

SWAT

WA Open Meet Itinerary

- **Thursday, January 11:**
 - 8:45am- Meet at Enterprise Car Rental Downtown
 - 9:00am- SUVs Leave for Federal Way (Bring Breakfast, bananas, apples, yogurt, bagels)
 - 2:00pm- Check in Hotel (Hampton Inn, Federal Way)
 - 3:30pm- Warm-up
 - 6:30pm- Dinner
 - 8:30pm- Swimmers in Room
 - 9:30pm- Lights out
- **Friday, January 12:**
 - 6:30am- Breakfast at Hotel
 - 7:15am- Leave Hotel for Prelims
 - 12:00pm- Lunch
 - 1:30pm- Prelims Session Ends, Snack
 - 4:00pm- Leave Hotel for Finals
 - 7:30pm- Finals Session Ends
 - 8:00pm- Dinner
 - 9:30pm- In Rooms, Lights out
- **Saturday, January 13:**
 - 6:30am- Breakfast at Hotel
 - 7:15am- Leave Hotel for Prelims
 - 12:00pm- Lunch
 - 1:30pm- Prelims Session Ends, Snack
 - 4:00pm- Leave Hotel for Finals
 - 7:30pm- Finals Session Ends
 - 8:00pm- Dinner
 - 9:30pm- In Rooms, Lights out
- **Sunday, January 12:**
 - 6:30am- Breakfast at Hotel
 - 7:15am- Leave Hotel for Prelims
 - 12:00pm- Lunch
 - 1:30pm- Prelims Session Ends, Snack
 - 4:00pm- Leave Hotel for Finals
 - 7:30pm- Finals Session Ends
 - 8:00pm- Dinner, Drive back to Spokane
 - 12:30am- Arrive home Spokane at Enterprise Car Rental Downtown