

CAST
BOARD OF DIRECTORS MEETING
Minutes
February 10, 2022

Mission Statement: The Coeur d'Alene Area Swim Team's mission is to provide athletes with a safe environment where committed coaches and swimmers may realize their potential at any level of swimming and learn skills that will enable success in swimming and life.

Called to Order 5:34p

Present: Kip Taylor, Kelly Griffith, Christena Linford, Betsy, Coach David, Ashley, Brenda, Jaci, Jake, Pema, Mary, Brian via google meet

PUBLIC MEETING

Announcements and Introduction

Changes to Agenda -

Parent Presentations – None

Consent Calendar -

- Approval of Minutes – Brian/David 2nd (Approved 7-0)
- Treasurer's Report – Brenda
Kroc has sent all back invoices which have been paid
- 132 swimmers Squads - A30 B24 C38 Jr26 Sr14 Two swimmers leaving in March
- Approval of Financial Statement – Betsy/David 2nd (Approved 7-0)

Activities Committee Report – Kelly Griffith

- Pizza Party – March 2nd – details covered last month
- Swim Lab – March 12, 2-4p drop-in open house. Swimmers are allowed to use tanks on a first come, first serve basis. Snacks will be available. No cost. Coaches and families are welcome. Ashely will post graphics and information to Facebook. All events will be posted.
- Banquet – Budget request with expected attendance of approx. 300 - \$4000 Carnival theme Request volunteer sign up be put on the website within a week. Motion Brian/Ashley (Approved 7-0) Betsy was asked to put a request for volunteers up to develop games for the carnival within the week. Awards were not included in budget which David expect \$500. Discussion regarding bar at the banquet. Motion Brian/Ashley 2nd (Approval 7-0)
- Team Picture – Jason Duchow is recommended as team photographer for the year. Package pricing is \$20-60 with ala carte items as well. Does he need a retainer? Need him to meet with Mary & Kelly to tour Kroc Center and determine team and individual photo locations.

Athlete Representative Report – Pema and Jake

Pema's report

Sr squad members favorite part of swim is hanging out with friends. Least favorite - don't like kick sets

Sr squad member - Fewer free sets More fly, breast and turn practice

Moses Lake meet was fun and swimmers enjoyed it

Wanted to know about paper plate awards – Coach indicated that this would fall under new team captains along with Kroc Olympics in April

Private coaching? David "CAST can only do private lessons during currently rented hours. Swim Labs may be an option. The only other time would be during low attended practices like Friday morning" CAST policy allows private coaching per Jaci. Adopted on 8/1/17 Coaches will determine availability in the next month after champs meets/

Jake's report

Sr squad member - More Freestyle sets

B squad member - Like variety, each day have a different stroke or part of a stroke. More competitive aspects (racing...) in practice.

Athlete representatives left meeting.

Coaches Report – David

- Vacations – Feb 24 – March 3 Was scheduled to avoid champs meets and Jr Champs was changed
- Jr Champs meet changes – Feb 25-27 Mason and Jade – Jr Champs coaches. Shelly will coach practices. Shelly is getting an exemption to be able to coach Lake City HS swimmers on CAST. Evening practice only on Friday.
- Ironman volunteer opportunity – 11 areas possible to volunteer – transition is the area of traditional area – June 26th - conflicts with Summer Blast however swim transition is usually 6a-9am still allowing family to participate at Summer Blast – Could stuff bags for \$200 the Thursday prior and requires 20-25 volunteers – service hours, not fundraising. David will pass information to Betsy so that she can put event on website for sign ups
- JO signups finally available
- Witter contract arrived. 2nd week in May to school out \$20 per lane with two practices per week. \$8 per lane for remainder of the season.
- Travel costs higher. Sr meets \$1200 – 1800 Phoenix meet hotel is \$195/night

Brenda moves to transition to Executive Session and table remaining items to the next meeting while Erik Smith joined meeting.

Meet Report - Brian

- Open Water Zones Recommendation

Fundraising Update - Betsy and Brian

- Eat-Out nights
- Corporate Sponsorship Drive

Service Update – Betsy

EXECUTIVE SESSION

By-laws Changes – Jaci
Changes proposed in October

Board Elections – Jaci

Team Captain Elections – Jaci

SafeSport Coordinator Update - Jaci

Jade's Contract

Adjournment 7:34p

Next Board Meeting – March 10, 2022

Thought for the month: “Be the change that you wish to see in the world.”
— Mahatma Gandhi

Parents wishing to make a statement to the board are invited to do so. Please email Jaci Downing at jacidowning@gmail.com at least 48 hours prior to the board meeting to secure a place on the agenda. Failure to notify of your intent to present may result in you not being able to speak at the board meeting. In addition, when speaking you will be advised as to the time limit you have and must understand that board members will not necessarily respond to your presentation. However, they may choose to discuss the issue during the general board meeting.