

## Iowa Flyers Parent Advisory Committee

### Participants

#### Members:

Steve Bird (yr 3)  
Matthew Geneser (yr 3)  
Kelli Taeger (yr 3)  
Amanda Chidister (yr 2)  
Kelly Cwiertny (yr 2)  
Mary Landon (yr 2)  
Jennifer Carter (yr 1)  
Jessica Smith (yr 1)  
Nghii Luu (yr 1)

#### Recreational Services:

Jackson Leonard  
Emily Downes

#### Team Policy

- Weather-related cancelation policy
- Athletes - Rec Serv members
- Bullying education for coaches
- University 'EAP' for staff regarding mental health steps

#### Team Logistics

- Selling IFLY A3 caps
- Group Adjustments:
  - Names
  - Age Boundaries
  - New practice times to include dryland, pre-hab
- 2022 LCM Summer Meet Schedule
- Saturday Dryland (PRE-P, JR, SR, JRP, SRP\*)
- 2 "Start Clinics"
- Armbruster
  - Back to 2019 format

#### New Team Features

- Sponsorships / Voluntary Donations
- On deck video

#### Mental Training / Development

- AG Speaker- Jon Cook (ISC), other recommendations?
- Thoughts on 2<sup>nd</sup> RISE Zoom mtg for JRP,SRP, JR,SR?