# MAY 10 2023 MEETING AGENDA 6:00-7:00 PM

Join Zoom Meeting

https://us06web.zoom.us/j/89066845798?pwd=NzFBYUIsV1dnUVI4WjdPR3E2ZnJGQT09

Meeting ID: 890 6684 5798

Passcode: 718131

Begin Meeting with approval of meeting notes from previous meeting: Kelly do you want to cover this with the group and request approval?

**6:15-630 PM:** COACHES UPDATES (SARAH/CANDI): May 31- No Josh... Will ask coaches if they can assist (Candi)- COVERED? Coach Mariah and Coach Kelly please finish coaching classes COMPLETED? \_\_\_\_ Potentially cancel practice June 1st-2nd. Do we need to cancel?

June 1-2 - Candi is gone to meet (3 day meet) thinking about canceling practice (can we cover for Thursday June 1.

Candi gone May 31, 2023

Water Aerobics at CWU conflict during the summer for time- What is the status?

From David: "I have spoken with Continuing Education and they will be moving their swim time. Currently they are not sure if they will come in right after your swim at 11:00, or closer to 12:00, however they will not be in during your time at all.

Also, I have been told by a random custodian that steam will be down for a few weeks this summer. I remember last time this wasn't an issue for your swimmers, but I have reached out to the project manager in hopes of getting some concrete details about when and what the duration officially looks like. I will let you all know once i hear back from them!"

**Swim School** - Last day until further notice - May 31st? Ila is moving out of state after graduation. We do not currently have a teacher for Swim School. It would be best to tell everyone in Swim School that the program is suspended until staffing can be addressed... restart no earlier than Fall.

Proposed Summer Schedule		
Group	Coach	Schedule
Gold/Silver 2	Candi	M-F 8am - 10am
Silver 1	Mariah/Sarah	M-F 8am - 9:30 am

Bronze	Mariah/Sarah	MWF 9:30 - 10:30 am
Precomp - Group A	Mariah/Sarah	T/Th 9:30 - 10:15 am
Precomp - Group B	Mariah/Sarah	T/Th 10:15 - 11:00 am
Masters	Mariah/Sarah	T,Th,F 6-7:30 am

<sup>\*</sup>Summer Schedule: We have 8 lanes 6:00 am - 11:00 am Monday - Friday and 10 lanes Saturdays 9-11am.

Laurie and Josh are not available for regular coaching duties this summer.

**Summer meet coaches:** Sarah suggests sending Mariah with Candi to all meets this summer. She has expressed interest and it would be a good opportunity for her to develop swim meet skills.

Is this chart still relevant? Who created it?							
Gold	Silver 2	Bronze 1	Bronze2	Silver 1	Precomp	Masters	Swim School
Candi	Josh/ Mariah	Mariah	Mariah	Josh/ Mariah			
Total Members:							

#### HEAD COACH SEARCH.

- DO WE PUT IN AD OUT IN USA SWIMMING? SwimSwam? ASCA? Contact IES for ideas?
  - REVIEW OUR JOB DESCRIPTION OF COACHES RESPONSIBILITIES
- HOW MUCH CAN WE PAY A COACH?
- WHEN DO WE TELL THE TEAM?
- Who wants to be the contact person for our search?

#### SPRING BANQUET RECAP

- -Committee signs ups- how did we do? Work on this after Swim A Thon.
  - 1. Rodeo, Melissa
  - 2. Run for the Brave, Kelly
    - a. (5k poster is in EAST Google Drive need a new QR code before we print/advertise)
  - 3. Rodeo Parade, Megan
  - 4. Need for Open Board Positions (Fundraising & \_\_\_\_ or change bylaws)

# 6:30-645 PM PRESIDENT/VP (KELLY/JAYMI):

#### • Run for the Brave 5K

 Next year's race- do we have a committee? Need to set a date for the race and meet with volunteers.

0	First meeting_	_September 30th o	r October	7th
_				

## 645-7 PM TREASURER (Alicia):

- Budget overview -
  - Can we vote on changing our 3 children discount policy to 2 children discount for 2023-24? Alicia will look at the numbers to see if we can afford giving 10% off for the second child. Discuss at the next meeting.
    - Should only be about \$200-300 less with current swimmers
- Notify parents of any changes to events
- Who will be in charge of updating website? Backend updates need to be done.
- Athlete practice attendance/reporting to coaches
  - OnDeck app for correspondence?

**7-705 PM** SAFE SPORT (Jaymi): Did we get everyone's safe sport signed up? need more kids/parents. Sarah will send my recent email out soon.

Do we still need to vote Megan in as SS rep now? Yes. We need to get families to watch videos....I started an email with link and instructions to do on their own...should we also provide a date to set up video for parents to watch in the lobby??? No, but maybe for kids if we don't get enough to watch.

Jaymi is writing an email to send out to parents as a guide to watch the video. Safe Sport changed the age of swimmers to 13 and over. (we still get credit if younger kids watch...prob anyone 11 and over would be appropriate.)

**705-710 PM** FUNDRAISING (MELISSA): May 19th Swim a Thon All money due by May 30 We are currently just over 3K toward 10K goal

I figured out how to approve offline donations, so those are approved. I will approve any others when I return just after the Swim A Thon OR can someone else check this while I am gone? Go to the \$ sign on the management console, click on Event Fundraising Admin, at the top there are two tabs click on the second one "results" It should show all donations and say how many we have to approve (red lettering) click on each individual non-approved donation and then the approve offline button

- Search for Melissa's replacement- anyone interested?
- Melissa did you send out Fred Meyer Rewards reminder- no after I get back.

## 710 PM REGISTAR (MEGAN):

Scholarship Program Ideas?
Rodeo Parade Sign Up with Chamber

**715 PM** OFFICIALS: Josh Nelson-Ichido 2 interested, 1 almost certified

Equipment to be replaced for this years requirement with CWU: fins, buoys, kickboards, speakers (2). Candi will talk to David. - Do we have some items to approve to replace or purchase?

Review Bylaws for 2023-24. Have proposals of any changes needed or to correct by May meeting.

Proposed to change the following:

FROM:

**MISSION** 

The Ellensburg Area Swim Team's mission is to provide athletes with the environment to realize his or her potential and learn the skills that will enable success in swimming and life.

#### **PURPOSE**

The purpose of EAST shall first be to promote interest and success in competitive swimming. Athletes shall be treated equally and shall advance in the competitive groups based on merit and attitude. EAST represents the interests of the swim team to the Inland Empire Swimming. This representation is performed in accordance with the revised Articles of Incorporation and under the rules prescribed by USA Swimming and Inland Empire Swimming.

## SAFE SPORT

The primary purpose of EAST is to encourage participation and the pursuit of excellence in swimming. Unfortunately, safety problems can derail this goal and negatively impact lives. This is especially true if the problem could have been prevented. PREVENT, RESPOND AND REPORT are three specific actions each person can do. Our athletes will have monthly training to educate them on each of these actions. These actions not only help prevent safety problems but ensure those which do occur are properly addressed.

**Take Monthly out** 

**Board voted on change to Safe Sport** 

TO:

## **MISSION**

EAST strives to provide a community centered around aquatics in the Ellensburg Area. Our organization seeks to introduce, teach, develop and maintain skills necessary to be successful in swimming at all levels. Through our community and guidance, we hope to develop camaraderie and self-esteem, encourage physical fitness, and promote a safe and positive environment so athletes can reach their fullest potential!

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Per change made by Sarah and featured on our website and in the parent handbook.
All those in favor: All those opposed:
Propose to correct:  ARTICLE IX. GRIEVANCE PROCEDURE
The first step in a grievance shall be for the two parties to attempt to come to agreement between themselves by whatever means are acceptable, utilizing the EAST Code of Conduct as a guide, to all concerned provided there is no conflict with these by-laws are any other procedural documents which may be adopted by this organization. Such an agreement must be documented and signed by all parties involved and recorded with the secretary with seven (7) days of signing. If no agreement can be reached then the matter can be referred, in writing by either party, to the president for binding mediation by the Executive Board. The time limit for filling a grievance is 15 days from the time the incident begin grieved took place.  Grievance hearings shall be held within seven (15) days and shall be closed to all but the concerned parties and their witness(es). The Board may disallow any witness contingent upon their relevancy to the specific grievance. A Quorum of members of the Executive Board shall hear said grievance.
All those in favor: All those opposed:
Any other changes needed?
Review Budget for 2023-24 at meeting
Review EAST Parent Handbook for 2023-24 at meeting (add in any new items we have decided upon such as if we choose to do an officials incentive and/or changing swimmer discount policy or any other potential financial/membership policy or dues amount)
Summer/End of Season Banquet and Annual Meeting Date
NEXT MEETING:
CLOSE Minutes taken by Attendees:

Once we have the time or detailed plans of how to go about- if you are interested in leading and creating proposals or materials place your name down:

- -Recruitment Flyers (once we get coaching settled)
- -Put together a scholarship or program and ask Rotary, Hopesource, KVH, and other community service groups if they will sponsor the program).
- -Make future plans to host some clinics

## Insurance Coverage:

## **Covered Activities**

With respect to USA Swimming member clubs, group members, member coaches, volunteers and additional insured

owners/lessors of premises, sponsors and co-promoters, "Covered Activities" are defined as:

1. Swimming meets that have been issued a written sanction or approval. Approval means a permit issued by one to the

USA Swimming, Inc. Local Swimming Committees for swimming meets conducted in conformance with USA Swimming,

Inc. technical rules in which members and non-members may compete. USA Swimming, Inc. member clubs that either

host or participate in a swimming meet that has been issued an approval will be considered an insured provided that all

of its athletes or participants and coaches are members of USA Swimming, Inc.

2. Swimming practices, dry land training activities, camps and learn to swim programs where all swimmers or participants

are members of USA Swimming, Inc. or U.S. Masters Swimming and are conducted under direct and active supervision

of a member coach. Dry land training activities means weight training, running calisthenics, exercise machine training,

and any other activity for which an insured has received approval from USA Swimming, Inc. or its authorized

representative.

- 3. USA Swimming, Inc., Swim-A-Thons, fundraising activity which clubs can purchase for lap-athons.
- 4. Approved social events and approved fundraising activities that are social events and activities for which an insured has

received approval from USA Swimming, Inc. or its authorized representative.

5. Swimming tryouts. Swimming tryouts means swimming practices where a swimmer(s) who is not and how has never

been a member of USA Swimming, Inc. participates with a USA Swimming, Inc. club for a period not to exceed thirty

consecutive days in a twelve-month period to determine the swimmer's interest in becoming a member of USA

Swimming, Inc.

6. Office premises liability for member clubs and LSCs.

7. STSC, CPR and Lifeguard Certifications of USA Swimming member coaches done by USA Swimming member coaches

that are member representatives of one of the approved agencies listed on the USA Swimming STSC In-Water Skills

Checklist.

8. "Organized practices" that have been reported and a premium has been paid for. Organized practices are defined as

recreation league meets hosted by USA member clubs with community teams that are not USA Swimming member

clubs.

The Certificate Holder is included as an Additional Insured on a Primary and Non-Contributory baisis as required by written agreement. A Waiver of Subrogation

also applies in favor of the Additional Insured as required by written agreement.

Member Club: Ellensburg Area Swim Team

**Event: Swim practices**