

TRI-CITY CHANNEL CATS
AN INLAND EMPIRE SWIMMING TEAM

The Channel Cat Chat



www.TriCityChannelCats.org

November 2009

And They're Off!

Octoberfest was a great meet for the 52 Channel Cats who travelled up to Ellensburg October 17th and 18th. What a start to the short course season! **Skyler Younkin** was just on fire, breaking 3 team records and earning 9 personal best times. The former 25 yard fly record was from 1982! Not only is he close to nabbing some IES records as well, he is very close to beating Coach Jen's 25yd. backstroke record!

Five other Channel Cats had best times in everything they swam; **John Markillie** and **Emma Pope** led the way busting out 10/10 best times! That's some nice swimming right there, Cats. **Tanner Collins** and **Ally Fuller** both made 8/8 best times and **Porter Withers** went 5 for 5. **Jordan Hendry** was so very close with 8 out of 9 best times but the 9th was only .3 away from a best time, earning him "kudos" for a great meet as well. Another Channel Cat deserving "kudos" is **Lisa Bratton**, who blasted off a (her first ever) fantastic 400yd IM. Wow, was that something. Nice job everyone!

We also had some milestone achievements, quite impressive for the first meet of the season. Breaking 30 seconds for the first time were: **Jordan Hendry, Mylie Oberg, Jake Douglas** and **Cameron Sullivan**. Can't wait to see what comes next for you all. Even our gold level swimmers dropped time in an event or two. A great showing this early in the season!

We also had a bunch of brand new Channel Cats compete with us at the meet. Welcome to the following swimmers who attended their first meet as a Channel Cat: **Jorgan Andersen, Matt Booher, Daniel Dohnalek, Cameron Edwards, Luke Harrison, Hilary Petersen, Trevor Sharp, Cameron and Janae Sullivan, Maria Tartakovsky, Michael Tyree, Darby Ufford** and **Brayden Vickerman**. Welcome to the race! Hope you had fun.

Finally, the following is the best times list:

10 best times: John Markillie and Emma Pope.

9 best times: JaZee Griffith and Skyler Younkin

8 best times: Jordan Hendry, Ally Fuller, Toby Dizon and Tanner Collins.

7 best times: Alex Flevez and William Wertz.

6 best times: BreAnn Bell, Todd Dizon and Addison Pollick.

5 best times: Porter Withers, Marcia Kim, Luke (aka "Action") Jackson, Esteli Garcia, Jake Douglas and Lisa Bratton.

4 best times or less: Nick Connors, Taylor Fievez, Cheyenne Griffith, Jillian & Joseph Hendry, Aurora & Mylie Oberg, Jonathan Peacock, Ashton Pollick, Nathaniel Weinman, Max Timm-Ballard, Bertha Kim; Eric Blanchard, Mackenzie Ruby; Andrew Blanchard, Nolan Hill, Andrew & Linnea Peacock, Nicole Weinman, and Jeevan Philip.

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FOR YOUR CALENDAR



November 10, 7:00pm
TCCC Board Meeting
CBRC Conference Rm.
Everyone is invited!

November 23
Scrip orders and payments
due to Renee Schroder

November 20-22
Turkey Trot Swim Meet in
Cheney, WA

November 26
Happy Thanksgiving—
NO PRACTICE

November 30
Apparel orders due to
Anne Jones

December 4-5
Christmas Invitational Swim
Meet in Wenatchee, WA



From Our President

Channel Cats Families –

The Channel Cat team is off to a fast start. The first swim meet was a great success, congratulations to those swimmers who participated. The poinsettia sales have ended, thanks to the parents, swimmers, and Toni McCarthy for making this year a big success. Please feel free to contact Toni in offering your assistance in delivering all these plants.

The planning has begun for our upcoming January Championship swim meet in Ellensburg. Renee and Paul Schroder have volunteered to be this year's swim meet directors. Please contact Renee to volunteer for one of the many tasks that must be completed for our meet to be a huge success.

What is going on with the Pasco Pool? I recently spoke to Carly Hanscom, City of Pasco Recreation Manager. The demolition of the pool house is complete, foundation for the new pool house is complete, and renovation to the swimming pool has been initiated. The grand opening is anticipated



in May 2010. The pool is 50 meters long and the pool depth is being increased to support starts on both ends. I will provide updates throughout the year.

Look forward to seeing you all on deck.

*Chris Musick, President—
TCCC Board of Directors*

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628-0678
TheLessers@verizon.net

Channel Cats Host Meet in January

The Channel Cats will be hosting a **Winter Invitational Meet**. The meet is scheduled on the 30th and 31st of January, 2010 at the Central Washington University Aquatic Facility in Ellensburg. Parents are needed to perform all of the tasks necessary to host these events. The formats have been adjusted so that no events will occur on Friday. This format should alleviate the cost and workload for our IES parents. Set-up for the meet will begin at 6 am on Saturday morning and warm-ups are tentatively set at 8am.

Paul and Renee Schroder are serving as the Meet Directors and will be working with the Coordinators to enlist the help of **ALL** our parents. You can contact them at prschröder@hotmail.com if you would like to serve in a particular area. Thank you in advance for your support of this important team event. This is an excellent opportunity to earn your volunteer hours.



Meet Rachel Wildey, New Assistant Coach at CBRC!

Why coaching?? "Swimming was a huge part of my life growing up and now that I have the opportunity, I want to give back and hopefully become an inspiration to the swimmers like Jennifer was to me!"

Favorite stroke: Backstroke

Favorite event: 100 fly & 100 back

Favorite meet: Walla Walla Sweet Onion Meet (summer meet no longer held)

Major in school: Social Science (psychology/sociology)

Favorite inspirational quotes:

"Character gets you out of bed; commitment moves you to action. Faith, hope, and discipline enable you to follow through to completion." ~Zig Ziglar

"So be sure when you step step with care and great tact, and remember that life's a great balancing act. And will you succeed? Yes! You will indeed! (98 and 3/4 percent guaranteed.) Kid, you'll move mountains." ~Dr. Seuss

OUR COACHES

Head Coach, TCCC

Todd Stafek

(509) 374-8550

toddstafek@charter.net

Assistant Coach:

Amanda Trembl

Head Coach, CBRC

Jennifer Tonkyn

(509) 783-9612

RJTonkyn@verizon.net

Assistant Coach:

Rachel Wildey

Head Coach, Kia Ora

Karen Eddy

(509) 628-2489

kreddy@clearwire.net

Poinsettia Update



Poinsettias will be delivered the first week of December (date, time, and location TBA). Look for an email closer to the pick up date. Payment for all plants must be made at pick up. Contact Toni McCarthy at emm2bpm@verizon.net with any questions.

Get your Channel Cat Apparel!

See last page.

Upcoming Swim Meet Hotel Blocks

Christmas Invitational (East Wenatchee), December 4 -5, 2009 – Cedars Inn, held under "Tri-City Channel Cats" until November 8, 20 rooms at \$95.95 + tax. 509-886-8000

Winter Invite (Ellensburg), January 29 and 30, 2010 – Holiday Inn Express, held under "Tri-City Channel Cats", 39 rooms(8 are King bed rooms) at \$109 + tax. 509-962-9400

Inland Empire SC Champs (Ellensburg), February 26 and 27, 2010 – Holiday Inn Express, held under "Tri-City Channel Cats", 35 rooms at \$109 + tax. 509-962-9400

MLMR Invitational (Moses Lake), March 12 and 13, 2010 – Holiday Inn Express held under "Tri-City Channel Cats", 15 rooms 509-766-2000





Shop with Scrip!

The Scrip program is a great way to get your dues off-set fulfilled. With Christmas coming soon, you may want to consider ordering gift cards for family, friends, teachers, co-workers, etc. You can go to www.glscrip.com and click on Retailer Lists (on the Left hand side). This list will provide you with all of the retailers and the percentage that you will receive on your account per card.

If you would like to place an order, please send a check and email to Renee Schroder (contact info below) with what you would like. Renee needs to

have the check before she can place the order. She will be placing the next order on **Monday, November 23rd**. This should allow you ample time if you need to mail them off for Christmas presents.

Renee Schroder
c/o Tri-City Channel Cats
P.O. Box 1668
Richland, WA 99352

619-1944, prschroder@hotmail.com



Meet Esteli Garcia

Esteli (Blue at CBRC) is 13 years old and an 8th grader at Carmichael Middle School. She lives in Richland and has been a Channel Cat for 13 months. When she's not swimming, Esteli likes to write, draw, watch movies . . . and write!

Favorite stroke: Backstroke

Favorite event: 200 IM

Favorite meet: Trick or Treat in Moscow, ID, because it was my first meet and the Moscow pool is my favorite.

Favorite swim meet snack: Gatorade!!

Proudest swim moment: When I swam the 200 IM for the first time.

Swimming goal for this year: To get a better time in my 100 fly.

Favorite quote from Coach Jen: "You can never disappoint me."

Favorite book: *The Host* by Stephanie Meyer **Favorite movie:** "500 Days of Summer"



Meet Ariel Gambetty

Ariel (Blue at Kia Ora) is 14 years old and a freshman at Southridge High School. She lives in Kennewick and has been a Channel Cat for 1 1/2 years. When she's not swimming, Ariel likes to read and dance for the Heatwave Dance Team at Southridge!

Favorite stroke: Freestyle

Favorite event: 100 free & 200 breast

Favorite meet: Summer Solstice—I got my fastest times in all my events.

Favorite swim meet snack: Green grapes. That's the first thing I always reach for in the cooler!

Proudest swim moment: At my first meet, first race (100 free) where I came in first in my heat.

Swimming goal for this year: Make it to Bronze.

Favorite advice from Coach Jen: (off the blocks) "Keep your head down and jump!"

Favorite book: *The Hunger Games* by Suzanne Collins **Favorite movies:** "Titanic" and "Hairspray" (old and new versions)

Congratulations to Our High School Girls Swimmers!

The following 29 Channel Cats have represented our team well while swimming for their high school swim teams. The teams recently competed at District level meets, where several Channel Cats qualified to swim at the State level meet, which will be held November 12-14 in Federal Way, WA. Those swimmers who qualified have their State events listed after their names below. Way to go, girls . . . best of luck in Federal Way! (FR=freestyle relay; MR=medley relay)

Kennewick High (4A)

Hailey Murphy—100 fly, 500 free (first time KHS has EVER been represented at State)

Richland High (4A)

Maggie Kleist

Ellen Liu

Danica Marlin

Aurora Oberg

Hannah Pickett—200 MR, 200 FR, 500 free

Meghan Pickett—200 MR, 200 FR

McKenzie Ruby—200 IM, 100 back, 200 MR, 200 FR
(broke RHS record in 100 back)

Nicole Weinman—200 & 500 free, 200 MR, 200 FR

Southridge High (4A)

Ariel Gambetty

Jennifer Ip

Natalie Ip

Katelyn McLaughlin—100 breast, 200 MR

Megan O'Leary—200 free, 100 back, 200 MR

Alisha Sanchez—50 free, 100 free, 200 MR

Walla Walla High (4A)

Tabitha Jones—200 free, 500 free

Tori Jones—200 MR, 200 Free Relay

Hanford High (3A)

Kristen Bennett—200 IM, 500 free, 200 FR,
400 FR

Nicole Christenson

Tess Jenkins

Shaylee Kieffer

Allison Maynes—400 FR

Elizabeth McCarthy

Yaritza Rodriguez

Christine Tixier—100 fly, 100 breast, 200 FR,
400 FR

Stephanie Tixier—100 fly, 100 free, 200 FR,
400 FR (broke HHS record in 100 free)

Prosser High (2A)

Mackenzie Gant—200 MR, 100 fly, 100 back

Hailey Rankin—200 MR, 200 IM, 100 breast

Hanna Rankin—200 MR, 200 free, 100 back

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Newsletter Editor

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Providing athletes with the environment to realize their potential and learn skills that will enable success in swimming and in life.



2009-2010 TCCC APPAREL PRICE LIST AND ORDER FORM

ORDERS MUST BE RECEIVED BY Monday, 11/30/09
FOR Monday, 12/14/09 DELIVERY to the TCCC pool deck during practice.
(3:30 – 5:30 pm) If you cannot pick up your order please make
arrangements prior to delivery.

If you would prefer your order to be mailed, please note
MAIL OPTION AT BOTTOM OF FORM.

NAME _____ PHONE # _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

ITEM	PRICE	QUANTITY	SIZE	TOTAL \$\$
Team T-shirt (youth S-XL, adult S-2XL) BRIGHT ORANGE 100%, TCCC logo front & slogan back, <i>new slogan in the works!!!</i>	\$15.00 \$16.50 2XL			
TCCC TIE-DYED T-shirt (youth S-L, adult S-2XL) ORANGE 100%, TCCC logo front	\$20.00 \$22.00 2XL			
Team MOM OR DAD T-shirt (adult S-2XL) WHITE 100% cotton, TCCC logo front & Tri-City Channel Cat MOM or DAD back. [Please circle: MOM or DAD]	\$15.00 \$16.50 2XL			
Team Hooded Sweatshirt (youth S-XL, adult S-2XL) NAVY , TCCC logo on front left chest.	\$25.00 \$27.00 2XL			
Team Sweatpants (youth S-XL, adult S-2XL) NAVY , TCCC left leg logo.	\$20.00 \$22.00 2XL			
PERSONALIZATION 2" WHITE LETTERS ON BACK OF SWEATSHIRT	\$4.00	PRINT NAME:		
Team Washed Twill Cap with TCCC embroidered logo BURNT ORANGE W/ NAVY TRIM	\$14.00			
Team Washed Twill Cap with TCCC embroidered logo NAVY W/ WHITE TRIM	\$14.00			

IF PERSONALIZING ORDER PLEASE FILL OUT ONE FORM FOR EACH ITEM.

NOTE: IF YOU HAVE QUESTIONS ON SIZES, PLEASE CHECK WITH ANOTHER SWIMMER
APPROXIMATELY YOUR SWIMMER'S SIZE. THERE WILL BE NO EXCHANGES – TEAM APPAREL IS
CUSTOM MADE TO ORDER.

_____ **PLEASE MAIL MY ORDER TO ADDRESS ABOVE, ADDED \$6.00 TO COVER COSTS.**_____

ANY QUESTIONS – CALL ANNE @ 509-526-5193 (BETWEEN 9AM – 5 PM) **TOTAL DUE:** _____
 (TAX INCLUDED)

PAYMENT MUST BE MADE WITH YOUR ORDER
MAKE CHECKS PAYABLE TO: ORIGINAL DESIGN

MAIL ORDERS TO:
ORIGINAL DESIGN
9 N. 2ND AVE.
WALLA WALLA, WA 99362