



Swimming in College

How to find the School that is right for you and the Team that will offer you Scholarship \$

- [Visit CollegeSwimming.com](http://CollegeSwimming.com)
- [Click the Results Tab at the Top](#)
- [Click on Meet Type and select Conference Championship](#)
- A list of the Conference Championships will come up.
- Now you need to do some research on your own
- Look through the conference meet results
- Find a conference where your current times are competitive in the Top 16
 - If your current times Place Top 16 you will likely receive attention & money from those coaches.
- Look at all the teams in the conference
 - Look at what teams are well rounded. They score in every event w multiple swimmers.
 - Be aware of the teams that score more points in Diving than Swimming. Many “Conference Champions” outscore their competition with diving points than with swimming points. Be sure to look at all the teams 2nd, 3rd, 4th, 5th. Especially if it is a competitive conference. These teams may actually improve more.
 - What teams have swimmers scoring in every event, not just your primary events
 - What teams have swimmers from multiple classes scoring (Freshman, Sophomore, Junior, Senior) How many swimmers are they graduating?
- When you find the teams you like and fit in well with time-wise, you need to research those individual teams by going to their websites.
 - Look at their depth charts, Top Times from the Season
 - Look at their dual meet results, see how fast they swim in-season
 - Some teams don’t swim any faster at conference than they do In-Season, these may be focused more on immediate rewards and winning dual meets than they are at performing better at the higher levels.
 - Other teams don’t swim as well in-season, until they get to Conference (The Sleeping Giants). These teams put in more work in-season and are willing to sacrifice “the big dual meet win” to focus on more long term high performance.
 - What schools have Seniors graduating in your primary events
 - This will tell you the coaches of these programs are looking to replace the points from these graduating swimmers

You can also look at teams based on their National Ranking and Your National Ranking

- First you need to know your National Rank
- [Visit the USA Swimming Website @ usaswimming.org](http://usaswimming.org)
- [Click the Times Tab at the Top and Select the Times Search & Power Point Calculator](#)
- Click on Individual Event Rank and Enter the Info needed
 - Name
 - Competition Period
 - Stroke, Distance & Course (SCY or LCM)
 - Age Range , Ex: 15 to 15 to get your single age ranking
 - Find Times
- Go back to [College Swimming](#) and [Click the Team Rankings Tab at the Top](#)
 - Base your search on your national rank in your best events
 - If you are nationally ranked Top 10 then look at Top 10 schools & their conferences, If you are nationally ranked Top 25 then look at the Top 25 schools & their conferences, etc..
- Make a list of 15 schools that you have done research on
 - 5 schools with your current times
 - 5 schools with the times you want to achieve at the end of the next season
 - 5 schools with the times you are going to achieve at the end of next year
- Contact all the coaches from this list of schools. Email them directly and fill out their team questionnaires

Make sure you sell yourself

- Remember these coaches are going to try and get you for the lowest possible price. You need to know what you are bringing to the team when you email. For example: "I am completing my junior year, I've seen your results and know that I can contribute to your program. As an incoming Freshman I would be 3rd on your depth chart in my event. I know how to swim fast In-Season" and based on your dual meet results last year I would have scored points with my In-Season unshaved times and would have placed ____ at your conference meet.

Swimmers: You need to be the one doing this, not your parents

- This is important
- This is where you will be spending the next 4 years of your life
- This is the Team and Coaching Staff that will help guide you through the next phase of your life into young adulthood
- Your research into the schools you want to receive money from is your responsibility.

Coaches want leaders

- Leaders are mature enough to do this research and school selection on their own because they know it is important
- If you are not mature enough to do the research on your own and are waiting for your parents or someone else to do this work for you then you are not mature enough to go away to college.

Follow Up!

College coaches have a list of 200+ swimmers from across the country they are trying to sift through and contact one by one. If you don't hear anything right away don't give up thinking the coach is not interested. Have confidence in you. Make a name for yourself by following up with another email and by calling the coach directly. Give them a reason to remember your name.