

Spokane Sea Serpends

All-Time Top 10

Short Course Yards

Current Season Swims are Highlighted

Women

50 FREE

1	Daisy Whitney	3/3/2023	26.89
2	Indira Alford	10/23/2022	27.22
3	Anya Atkinson	12/3/2023	27.38
4	Natalie Gunderson	12/10/2023	27.49
5	Kayla Hein	3/4/2022	28.71
6	Makenzie Goode	2/5/2022	28.82
7	Morgan Herr	3/3/2023	28.82
8	Grace Brinkman	2/5/2022	28.89
9	Hallie Walters	10/24/2021	29.06
10	Kayla Geoghagan	2/18/2023	29.09

100 FREE

1	Daisy Whitney	3/5/2023	57.17
2	Indira Alford	11/12/2023	58.18
3	Natalie Gunderson	12/9/2023	59.86
4	Anya Atkinson	12/9/2023	1:01.43
5	Kayla Hein	3/6/2022	1:01.78
6	Morgan Herr	12/2/2023	1:02.37
7	Makenzie Goode	12/2/2023	1:02.74
8	Ireland Alford	1/22/2023	1:03.85
9	Hallie Walters	11/20/2021	1:05.96
10	Gabriella Gamon	2/27/2022	1:06.52

200 FREE

1	Daisy Whitney	12/4/2022	2:05.62
2	Indira Alford	10/8/2023	2:10.08
3	Natalie Gunderson	12/10/2023	2:11.58
4	Kayla Hein	3/5/2022	2:11.69
5	Anya Atkinson	10/8/2023	2:15.72
6	Morgan Herr	12/3/2023	2:17.40
7	Makenzie Goode	12/4/2022	2:18.09
8	Ireland Alford	11/11/2023	2:25.19
9	Hallie Walters	11/20/2021	2:25.31
10	Baylee Crater	10/8/2023	2:28.35

500 FREE

1	Indira Alford	11/12/2023	5:36.42
2	Daisy Whitney	12/3/2022	5:43.36
3	Natalie Gunderson	12/2/2023	5:45.95
4	Kayla Hein	3/4/2022	5:51.67
5	Morgan Herr	12/2/2023	6:00.57
6	Makenzie Goode	3/3/2023	6:13.57
7	Anya Atkinson	3/10/2023	6:14.78
8	Ireland Alford	11/21/2021	6:26.84
9	Hallie Walters	12/3/2021	6:35.00
10	Kayla Geoghagan	11/12/2023	6:56.46

1000 FREE

1	Daisy Whitney	11/19/2022	12:15.46
2	Morgan Herr	11/19/2022	13:06.26
3	Kayla Hein	11/20/2021	13:33.60
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1650 FREE

1	Daisy Whitney	1/21/2023	20:39.78
2	Natalie Gunderson	3/10/2023	20:49.03
3	Indira Alford	3/18/2022	21:06.59
4	Morgan Herr	3/10/2023	21:23.15
5	Kayla Hein	3/18/2022	21:38.09
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50 BACK

1	Daisy Whitney	3/3/2023	31.02
2	Gabriella Gamon	3/4/2022	32.13
3	Morgan Herr	2/19/2023	32.44
4	Indira Alford	3/4/2023	32.57
5	Natalie Gunderson	12/9/2023	32.67
6	Anya Atkinson	3/20/2022	32.84
7	Baylee Crater	11/11/2023	32.94
8	Ireland Alford	3/20/2022	34.37
9	Jaiden Fortune	12/4/2021	34.99
10	Grace Brinkman	2/5/2022	35.04

100 BACK

1	Daisy Whitney	3/4/2023	1:05.61
2	Indira Alford	12/3/2023	1:06.02
3	Gabriella Gamon	3/5/2023	1:08.85
4	Morgan Herr	2/18/2023	1:09.68
5	Natalie Gunderson	12/10/2023	1:10.98
6	Anya Atkinson	1/22/2023	1:11.09
7	Kayla Hein	11/20/2022	1:12.69
8	Baylee Crater	11/12/2023	1:12.71
9	Ireland Alford	3/18/2022	1:13.46
10	Hallie Walters	2/18/2023	1:15.72

200 BACK

1	Indira Alford	12/2/2023	2:21.52
2	Daisy Whitney	3/5/2023	2:25.89
3	Gabriella Gamon	2/27/2023	2:29.80
4	Morgan Herr	12/2/2023	2:32.32
5	Natalie Gunderson	11/11/2023	2:32.66
6	Kayla Hein	2/12/2022	2:34.95
7	Anya Atkinson	11/19/2022	2:37.11
8	Baylee Crater	11/11/2023	2:39.24
9	Hallie Walters	3/20/2022	2:43.25
10	Ireland Alford	11/19/2022	2:46.88

50 BREAST			
1	Ireland Alford	12/10/2022	36.68
2	Daisy Whitney	2/5/2022	37.83
3	Natalie Gunderson	10/29/2023	38.15
4	Kayla Hein	12/10/2022	38.15
5	Ariella Begalman	2/5/2022	38.95
6	Makenzie Goode	3/12/2023	39.00
7	Radka Janout	12/9/2023	40.65
8	Kayla Geoghagan	2/18/2023	40.82
9	Gabriella Gamon	12/4/2021	40.91
10	Aimee Cook	12/10/2022	41.24

100 BREAST			
1	Daisy Whitney	12/3/2022	1:19.80
2	Natalie Gunderson	11/11/2023	1:20.25
3	Kayla Hein	12/5/2021	1:20.73
4	Ireland Alford	11/21/2021	1:20.77
5	Indira Alford	12/2/2023	1:22.11
6	Makenzie Goode	12/2/2023	1:24.15
7	Ariella Begalman	2/19/2023	1:26.36
8	Anya Atkinson	11/20/2022	1:27.96
9	Morgan Herr	12/3/2022	1:28.12
10	Gabriella Gamon	2/26/2022	1:28.55

200 BREAST			
1	Kayla Hein	3/5/2022	2:46.89
2	Natalie Gunderson	11/10/2023	2:47.94
3	Ireland Alford	2/11/2023	2:54.13
4	Daisy Whitney	12/4/2022	2:56.16
5	Indira Alford	11/11/2023	3:00.12
6	Makenzie Goode	12/9/2023	3:03.81
7	Ariella Begalman	2/18/2023	3:05.12
8	Morgan Herr	10/7/2023	3:09.09
9	Radka Janout	11/10/2023	3:10.94
10	Casidy Smith	2/18/2023	3:18.87

50 FLY			
1	Anya Atkinson	12/10/2023	28.66
2	Natalie Gunderson	10/8/2023	30.53
3	Daisy Whitney	12/10/2023	31.18
4	Makenzie Goode	2/11/2023	32.18
5	Kayla Geoghagan	3/12/2023	32.65
6	Ireland Alford	2/11/2023	33.24
7	Kayla Hein	12/5/2021	33.32
8	Baylee Crater	10/8/2023	33.56
9	Grace Brinkman	2/5/2022	33.72
10	Indira Alford	3/19/2022	35.04

100 FLY			
1	Anya Atkinson	12/9/2023	1:04.71
2	Daisy Whitney	1/14/2023	1:07.16
3	Natalie Gunderson	12/3/2023	1:10.50
4	Makenzie Goode	12/3/2023	1:13.00
5	Indira Alford	12/3/2023	1:13.39
6	Ireland Alford	1/22/2023	1:17.00
7	Kayla Hein	10/24/2021	1:18.63
8	Ariella Begalman	11/11/2023	1:20.03
9	Kayla Geoghagan	3/11/2023	1:21.70
10	Morgan Herr	12/10/2022	1:23.98

200 FLY			
1	Anya Atkinson	12/10/2023	2:31.27
2	Daisy Whitney	10/22/2022	2:34.43
3	Natalie Gunderson	11/20/2022	2:55.30
4	Morgan Herr	10/22/2023	3:18.63
5	Radka Janout	11/12/2023	3:28.07
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100 IM			
1	Natalie Gunderson	10/7/2023	1:09.78
2	Kayla Hein	2/13/2022	1:11.25
3	Daisy Whitney	2/13/2022	1:12.83
4	Makenzie Goode	3/12/2023	1:15.07
5	Baylee Crater	10/7/2023	1:15.51
6	Morgan Herr	3/19/2022	1:16.90
7	Anya Atkinson	2/27/2023	1:17.36
8	Kayla Geoghagan	3/12/2023	1:17.61
9	Indira Alford	2/5/2021	1:17.68
10	Grace Brinkman	11/20/2021	1:19.52

200 IM			
1	Daisy Whitney	12/3/2022	2:26.87
2	Indira Alford	11/12/2023	2:28.19
3	Kayla Hein	3/4/2022	2:30.50
4	Natalie Gunderson	12/9/2023	2:30.70
5	Anya Atkinson	12/9/2023	2:32.83
6	Morgan Herr	12/2/2023	2:35.25
7	Makenzie Goode	11/12/2023	2:38.37
8	Ireland Alford	12/3/2022	2:39.11
9	Gabriella Gamon	10/9/2021	2:42.82
10	Ariella Begalman	2/18/2023	2:47.25

400 IM			
1	Daisy Whitney	11/18/2022	5:22.84
2	Anya Atkinson	12/8/2023	5:30.62
3	Natalie Gunderson	12/9/2022	5:30.92
3	Indira Alford	12/9/2022	5:33.39
4	Makenzie Goode	11/18/2022	5:38.89
5	Ireland Alford	1/20/2023	5:41.86
6	Kayla Hein	12/3/2021	5:41.98
7	Morgan Herr	12/9/2022	5:49.80
8	Ariella Begalman	11/10/2023	6:04.76
10			