

2025 IASI Short Course Championships, Sanction #: IA-25-43
CRWC Univ. of Iowa, February 27-March 2, 2025
Session Report

Session: 1 Thursday Timed Finals
Day of Meet: 1 Starts at 05:00 PM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women Senior 1000 Freestyle	30	4 u	05:00 PM	_____
Finals	2 Men Senior 1000 Freestyle	26	4 u	05:49 PM	_____
	Break: 2 Minutes:				
Finals	3 Women Senior 800 Freestyle Relay	15	2 u	06:36 PM	_____
Finals	4 Men Senior 800 Freestyle Relay	16	2 u	06:54 PM	_____
	Swimmers Counts for Warm-ups: 136	=====	=====		
	Entry / Heat Totals:	87	12		
	Finish Time			07:10 PM	_____

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Session: 2 Friday Preliminaries
Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	5 Women Senior 200 Medley Relay	12	2 u	09:00 AM	_____
Finals-S	6 Men Senior 200 Medley Relay	12	2 u	09:06 AM	_____
	Break: 5 Minutes:				
Prelims	7 Women Senior 100 Breaststroke	41	6 u	09:16 AM	_____
Prelims	8 Men Senior 100 Breaststroke	39	5 u	09:25 AM	_____
Prelims	9 Women Senior 200 Freestyle	71	9 u	09:32 AM	_____
Prelims	10 Men Senior 200 Freestyle	70	9 u	09:53 AM	_____
Prelims	11 Women Senior 100 Butterfly	43	6 u	10:13 AM	_____
Prelims	12 Men Senior 100 Butterfly	74	10 u	10:21 AM	_____
Prelims	13 Women Senior 400 IM	33	5 u	10:34 AM	_____
Prelims	14 Men Senior 400 IM	14	2 u	11:01 AM	_____
	Break: 2 Minutes:				
Finals-S	15 Women Senior 200 Freestyle Relay	12	2 u	11:13 AM	_____
Finals-S	16 Men Senior 200 Freestyle Relay	11	2 u	11:17 AM	_____
	Swimmers Counts for Warm-ups: 283	=====	=====		
	Entry / Heat Totals:	432	60		
	Finish Time			11:21 AM	_____

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Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-2	5 Women Senior 200 Medley Relay Break: 2 Minutes:	16	2 u	05:00 PM	_____
Finals-2	6 Men Senior 200 Medley Relay Break: 2 Minutes:	16	2 u	05:09 PM	_____
Finals	7 Women Senior 100 Breaststroke Break: 2 Minutes:	24	3 u	05:15 PM	_____
Finals	8 Men Senior 100 Breaststroke Break: 2 Minutes:	24	3 u	05:24 PM	_____
Finals	9 Women Senior 200 Freestyle Break: 2 Minutes:	24	3 u	05:32 PM	_____
Finals	10 Men Senior 200 Freestyle Break: 2 Minutes:	24	3 u	05:43 PM	_____
Finals	11 Women Senior 100 Butterfly Break: 2 Minutes:	24	3 u	05:53 PM	_____
Finals	12 Men Senior 100 Butterfly Break: 2 Minutes:	24	3 u	06:01 PM	_____
Finals	13 Women Senior 400 IM Break: 2 Minutes:	24	3 u	06:08 PM	_____
Finals	14 Men Senior 400 IM Break: 2 Minutes:	14	3 u	06:28 PM	_____
Finals-2	15 Women Senior 200 Freestyle Relay Break: 2 Minutes:	16	2 u	06:46 PM	_____
Finals-2	16 Men Senior 200 Freestyle Relay Swimmers Counts for Warm-ups: 249	16 =====	2 u =====	06:54 PM	_____
	Entry / Heat Totals:	246	32		
	Finish Time			06:59 PM	_____

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Session: 4 Saturday Prelims
Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	17 Women Senior 50 Freestyle	82	11 u	09:00 AM	_____
Prelims	18 Men Senior 50 Freestyle	85	11 u	09:09 AM	_____
Prelims	19 Women Senior 200 Breaststroke	40	5 u	09:17 AM	_____
Prelims	20 Men Senior 200 Breaststroke	37	5 u	09:32 AM	_____
Prelims	21 Women Senior 100 Backstroke	55	7 u	09:46 AM	_____
Prelims	22 Men Senior 100 Backstroke	60	8 u	09:58 AM	_____
Prelims	23 Women Senior 200 Butterfly	23	3 u	10:11 AM	_____
Prelims	24 Men Senior 200 Butterfly	30	4 u	10:19 AM	_____
Prelims	25 Women Senior 500 Freestyle	57	8 u	10:29 AM	_____
Prelims	26 Men Senior 500 Freestyle	38	5 u	11:15 AM	_____
	Break: 2 Minutes:				
Finals-S	27 Women Senior 400 Medley Relay	11	2 u	11:44 AM	_____
Finals-S	28 Men Senior 400 Medley Relay	11	2 u	11:54 AM	_____
	Swimmers Counts for Warm-ups: 294	=====	=====		
	Entry / Heat Totals:	529	71		
	Finish Time			12:03 PM	_____

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Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Women Senior 50 Freestyle Break: 2 Minutes:	24	3 u	05:00 PM	_____
Finals	18 Men Senior 50 Freestyle Break: 2 Minutes:	24	3 u	05:07 PM	_____
Finals	19 Women Senior 200 Breaststroke Break: 2 Minutes:	24	3 u	05:13 PM	_____
Finals	20 Men Senior 200 Breaststroke Break: 2 Minutes:	24	3 u	05:25 PM	_____
Finals	21 Women Senior 100 Backstroke Break: 2 Minutes:	24	3 u	05:37 PM	_____
Finals	22 Men Senior 100 Backstroke Break: 2 Minutes:	24	3 u	05:46 PM	_____
Finals	23 Women Senior 200 Butterfly Break: 2 Minutes:	23	3 u	05:55 PM	_____
Finals	24 Men Senior 200 Butterfly Break: 2 Minutes:	24	3 u	06:07 PM	_____
Finals	25 Women Senior 500 Freestyle Break: 2 Minutes:	24	3 u	06:18 PM	_____
Finals	26 Men Senior 500 Freestyle Break: 2 Minutes:	24	3 u	06:38 PM	_____
Finals-2	27 Women Senior 400 Medley Relay Break: 2 Minutes:	16	2 u	06:58 PM	_____
Finals-2	28 Men Senior 400 Medley Relay Swimmers Counts for Warm-ups: 238	16	2 u	07:11 PM	_____
	Entry / Heat Totals:	==== 271	==== 34		
	Finish Time			07:22 PM	_____

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Session: 6 Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	31 Women Senior 100 Freestyle	85	11 u	09:00 AM	_____
Prelims	32 Men Senior 100 Freestyle	87	11 u	09:15 AM	_____
Prelims	33 Women Senior 200 IM	52	7 u	09:28 AM	_____
Prelims	34 Men Senior 200 IM	57	8 u	09:46 AM	_____
Prelims	35 Women Senior 200 Backstroke	59	8 u	10:06 AM	_____
Prelims	36 Men Senior 200 Backstroke	44	6 u	10:30 AM	_____
	Break: 2 Minutes:				
Finals-S	37 Women Senior 400 Freestyle Relay	5	1 u	10:48 AM	_____
Finals-S	38 Men Senior 400 Freestyle Relay	7	1 u	10:53 AM	_____
	Break: 15 Minutes:				
Finals-S	29 Women Senior 1650 Freestyle	14	2 u	11:11 AM	_____
Finals-S	30 Men Senior 1650 Freestyle	9	2 u	11:51 AM	_____
	Swimmers Counts for Warm-ups: 258	=====	=====		
	Entry / Heat Totals:	419	57		
	Finish Time			12:28 PM	_____

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Session: 7 Sunday Finals

Day of Meet: 4 Starts at 04:00 PM Heat Interval: 60 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	29 Women Senior 1650 Freestyle Break: 2 Minutes:	8	1 u	04:00 PM	_____
Finals-1	30 Men Senior 1650 Freestyle Break: 2 Minutes:	8	1 u	04:23 PM	_____
Finals	31 Women Senior 100 Freestyle Break: 2 Minutes:	24	3 u	04:44 PM	_____
Finals	32 Men Senior 100 Freestyle Break: 2 Minutes:	24	3 u	04:52 PM	_____
Finals	33 Women Senior 200 IM Break: 2 Minutes:	24	3 u	04:59 PM	_____
Finals	34 Men Senior 200 IM Break: 2 Minutes:	24	3 u	05:10 PM	_____
Finals	35 Women Senior 200 Backstroke Break: 2 Minutes:	24	3 u	05:21 PM	_____
Finals	36 Men Senior 200 Backstroke Break: 2 Minutes:	24	3 u	05:34 PM	_____
Finals-2	37 Women Senior 400 Freestyle Relay Break: 2 Minutes:	16	2 u	05:46 PM	_____
Finals-2	38 Men Senior 400 Freestyle Relay Swimmers Counts for Warm-ups: 205	16 =====	2 u =====	05:57 PM	_____
	Entry / Heat Totals:	192	24		
	Finish Time			06:06 PM	_____