**Saturday Afternoon, Session 3 (Timed Finals) – December 13th**

**Warm-Ups: Note before 1:00 pm Competition: Not before 2:00 pm**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
13	10&U 100 yd Individual Medley	14
15	8&U 25 yd Butterfly	16
17	10&U 100 yd Butterfly	18
19	8&U 25 yd Backstroke	20
21	10&U 100 yd Backstroke	22
23	8&U 25 yd Breaststroke	24
25	10&O 50 yd Breaststroke	26
27	8&U 25 yd Freestyle	28
29	10&U 200 yd Freestyle	30
31	8&U 100 yd Medley Relay	32
33	10&U 200 yd Medley Relay	34

**Saturday PM, Session 3 (Finals) – December 13th**

**Warm-Ups: Not before 5:00 pm Competition: Not before 6:00 pm**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
1f	11&O 50 yd Free	2f
3f	11&O 100 yd Backstroke	4f
5f	11&O 100 yd Breaststroke	6f
7f	11&O 200 yd Individual Medley	8f
9f	11&O 100 yd Butterfly	10f
11f	11&O 100 yd Freestyle	12f

**Sunday AM, Session 4 (Timed Finals) – December 13th**

**Warm-Ups: 8:00am Competition: 9:00am**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
35	8&U 100 yd Individual Medley	36
37	10&U 200 yd Individual Medley	38
39	10&U 50 yd Freestyle	40
41	10&U 50 yd Breaststroke	42
43	10&U 50 yd Backstroke	44
45	10&U 50 yd Butterfly	46
47	10&U 100 yd Freestyle	48
49	8&U 100 yd Freestyle Relay	50
51	10&U 200 yd Freestyle Relay	52
53	10&U 500 yd Freestyle	54

**Sunday PM, Session 5 (Timed Finals) – December 13th**

**Warm-Ups: Not before 11:30 am Competition: Not before 12:30 pm**

<b>Girls</b>	<b>Events</b>	<b>Boys</b>
55	11&O 200 yd Medley Relay	56
57	11&O 200 yd Backstroke	58
59	11&O 50 yd Butterfly	60
61	11&O 200 yd Freestyle	62
63	11&O 50 yd Breaststroke	64
65	11&O 200 yd Butterfly	66
67	11&O 50 yd Backstroke	68
69	11&O 200 yd Breaststroke	70
71	11&O 200 yd Freestyle Relay	72
73	11&O 500 yd Freestyle	74