

Prescratch Estimated Time Line for Prelim Sessions
2024 USA Swimming Speed Sectionals Central Zone North
Iowa City, IA
March 7 - 10, 2024

Event	Heats	Start Time
<u>Thursday, March 7, 2024</u>		
1/2 W 800 Free/M 800 Free	4	5:00 PM
	5	
Break		6:27 PM
3/4 W 800 Free Relay/M 800 Free Relay	4	6:37 PM
	3	
<i>End of Session</i>		7:46 PM

Event	Heats	Start Time
<u>Friday, March 8, 2024</u>		
5 W 200 Back	13	9:00 AM
6 M 200 Back	11	9:31 AM
7 W 100 Free	24	9:56 AM
8 M 100 Free	22	10:13 AM
9 W 200 Fly	7	10:27 AM
10 M 200 Fly	9	10:42 AM
11 W 400 Free	11	11:00 AM
12 M 400 Free	11	11:49 AM
Break		12:33 PM
13/14 W 400 Free Relay/M 400 Free Rel	4	12:43 PM
	4	
<i>End of Session</i>		1:21 PM

<u>Saturday, March 9, 2024</u>		
		9:00 AM
15 W 200 Free	21	9:00 AM
16 M 200 Free	19	9:39 AM
17 W 200 Breast	10	10:17 AM
18 M 200 Breast	12	10:45 AM
19 W 100 Fly	18	11:14 AM
20 M 100 Fly	18	11:28 AM
21 W 400 IM	7	11:45 AM
22 M 400 IM	8	12:23 PM
Break		1:02 PM
W 400 Med Relay/M 400 Med Relay	4	1:12 PM
	4	
<i>End of Session</i>		1:54 PM

<u>Sunday, March 10, 2024</u>		
		9:00 AM
25 W 100 Back	17	9:00 AM
26 M 100 Back	17	9:30 AM
27 W 100 Breast	12	9:58 AM
28 M 100 Breast	15	10:18 AM
29 W 50 Free	23	10:41 AM
30 M 50 Free	21	11:00 AM
31 W 200 IM	15	11:16 AM
32 M 200 IM	17	11:59 AM
<i>End of Session</i>		12:45 PM
<u>Sunday, March 10, 2024</u>		
33/34 W 1500 Free/M 1500 Free	3	12:45 PM
	4	
<i>End of Session</i>		2:53 PM