Week of December 22nd-December 27th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 6:00 -7:15 a.m. 6:00 - 8:00 a.m.	Masters- CRWC JR2:P/SR2:P/SR:3 N - Swim	Masters - 6:00-7:30 am AG1/AG2/JR1 - 8:00-10am JR2:P/SR1/SR2P/SR3N- 8:00-10am	ALL GROUPS OFF CRWC Closed Christmas Eve	ALL GROUPS OFF CRWC Closed Christmas Day	ALL GROUPS OFF CRWC Closed	AG1, AG2, JR1 8:00-9:30a.m.: JR2:P/SR1/ SR2:P/SR:3 N - 8:00-10:00am:,
CRWC- South Comp Pool	JR2:P/SR1/SR2:P/ SR:3 N 4:45 – 6:15 p.m. Masters- Paper Practice- 6:15 – 7:30 p.m.	ALL PM GROUPS OFF	CRWC Closed ALL PM GROUPS OFF	CRWC Closed ALL GROUPS OFF	CRWC Closed ALL GROUPS OFF	Masters 9:30-10:00am
CRWC- North Comp Pool	AG2/JR1– 4:45 – 6:15 p.m. DEV: 6:15-7:15 p.m.	ALL PM GROUPS OFF	CRWC Closed ALL PM GROUPS OFF	CRWC Closed ALL GROUPS OFF	CRWC Closed ALL GROUPS OFF	

Week of December 29th-Jan 3rd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning						
6:00 -7:15 a.m.	Masters- CRWC	Masters- CRWC		ALL GROUPS OFF	Masters: Diving Well CRWC	
			AG1/AG2/JR1-			10am-11:30a.m.:
	JR2:P/SR2:P/SR:3 N - Swim 8:00 – 10:00 a.m	JR2:P/SR1/SR2:P/SR:3 N	8:00-9:30am			AG1, AG2, JR1
		- CRWC				- CRWC
		6:00 - 8:00 a.m	SR1/SR2P/SR3N-			
			8:00-10am			
			Masters-			10am-12pm:,
			9:30-10am			SR1, JR2:P
						SR2:P
						SR:3 N
CRWC-	JR2:P/SR1/SR2:P/	JR2:P/SR2:P/SR:3 N	ALL PM GROUPS OFF	ALL GROUPS OFF	SR1/JR2P/SR2:P/SR3:PN:	
South Comp Pool	SR:3 N 4:45 – 6:15	4:45 – 6:15 p.m.	New Years Eve	New Years Day	4:45-6:15pm	11:30am-12pm
	p.m.	AG2-			DEV Starts and Turns:	Masters - CRWC
		6:15 p.m. – 7:30 p.m			6:15-7:30pm	
					Para/Adaptive: 6:15-7pm	
					Turumpuvev onto ypin	
	Masters-					
	Paper Practice-					
	6:15 – 7:30 p.m.					
		AG1-				
CRWC- North	AG2/JR1–	5:00-6:15pm	ALL PM GROUPS OFF		AG1/AG2: 4:45-6:15pm	
Comp Pool	4:45 – 6:15 p.m.			ALL GROUPS OFF		
		JR1/SR1-				
	DEV : 6:15-7:15 p.m.	6:15-7:30pm				
		DEV: 6:15-7:15pm				