			Monday through Sa			
			day/Wednesday/Frid	ay		
	1	2	3	4	5	
8:00 AM	Sr/Nat	Sr/Nat	Sr/Nat	Gold/Plat	Gold/Plat	EWU/Silver
8:30 AM						
9:00 AM						EWU/Bronze/Ripple
9:30 AM						
10:00 AM						
		Tues	∣ day/Thursday/Saturc	lay		
8:00 AM	Silver/Gold	Silver/Gold	Silver/Gold	Silver/Gold	Rip/WR (Tu/Th)	Rip/WR (Tu/Th)
8:30 AM					8-9am	8-9am
9:00 AM					Bronze (Tu/Th)	Bronze (Tu/Th)
9:30 AM					9-10am	9-10am
10:00 AM						
		Whitwo	rth SCY Monday-Sat	urday		
	Monday	Tuesday	Wednesday	Thurs	Fri	Sat
Plat/Sr/Nat	YMCA 7:30-8:45pm	5:30-8pm	YMCA 7:30-8:45pm	5:30-8pm	none	6-8am
Silver	5:30-6:30pm		5:30-6:30pm		5:30-6:30pm	
Gold	6:30-8pm		6:30-8pm		6:30-8pm	
Bronze	5:30-6:30pm	5:30-6:15pm	5:30-6:30pm	5:30-6:15pm	5:30-6:30pm	
Rip	6:30-7:15pm		6:30-7:15pm		6:30-7:15pm	
WR	7:15-8pm		7:15-8pm		7:15-8pm	
		EWU - Mon	│ day thru Friday AM (@ Witter)		
Ripples	Witter 9-10am	Witter 8-9am	Witter 9-10am	Witter 8-9am	Witter 9-10am	
Bronze	Witter 9-10am	Witter 9-10am	Witter 9-10am	Witter 9-10am	Witter 9-10am	
Silver	Witter 8-9am	Witter 8-10am	Witter 8-9am	Witter 8-10am	Witter 8-9am	Witter 8-10am
Gold	Witter 8-10am	Witter 8-10am	Witter 8-10am	Witter 8-10am	Witter 8-10am	Witter 8-10am
Senior	Witter 8-10am	Witter 8-10am	Witter 8-10am	Witter 8-10am	Witter 8-10am	Witter 8-10am

EWU Monday through Friday PM (@ EWU)						
Ripples	5:45-6:30pm	5:45-6:30pm				
Bronze	5:45-6:30pm	5:45-6:30pm				
Silver	5-5:45pm	5-5:45pm				
Gold	3:30-5pm	3:30-5pm				
Senior	3:30-5pm	3:30-5pm				