



2026 IES SC CHAMPS – TIMES STANDARDS

	GIRLS			BOYS			
	LCM	SCM	SCY	SCY	SCM	LCM	
12 & UNDER	38.49	37.59	33.99	50 FREE	32.79	36.29	37.39
	1:25.59	1:22.49	1:14.69	100 FREE	1:11.49	1:18.99	1:22.09
	3:06.39	2:59.59	2:42.59	200 FREE	2:35.99	2:52.39	2:59.19
	6:32.89	6:22.29	7:16.89	500 FREE	6:59.89	6:07.49	6:21.09
	26:06.89	23:11.29	25:07.39	1650 FREE	24:27.69	24:18.89	25:51.79
	44.79	42.79	38.79	50 BACK	38.49	42.59	44.49
	1:40.59	1:35.69	1:26.59	100 BACK	1:22.19	1:30.79	1:37.19
	3:13.29	3:03.89	2:46.39	200 BACK	2:34.69	2:50.99	3:01.79
	49.79	48.59	43.99	50 BREAST	43.49	48.09	49.79
	1:50.39	1:46.59	1:36.49	100 BREAST	1:32.59	1:42.29	1:47.79
	3:40.29	3:31.09	3:10.99	200 BREAST	2:54.89	3:13.99	3:22.79
	41.79	40.79	36.89	50 FLY	37.09	40.99	41.99
	1:38.29	1:34.79	1:25.79	100 FLY	1:22.89	1:31.59	1:35.09
	3:15.69	3:09.19	2:51.19	200 FLY	2:36.79	2:53.29	2:59.69
	N/A	1:34.19	1:25.19	100 IM	1:21.89	1:30.49	N/A
	3:30.59	3:23.19	3:03.89	200 IM	2:59.29	3:18.09	3:24.39
	6:57.99	6:44.19	6:05.79	400 IM	5:37.69	6:13.19	6:30.69
13 - 14	37.19	35.99	32.49	50 FREE	29.89	32.99	34.29
	1:21.19	1:18.49	1:10.99	100 FREE	1:04.99	1:11.79	1:15.09
	2:55.29	2:49.79	2:33.59	200 FREE	2:22.49	2:37.49	2:43.99
	6:08.09	6:00.69	6:52.19	500 FREE	6:25.69	5:37.49	5:48.39
	24:28.39	23:34.29	23:42.89	1650 FREE	22:22.89	22:14.89	23:04.59
	1:29.69	1:24.99	1:16.89	50 BACK	1:11.29	1:18.79	1:23.69
	1:29.69	1:24.99	1:16.89	100 BACK	1:11.29	1:18.79	1:23.69
	3:13.29	3:03.89	2:46.39	200 BACK	2:34.69	2:50.99	3:01.79
	1:42.39	1:37.99	1:28.69	50 BREAST	1:20.49	1:28.99	1:33.79
	1:42.39	1:37.99	1:28.69	100 BREAST	1:20.49	1:28.99	1:33.79
	3:40.29	3:31.09	3:10.99	200 BREAST	2:54.89	3:13.99	3:22.79
	1:27.19	1:24.89	1:16.79	50 FLY	1:10.49	1:17.89	1:20.29
	1:27.19	1:24.89	1:16.79	100 FLY	1:10.49	1:17.89	1:20.29
	3:15.69	3:09.19	2:51.19	200 FLY	2:36.79	2:53.29	2:59.69
	3:17.19	3:09.79	2:51.79	200 IM	2:37.99	2:54.49	3:02.89
	6:57.99	6:44.19	6:05.79	400 IM	5:37.69	6:13.19	6:30.69
	15 - 19	36.09	35.09	31.79	50 FREE	28.29	31.19
1:18.39		1:15.99	1:08.79	100 FREE	1:01.99	1:08.49	1:11.79
2:49.19		2:44.69	2:28.99	200 FREE	2:15.99	2:30.29	2:36.59
5:55.19		5:50.89	6:40.99	500 FREE	6:08.39	5:22.39	5:34.09
23:33.49		21:28.39	23:15.89	1650 FREE	21:26.59	21:18.89	22:08.29
1:26.89		1:22.59	1:14.69	50 BACK	1:07.49	1:14.59	1:19.39
1:26.89		1:22.59	1:14.69	100 BACK	1:07.49	1:14.59	1:19.39
3:06.79		2:59.29	2:42.19	200 BACK	2:27.59	2:43.09	2:52.29
1:38.59		1:34.99	1:25.89	50 BREAST	1:16.89	1:24.99	1:29.49
1:38.59		1:34.99	1:25.89	100 BREAST	1:16.89	1:24.99	1:29.49
3:32.49		3:25.49	3:05.99	200 BREAST	2:47.09	3:04.59	3:14.49
1:24.29		1:22.19	1:14.39	50 FLY	1:07.19	1:14.29	1:16.79
1:24.29		1:22.19	1:14.39	100 FLY	1:07.19	1:14.29	1:16.79
3:07.79		3:03.19	2:46.19	200 FLY	2:30.19	2:45.99	2:51.69
3:11.19		3:03.59	2:46.19	200 IM	2:30.89	2:46.79	2:56.19
6:44.69		6:32.29	5:54.99	400 IM	5:22.19	5:55.99	6:14.69