

**TRI-CITY CHANNEL CATS
AN INLAND EMPIRE SWIMMING TEAM**

The Channel Cat Chat



www.TriCityChannelCats.org

December 2009

Inside this issue:

Winter Break Schedule	3
Apparel Delivery	4
Meet Micah & Skyler	4
NEW Website!	5

**FOR YOUR
CALENDAR**



December 4-5

Christmas Invitational Swim Meet in Wenatchee, WA

December 8, 7:00pm

TCCC Board Meeting
CBRC Activities Room
Everyone is invited!

December 14

Pick up your apparel orders at the Court Club, 3-5pm

December 14

Channel Cat Tryouts, 6:30pm at the Court Club

December 17-20

Senior Champs Meet
Federal Way, WA

January 5

Scrip orders due to
Renee Schroder

January 8-10

January Storm Meet
Walla Walla, WA

January 29-30

Our Winter Invitational Meet in Ellensburg!

Turkeys Don't Trot; They Swim!

Channel Cats travelled to Cheney, Washington November 20-22, 2009 for the Turkey Trot Swim Meet. Sixty-nine swimmers saw snow in the air and fire on the water! The team recorded 284 new best times and even a couple of new team and Inland Empire Records by **Skyler Younkin**. We head into the holiday season with some terrific swimming . . .

Thirteen swimmers came away with all best times. Topping the list were **Cade Musick** and **Danica Marlin** with 8 for 8.

Seven out of 7 best times were nabbed by **Katie and McKenzie Schroder, Dominique Marlin, Alexis and Blair Murphy, Sean Stephens** and **William Wertz** (William also qualified for the Washington State Senior Champs meet in Federal Way!). Six out of 6 were achieved by **Micah Cruz, Makaylah Ferritto, Joseph Hendry** and **Skyler Younkin**. Even though she was just shy of all best times, **Alyssa Musick** had a great showing with 9 best times.

There were some milestone swims as well. Swimmers who broke :30 for the 50yd free, 1:00 for the 100yd free or 2:00 in the 200yd free were: **Robbie Pfaff, Micah Cruz, Alyssa Musick, Alexis Murphy, Scott Francis** and **Stephen Antoniak**. Some huge time drops were also worth noting. **Stephen Antoniak** dropped over 22 and 13 seconds in two of his races; **Tanner Collins** dropped over 11 and **Courtne Comrie** dropped over 34 seconds; **Micah** dropped over 15, 23 and 19 seconds in three of his races. That's some great swimming Micah! **Daniel Dohnalek** dropped over 10 seconds while **Cameron Edwards** dropped close to 13 seconds; **Jordan Hendry** dropped over 10 seconds in a race while **Danica Marlin** dropped time in three races by over 13,12 and 11 seconds! **Alyssa Musick** blasted out with nearly 28 second time drop as well as over 13 seconds. Her brother **Cade** dropped over 26 seconds as well. **Sarah Olsen** dropped over 13 seconds and **Tyler Pickett** dropped over 11 seconds. A great job for our senior swimmers to drop any time at this point in the season but that much?! Nice job! **Hailey Rankin** followed suit with over 13 seconds time drop too. The Schroder sisters had some great time drops as well: **Katie** took off over 13 and 15 seconds while **McKenzie** dropped over 16,10 and 11 seconds. And last but not least, **Porter Withers** had a fantastic time drop of over 38 seconds in his 200yd IM and over 10 seconds in his 100yd freestyle. That right there is some awesome swimming Channel Cats! Way to go.

We also had 4 new Channel Cats compete at the meet. Welcome to **Blaine and Katelynn Broberg, Abby Grimmatt** and **Kelly Makela**. They all had great swims. Congrats Cats.





Turkeys (Cont.) . . .



The best times list is as follows:

9 best times: Alyssa Musick

8 best times: Cade Musick and Danica Marlin.

7 best times: Katie and McKenzie Schroder, Dominique Marlin, Alexis and Blair Murphy, Sean Stephens, Keith Meline, Tyler Pickett and William Wertz and Kelly Makela.

6 best times: Stephen Antoniak, Cameron Edwards, Micah Cruz, Makaylah Ferritto, Joseph Hendry, Bertha Kim, Jordan Hendry, JaZee Griffith, Ashton Pollick, Iovani Rodriguez and Skyler Younkin.

5 best times: Cole Westendorf, Robbie Pfaff, Lindsay Nelson, Scott Francis, Daniel Dohnalek, Todd Dizon, Courtney Comrie and BreAnn Bell.

4 best times: Lisa Bratton, Ashley Christenson, Toby Dizon, Taylor Goodwin, Hailey Rankin and Porter Withers.

3 best times or less: Blaine and Katelynn Broberg, Abby Grimmatt, Ruth Chrisman, Taylor Fievez, Ryan Francis, Ariel Gambetty, Cheyenne Griffith, Marcia Kim, Mallory McAuley, Sarah Olsen, Jonathan Peacock, Trevor Sharp and Brayden Vickerman. Emma Pope, Mackenzie Ruby, Lauren Hall, Ally Fuller, Jake Douglas, Alexis Day, Andrew Blanchard, Max Timm-Ballard, Linnea Peacock and Tanner Collins, Eric Blanchard, Nick Connors, Alex Fievez, Addison Pollick, Andrew Peacock, Yaritza Rodriguez and Hannah Rankin.

The coaching staff was very pleased with the success of this meet. We would like to see better walls in the future both on backstroke turns and in the fly and breaststroke races where TWO HANDS need to touch! This meet was a great showing heading into the holidays and we are excited to see what our Channel Cats can do next!!!

The next meet is the CUDA Christmas Invite and then the Washington State Senior Champs Meet right before the holidays. Hope to see you at one of them!

From Our President

Channel Cats Families –

The Channel Cat hosted swim meet is scheduled for the end of January, have you contacted Renee or Paul Schroder to volunteer for one of the many tasks it takes to host a meet? We are expecting a much larger swim meet than years past, therefore it will take many helping hands. There are endless jobs and tasks, just volunteer and you will be put to work. Lets continue to set the standard on hosting a swim meet.

Fundraising has been off to a record start (poinsettia sales), but we have many upcoming fundraising events. The first is to solicit local businesses to support the Channel Cats in readying the Pasco pool for the upcoming long course season. Christy Peacock will be heading up a committee that will develop a business plan and team of volunteers that will be tasked with obtaining funds for purchasing the starting blocks. The needs list for the Pasco Pool is endless, but some of the items requiring replacement in the next few years include lane lines, sound system, additional canopies, etc. We have our work cut out! Certainly we cannot purchase everything this year, but getting good start is imperative. Please join me in supporting Christy in this important fundraising activity.

I would like to wish you all a happy and safe holiday,

Chris Musick, President—TCCC Board of Directors

2009-2010 BOARD OF DIRECTORS

President

Chris Musick
628-8998
Musicks1@msn.com

Vice President

Todd Schaeff
967-5137
Todd.Schaeff@pnl.gov

Secretary

Wendy Francis
628-1003
WendyFrancis@charter.net

Treasurer

Cristy Bratton
628-8190
C.Bratton@verizon.net

Co-Treasurer

Renee Schroder
619-1944
prschroder@hotmail.com

IES Representative

Doug Wertz
375-7716
DougWertz@charter.net

Member at Large—CBRC

Jeff Markillie
308-2234
JMarkillie@me.com

Member at Large—TCCC

Bart Connors
628-0640
Bart@basingold.com

Member at Large—Kia Ora

Kiane Lesser
628-0678
TheLessers@verizon.net





Upcoming Swim Meet Hotel Blocks

Winter Invite (Ellensburg), January 29 and 30, 2010 – Holiday Inn Express, held under “Tri-City Channel Cats”, 39 rooms (8 are King bed rooms) at \$109 + tax. 509-962-9400

Inland Empire SC Champs (Ellensburg), February 26 and 27, 2010 – Holiday Inn Express, held under “Tri-City Channel Cats”, 35 rooms at \$109 + tax. 509-962-9400

MLMR Invitational (Moses Lake), March 12 and 13, 2010 – Holiday Inn Express held under “Tri-City Channel Cats”, 15 rooms 509-766-2000

OUR COACHES

Head Coach, TCCC
Todd Stafek
 (509) 374-8550
toddstafek@charter.net
Assistant Coach:
Amanda Trembl

Head Coach, CBRC
Jennifer Tonkyn
 (509) 783-9612
RJTonkyn@verizon.net
Assistant Coach:
Rachel Wildey

Head Coach, Kia Ora
Karen Eddy
 (509) 628-2489

Blue WINTER BREAK SCHEDULE

	TCCC	CBRC	Kia Ora
Dec. 21-23	5:30-6:30pm	5:15-6:15pm	3:45-4:45pm 4:45-5:45pm
Dec. 24	NO PRACTICE	NO PRACTICE	NO PRACTICE
Dec. 25	NO PRACTICE	NO PRACTICE	NO PRACTICE
Dec. 28-30	5:30-6:30pm	5:15-6:15pm	3:45-4:45pm 4:45-5:45pm
Dec. 31-Jan. 3	NO PRACTICE	NO PRACTICE	NO PRACTICE



Bronze, Silver and Gold WINTER BREAK SCHEDULE

	TCCC	CBRC	Kia Ora
Dec. 21-23	Tu: 8:30-10:30am W: 6:45-8:45am M-W: 3:10-5:30pm	M-W: 3:00-5:15pm	M-W: 4:15-5:45pm
Dec. 24, 26 & 31	Th&S: 9:00-11:30am	NO PRACTICE	NO PRACTICE
Dec. 25	NO PRACTICE	NO PRACTICE	NO PRACTICE
Dec. 28-30	M&W: 6:45-8:45am Tu: 8:30-10:30am M-W: 3:10-5:30pm	M-W: 3:00-5:15pm	M-W: 4:15-5:45pm
Jan. 1-3	NO PRACTICE	NO PRACTICE	NO PRACTICE





Apparel Delivery Dec. 14!

Don't forget . . . Anne Jones will be delivering your Channel Cat apparel orders to the Tri-City Court Club pool on Monday, December 14, from 3:00-5:00pm unless you arranged for her to mail them to you. Anne also has the following overstock apparel available. Please contact her at AnneNorth@charter.net if you are interested.

Available Overstock:

- 8 Orange Hats
- 7 Navy Hats
- White Channel Cats Tank Tops-2 medium, 1 XL
- White T.C. Channel Cats Dad-1 XL
- Orange "Fear Is Good"-3 Large Youth, 1 Medium Youth, 1 XL Youth, 2 Small, 1 Large, 1 Medium
- Navy Sweats-2 Small Youth, 1 Medium Youth, 1 Large Youth, 1 XL Youth



Meet Micah Cruz

Micah (Silver at TCCC) is 14 years old and a 9th grader at Kamiakin High School. He lives in Kennewick and has been a Channel Cat for 1 year. When he's not swimming, Micah likes to play his guitar.

Favorite stroke: Breaststroke

Favorite event: 100 breast

Favorite meet: Turkey Trot '09 because I got best times in every event I swam

Favorite swim meet snack: Energy bars

Proudest swim moment: Winning the 200 breast at Turkey Trot '09

Swimming goal for this year: Make Sr. Sectional times in 100 & 200 breast

Favorite quote from Coach Todd: "Get in the water, Micah, practice started 10 minutes ago."

Favorite book: *Footfall* by Larry Niven and Jerry Pournelle



Meet Skyler Younkin

Skyler (Blue at CBRC) is 8 years old and a 3rd grader at Christ the King School. He lives in Richland and has been a Channel Cat for 1 year and 3 months. When he's not swimming, Skyler likes to play with Lego's.

Favorite stroke: Backstroke

Favorite event: 25 back

Favorite meet: Turkey Trot '09 because I broke Coach Jen's record!

Favorite swim meet snack: Premium Crackers

Proudest swim moment: When I beat Coach Jen's record in the 8 & Under 25 yard backstroke.

Swimming goal for this year: To set an IES record (check, he's got that one!)

Favorite advice from Coach Jen: She told me to squeeze my elbows in the breaststroke.

Favorite book: *Babe* by Dick King-Smith

Favorite movie: "Bolt"





New Website is Up and Running!

Our new website address is still www.tricitychannelcats.org. Everyone should have received their new password by now. If you have not received your password, then contact Coach Todd at toddstafek@charter.net or 374-8550. Everyone needs to check the website every day because there may be changes. A few of the things that we will be using the website for are:

- * Personal Information-you are able to update your personal information in My Account
- * Best Times-you are able to view your swimmers best times in My Meet Results
- * News-you are able to view the current news items and announcements
- * Events-you are able to view upcoming events. Most important are the swim meets. This is how you will now be signing up for meets. Hit Attend this Event and it will allow you to sign up for the meet as well as send Coach Todd any notes such as Saturday only or No Friday events. It will allow you to choose your events, but COACHES WILL HAVE THE FINAL SAY AS TO THE EVENTS THAT YOU ARE SWIMMING. Also, if you click on the actual name of the event, it will take you to that events page where you will be able to find the meet info and time standard for that meet (if it is a time standards meet). There will also be a registration deadline for the event. Please adhere to this deadline.
- * Swim groups-under this tab you can see the Channel Cats practice times at all facilities for all groups.
- * Calendar-in this tab it pops up the General Calendar and you can see all of the upcoming events for that month. There is also a workout calendar for all of the groups under Pick a Calendar.
- * Standards-this tab will give you an Excel spreadsheet of all of the time standards for that age group.
- * Records-will let you view the current Channel Cat records.
- * Documents-this tab will allow you to view this year's parent handbook, By-Laws, and Standing Rules. In addition, you can find the Welcome Letter, Training Fees Schedule, and the Volunteer Time Card.
- * Newsletter- you can view the last 6 months newsletter (YOU MUST BE LOGGED IN TO SEE THIS TAB).
- * Minutes-you can view the Board meeting minutes (YOU MUST BE LOGGED IN TO SEE THIS TAB).

P.O. Box 1668
Richland, Washington 99352

www.TriCityChannelCats.org

Newsletter Editor
Wendy Francis,
BOD Secretary
WendyFrancis@charter.net



Providing athletes with the environment to realize their potential and learn skills that will enable success in swimming and in life.

Scrip orders will be placed on the 5th of each month beginning in January. Please email your orders to Renee Schroder at prschroder@hotmail.com and mail your check to TCCC at P.O. Box 1668 Richland, WA 99352

