

Week of December 22nd-December 27th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 6:00 -7:15 a.m. 6:00 – 8:00 a.m.	Masters- CRWC JR2:P/SR2:P/SR:3 N - Swim	Masters - CRWC AG1/AG2/JR1 - 8:00-10am JR2:P/SR1/SR2P/SR3N- 8:00-10am	ALL GROUPS OFF CRWC Closed Christmas Eve	ALL GROUPS OFF CRWC Closed Christmas Day	ALL GROUPS OFF CRWC Closed	AG1, AG2, JR1 8:00-9:30a.m.: JR2:P/SR1/ SR2:P/SR:3 N - 8:00-10:00am:, Masters 9:30-10:00am
CRWC- South Comp Pool	JR2:P/SR1/SR2:P/SR:3 N 4:45 – 6:15pm Distance option 4:45-6:45pm Masters- Paper Practice- 6:15 – 7:30 p.m.	ALL PM GROUPS OFF	CRWC Closed ALL PM GROUPS OFF	CRWC Closed ALL GROUPS OFF	CRWC Closed ALL GROUPS OFF	
CRWC- North Comp Pool	AG2/JR1– 4:45 – 6:15 p.m. DEV: 6:15-7:15 p.m.	ALL PM GROUPS OFF	CRWC Closed ALL PM GROUPS OFF	CRWC Closed ALL GROUPS OFF	CRWC Closed ALL GROUPS OFF	

Week of December 29th-Jan 3rd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 6:00 -7:15 a.m.	Masters- CRWC JR2:P/SR2:P/SR:3 N - Swim 8:00 – 10:00 a.m	Masters- CRWC JR2:P/SR1/SR2:P/SR:3 N - CRWC 6:00 - 8:00 a.m	Masters- CRWC JR2:P/SR2:P/SR:3 N - Swim 8:00 – 10:00 a.m AG1/A2/JR1- 8:00-9:30am	ALL GROUPS OFF	Masters: Diving Well CRWC	10am-11:30a.m.: AG1, AG2, JR1 - CRWC 10am-12pm:, SR1, JR2:P SR2:P SR:3 N
CRWC- South Comp Pool	JR2:P/SR1/SR2:P/SR:3 N 4:45 – 6:15pm Distance option 4:45-6:45pm Masters- Paper Practice- 6:15 – 7:30 p.m.	JR2:P/SR1/SR2:P/ SR:3 N 4:45 – 6:15pm AG2/JR1– 6:15 p.m. – 7:30 p.m	ALL PM GROUPS OFF New Years Eve	ALL GROUPS OFF New Years Day	SR1/JR2P/SR2:P/SR3:PN: 4:45-6:15pm DEV Starts and Turns: 6:15-7:30pm Para/Adaptive: 6:15-7pm	11:30am-12pm Masters - CRWC
CRWC- North Comp Pool	AG2/JR1– 4:45 – 6:15 p.m. DEV: 6:15-7:15 p.m.	AG1- 5:00-6:15pm DEV: 6:15-7:15pm	ALL PM GROUPS OFF	ALL GROUPS OFF	AG1/AG2/JR1: 4:45-6:15pm	