

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 6:00 -7:15 a.m. 6:00 – 7:30 a.m.	Masters- FH JR2:P/SR2:P/SR:3 N - FH	Masters- CRWC JR2:P/SR1/SR2:P/SR:3 N - CRWC		Masters- CRWC JR2:P/SR1/SR2:P/SR:3 N - CRWC	Masters- FH JR2:P/SR2:P/SR:3 N- FH	10:00 – 11:30 a.m.: AG1, AG2, JR1 - CRWC 10:00 – Noon:, SR1, JR2:P SR2:P SR:3 N - CRWC
CRWC- Afternoon	JR2:P/SR2:P/SR:3 N 4:45 – 6:15 p.m. JR1/ SR1 6:15 – 7:30 p.m. Masters- Paper Practice- 6:15 – 7:30 p.m.	AG1 – 5:00 – 6:15 p.m. AG2– 6:15 p.m. – 7:30 p.m.	JR2:P/SR2:P/SR:3 N 4:45 – 6:15 p.m. JR1/ SR1 6:15 – 7:30 p.m. Masters- Paper Practice- 6:15 – 7:30 p.m.	AG1 – 5:00 – 6:15 p.m. AG2– 6:15 p.m. – 7:30 p.m.	AG1- DW 4:45 – 6:15 p.m. AG2- Comp Pool 4:45 – 6:15 p.m. AG1-AG2: Starts & Turns 6:30 -7:00 DEV: Starts & Turns 6:30 – 7:15 p.m. Para/Adaptive 6:30 – 7:15 p.m.	11:30 a.m. – noon: Masters - CRWC
Field House- Afternoon	AG2– 4:45 – 6:15 p.m. DEV: 6:00 – 7:00 p.m.	JR2:P/SR2:P/SR:3 N 4:45 – 6:15 p.m. DEV: 6:00 – 7:00 p.m. JR1/SR1 : 6:15 – 7:30 p.m.	AG1– 4:45 – 6:00 p.m. DEV: 6:00 – 7:00 p.m. AG2– 6:00 p.m. – 7:30 p.m.	JR2:P /SR2:P/SR:3 N 4:45 – 6:15 p.m. DEV: 6:00 – 7:00 p.m. JR1/SR1: 6:15 – 7:30 p.m.	SR1/JR2:P/SR2:P/SR:3 - FH *Distance Option*	

