CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

❏ I will respect and show courtesy to my teammates and coaches at all times.

❏ I will demonstrate good sportsmanship at all practices and meets.

❏ I will set a good example of behavior and work ethic for my younger teammates.

❏ I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.

❏ I understand that any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards a fellow team member/family, coach, board member, or any meet official will result in immediate disciplinary action.

❏ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.

❏ I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.

❏ I will refrain from possession or use of alcohol, tobacco, performance enhancing drugs, vaping materials, or any illegal drugs.

❏ I will refrain from fighting, disorderly conduct, bullying, or intimidation of any swimmer, coach, parent volunteer or official.

❏ If I disagree with an official's call, I will talk with my coach and not approach the official directly.

❏ I will obey all of USA Swimming's rules and codes of conduct.

❏ **VISITING SWIMMERS:** Visiting swimmers are expected to comply with the swimmer code of conduct. Coaches reserve the right to remove a visiting swimmer at anytime should any conduct issues arise.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors. CAST maintains the right to terminate any team membership with or without cause in the interest of our team mission and purpose.