

		SATURDAY AM WARM-UP					
		GENERAL WARM-UP SESSION 1					
		7:50am-8:20am					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
RSC	RSC	RSC	TPAS	TPAS	DMSF	DMSF	DMSF
		8:20am-8:50am					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
RIP	RIP	RIP	RIP	CIA	CIA	CIA	CIA
		8:50am-9:20am					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
CAST	CAST	BLAZE	BLAZE	DSMY/IASC	SEA	SSA/SEA	SSA
		SATURDAY PM WARM-UP					
		GENERAL WARM-UP SESSION 2					
		Estimate 12:30pm-1:00pm					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
RSC	RSC	RSC	RSC	CIA	CIA	CIA	CIA
		Estimate 1:00pm-1:30pm					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
RIP	RIP	TPAS	TPAS	TPAS	DMSF	DMSF	DMSF
		Estimate 1:30pm-2:00pm					
LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
BLAZE	BLAZE	DSMY	DSMY	SEA	SEA	CAST	IASC/SSA