# TRI-CITY CHANNEL CATS AN INLAND EMPIRE SWIMMING TEAM The Channel Cat Chat The Channel Cat Chat

www.TriCityChannelCats.org FEBRUARY 2010

# **January Storm Recap**

Channel Cats took the January Storm meet that was held in Walla Walla January 8<sup>th</sup> – 10<sup>th</sup>, 2010 in a fury of great swimming. Fifty-eight of our swimmers attended and nabbed a total of 267 best times. Many Channel Cats stepped up their game and brought quite a show of great swims. **Emma Pickett** and **Addison Pollick** were our two top swimmers with all best times in everything they swam. They nabbed 9 out of 9 best swims. **Scott Francis** was close behind them with 10 best times and **Ashton Pollick** continued his competitive wrath with 9 best times. **Alexis Murphy** had a great meet also bringing in 9 best times too. Three swimmers had 8 out of 8 best times. They were **Daniel Dohnalek, JaZee Griffith** and **Luke Jackson. Justin Smith** nabbed 7 out of 7 best times and **Hailey Dikeman** came away with 6 best times out of 6 swims. **Cade Musick** went 5 for 5 and **Adin Anderson** continued his great swimming with 4 for 4 best times.

That's some great swimming right there and that doesn't even mention the big time drops, the milestone barrier broken and the new Age Group Sectional qualifiers.

Time drops worth noting start with **Scott Francis** who dropped over 46 seconds in the 500yd free! **Cade Musick** also had an impressive drop of 43 seconds! Woo-wee, nice job boys. **Bertha Kim** dropped over 18 and almost 16 seconds in two of her swims, **Hillary Petersen** dropped over 16 and 11 seconds, **Emma Pickett** dropped 13 and 10 seconds while **Ashton** dropped



Abby Grimmett and her dad.

Thanks to the Grimmett family for the photo!

almost 11 and 10 seconds: BreAnn Bell took 19 seconds off a best time while **Courtney Comrie** dropped almost 21; Mackenzie Gant dropped 11 seconds and Abby Grimmett took off 13 seconds; Katelyn McLaughlin dropped almost 13 seconds, Porter Withers dropped 14, Claire Schaef dropped 10, Justin Smith dropped almost12, Cole Westendorf took off over 16 and William Wertz dropped over 15 seconds in one of his races. Well done Channel Cats but not done with the "ooohs" and "ahhhs" yet. Hannah Pickett broke the 30second milestone by swimming faster than 30 seconds in the 50 yd freestyle for the first time. That earns her a big candy bar at banquet time. And rounding out the note-worthy swims were Cole Westendorf, Scott Francis and Luke Jackson. Cole earned himself 3 Age Group Sectional qualifying times for the first time and Luke earned his first. Scott added one more to his list as well. Way to go boys...congrats. One other congrats is in order as well. Addison Pollick (10yrs old) and Claire Schaef (9 yrs old) both braved the 200yd butterfly at

### Inside this issue:

Winter Invite Recap	2
Hotel Blocks	3
Meet Katelynn & Abby	5
Spring Plant Sale Info	

# FOR YOUR CALENDAR



### February 26-28

Inland Empire Short Course Champs in Ellensburg

### March 5

Scrip orders and payments due to Renee Schroder

### March 9, 7:00 p.m.

Channel Cat Board Meeting, CBRC Activities Room Everyone is invited!

### March 10-14

Western Senior Sectional Championships, Federal Way

### March 12-14

Moses Lake Manta Ray Invite, Moses Lake

### March 19-21

Northwest Section Age Group Championships, Federal Way

### May 6

Channel Cat Spring Plant Sale Delivery Date

### May 8

**Annual Awards Banquet** 



their own request. We coaches LOVE that kind of enthusiasm and desire to step up to a challenge!! Great job you two!!! I should also mention that Addison along with 3 other 10 yr old Channel Cat boys Cade, Cole and Porter all swam the 500yd freestyle as well. Love it... We just love to see that!

### The top times list is as follows:

10 best times: Scott Francis

9 best times: Alexis Murphy, Addison Pollick, Emma Pickett and Ashton Pollick.

8 best times: Daniel Dohnalek, JaZee Griffith, Luke Jackson, Blair Murphy and Alyssa Musick.

7 best times: Bertha and Marcia Kim, Blake Olin, Justin Smith and Cole Westendorf.

6 best times: Hailey Dikeman, Hailey Murphy, Claire Schaef, Cheyenne Griffith and Emma

Westendorf.

**5 best times:** Ryan Francis, Cade Musick, Sarah Olsen, Hillary Petersen, Emma Pope, Lindsay Przybylski, and Alisha Sanchez.

**4 best times:** William Wertz, Adin Anderson, James Bennett, Courtney Comrie, Victoria Heard, Tori Jones, Katelyn McLaughlin and Jeevan Philip.

**3 best times or less:** Porter Withers, Natalie Przybylski, Meghan Pickett, Hailey Rankin, Abby Grimmett, Mackenzie Gant, Ruth Chrisman, Kristen Bennett, BreAnn Bell and Delaney Anderson; Jorgan Andersen, Allyson Fuller, Anna Lesser, Lindsay Nelson, Aurora and Mylie Oberg, and Mackenzie and Katie Schroder; Skyler Younkin, Hannah Pickett, Hannah Rankin, Kaylyn Lesser and Tabitha Jones.

### **OUR COACHES**

Head Coach, TCCC Todd Stafek (509) 947-1727 toddstafek@charter.net Assist.: Justin Gerry

Head Coach, CBRC Jennifer Tonkyn (509) 783-9612 RJTonkyn@verizon.net Assist.: Rachel Wildey

Head Coach, Kia Ora Karen Eddy (509) 628-2489 keddy@clearwire.net

\*\*\*Channel Cats are looking mighty fine going into Championship season. Be sure you have your rooms reserved. And another reminder as well...Championship meets means each team will be responsible for timing an assigned lane. Be ready to represent our team and take your turn timing. Also, if your swimmer makes finals they need to return in the evening to swim again. There are strict penalties for a swimmer who misses a final at a Championship meet. Be sure the coaches know how to reach you in an emergency.

# Winter Invite Recap

I don't know what is in the water at Kia Ora but I think we should all have some! Eighty-nine Channel Cats attended our own Winter Invite in Ellensburg at the end of January and wow did they swim fantastically! We had some huge time drops, some who had all best times, some milestone swims accomplished, some age group sectional qualifiers, quite a few team records broken and a bunch of swimmers who competed as Channel Cats for the first time! There is a lot to talk about so here goes...

The remark regarding Kia Ora may make more sense when I mention the time drops of **Dante** and **Amanda Vega** and **Justin Smith**. Dante dropped...now get this...16,47, 16 and 14 seconds in 4 of his races. Amanda dropped 59 seconds! Justin followed suite dropping 41 ½ , 22 ½ , and 16 ½ seconds in three races. Nice job Cats! But lots of Channel Cats had big time drops. Others worth noting are **Delaney Anderson** who dropped 10 sec., **James Bennett** dropped 23, **Ruth Chrisman** dropped 37 and 15 seconds, **Courtney Comrie** dropped 55 and 13, **Scott Francis** dropped 11, **Esteli Garcia** dropped in three races (11, 13 ½ , and 11), **Victoria Heard** dropped almost 13 seconds and **Marcia Kim** dropped 36 and 12 seconds. **Kelly Makela** took 10 seconds off a swim too. **Elizabeth McCarthy** had a great meet dropping 23, 10, 20, 17 and 24 ½ seconds. Wow, girl, nice job! Also dropping time were **Jonathan** ( 37 and 19) and **Linnea Peacock** (12 sec.), **Cyrus Stephens** (who dropped 22 ½ , 13 and 21) and **Jessa VanWormer** who dropped 27, 16, 14 and 13 seconds. Whew...I don't care who you are that's some fine swimming right there.

We had a bunch of swimmers get all best times as well. Leading the group with 10 out of 10 best times were **Dante** and **Amanda Vega**, **Claire Megna** and **Victoria Heard** (all 4 from Kia Ora). Joining them are **Delaney Anderson** and **Cyrus Stephens** too. **Adin Anderson** was next with 9 out of 9 best times and **Olivia Gillet** and **Elizabeth McCarthy** earned 8 out of 8. We also had a big group of kids in the high numbers of best times but just missed getting all best times. Keep an eye on the best times list and you'll see. Milestone swims earned quite a few Channel Cats their big candy bar at our banquet in May. Breaking :30 in the 50yd free were **Blaine Broberg**, **Ruth Chrisman**, **Tanner Collins**, **Bertha Kim** (on the lead-off of

the relay!) and **Amanda** and **Dante Vega**. Breaking 1:00 in the 100yd free were **Hailey** and **Hanna Rankin** and **Dante Vega**. I have to mention that **Adin Anderson** was .04 away from that one....SO close.

There were some swimmers who qualified for Age Group Sectionals for the first time as well. Congrats to **Cole Westendorf** and **Skyler Younkin** both qualified for the big meet this March in Federal Way. Nabbing five new team records with the five best times that he swam was **Skyler Younkin**. Skyler was on fire taking down 2 of the records by 4 and 5 seconds. One of them was from 1982, 2 were from 1997 and one from 1996. I think we all want to know what he ate for breakfast too!

And finally, welcome to the swimmers who competed as Channel Cats for the first time. Congrats and welcome to Jesse and Justyne Fink, Phillip Fishburn, Cricket Hoffner, Kjerstyn Jordheim, Jeff Kern, Aiden Kirkham, Garreck Lenz and Ryan Monrean.

### The best times list is as follows:

**10 best times:** Delaney Anderson, Ruth Chrisman, Morgan Dooley, JaZee Griffith, Victoria Heard, Bertha Kim, Claire Megna, Cyrus Stephens and Amanda and Dante Vega.

**9 best times:** Justin Smith, Alyssa Musick, Marcia Kim, Luke Jackson, Tanner Collins, Blaine Broberg, BreAnn Bell and Adin Anderson.

**8 best times:** Courtney Comrie, Makaylah Ferritto, Justyne Fink, Scott Francis, Esteli Garcia, Olivia Gillett, Kelly Makela, Elizabeth McCarthy, Jonathan Peacock and Katie Schroder.

**7 best times:** Jessa VanWormer, McKenzie Schroder, Addison and Ashton Pollick, Lindsay Nelson and James Bennett.

**6 best times:** Katelyn Broberg, JaZee Griffith, Daniel Dohnalek, Ariel Gambetty, Kjerstyn Jordheim, Ryan Monrean, Lisa Tixier and Willaim Wertz.

**5 best times:** Cameron Edwards, Jesse Fink, Lauren Hall, John Markillie, Cade Musick, Claire Schaef, Christine Tixier, Emma Westendorf and Skyler Younkin.

4 best times or less: Cole Westendorf, Brayden Vlckerman, Sean Stephens, Hanna and Hailey Rankin, Sarah Olsen, Megan O'Leary, Aiden Kirkham and Alex Aldridge; Phillip Fishburn, Cheyenne Griffith, Abby Grimmett, Natalie Ip, Cricket Hoffner, Tori Jones, Jeff Kern, Garreck Lenz, Anna Lesser, Kaylyn Lesser, Katelyn McLaughlin, Linnea Peacock, Jeevan Philip, Emma Pope, Stephanie Tixier and Darby Ufford; Porter Withers, Nicole Weinman, Danny Tixier, Mylie Oberg, Tabitha Jones and Ryan Francis; Kristen Bennett, Taylor Fievez, Jennifer Ip, Aurora Oberg, Hilary Petersen, Mackenzie Ruby, Natilee Ruby and Max Timm-Ballard.

That was some mighty fine swimming and the coaching staff is excited going into our Championship season! This year's IES Short Course Champs might turn out to be a close one. Channel Cats want to continue our first place tradition so get pumped and ready to bring your best swims! And thanks to all the parents who worked hard to make our meet a success.

# 2009-2010 BOARD OF DIRECTORS

President

Chris Musick 628-8998 Musicks 1@msn.com

Vice President

Todd Schaef 967-5137 Todd.Schaef@pnl.gov

Secretary

Wendy Francis 628-1003 WendyFrancis@charter.net

**Treasurer** 

Cristy Bratton 628-8190 C.Bratton@verizon.net

Co-Treasurer Renee Schroder 619-1944

prschroder@hotmail.com

Past President
Mary Blanchard
628-1921
cmblanchard4@msn.com

IES Representative
Doug Wertz
375-7716
DougWertz@charter.net

Member at Large—CBRC Jeff Markillie 308-2234 JMarkillie@me.com

Member at Large—TCCC Bart Connors 628-0640 Bart@basingold.com

Member at Large—Kia Ora Kiane Lesser 628-0678 TheLessers@verizon.net

# Welcome, New Swimmers!

The Channel Cats would like to welcome the following new swimmers and their families: Hannah Bryan (Sam & Tisha), Kayla & Taylor Burnight (Thane & Michelle), Garreck Lenz (Brett & Dani), Jesse & Justyne Fink (David & Lisa), Phillip Fishburn (Mark & Amy), Spencer "Crickett" Hoffner (Mike & Clare), Jeff Kern (Dale & Kathy), Aidan Kirkham (Jim & Jadee), Ryan Monrean (Grant & Sandy), Joseph Szendre (Loren & Elizabeth), and Vanessa Whattam (Kevin & Maxine).





# From Our President

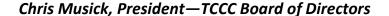
### Channel Cats Families -

Congratulations Channel Cat parents on hosting the Tri-City Invitational Winter Meet in Ellensburg, Wa. I heard nothing but rave reviews from the coaches, parents and officials. The meet was a huge success due to all the helping hands of the Channel Cat parents. I would like to thank Renee and Paul Schroder, meet directors, they did a fantastic job. It was great to see you all on deck.

In addition to all the upcoming championship swim meets over the next two months, we also have two

fundraising activities in full swing. The first is being led by Kristy Peacock, obtaining funds for the Pasco swim pool. The second is being led by Jennifer Stephens, the annual plant sales. Please contact Kristy and Jennifer on how you can help.

Lastly, the BOD has been fielding several questions regarding the Pasco Pool. We are monitoring the progress very closely with regard to whether it's ready for our summer swim meet. Our intentions are to hold the meet in Pasco, but we are reviewing backup plans. We have posted updated photo's on the website for you to monitor progress.







# Upcoming Swim Meet Hotel Blocks

Inland Empire SC Champs (Ellensburg), February 26 and 27, 2010 – Holiday Inn Express, held under "Tri-City Channel Cats", 35 rooms at \$109 + tax. 509-962-9400

MLMR Invitational (Moses Lake), March 12 and 13, 2010 – Holiday Inn Express held under "Tri-City Channel Cats", 15 rooms. 509-766-2000

Northwest Section Age Group Championships (Federal Way), March 18-21, 2010 – Contact the Comfort Inn Federal Way at (253) 529-0101. The block reservation (under "Tri-City Channel Cats") is for double-queen non-smoking rooms at \$89 per night, checking in on Thursday, March 18, and out on Sunday, March 21.

The next Scrip order will be placed on the 5th of March. Please email your orders to Renee Schroder at

prschroder@hotmail.com
and mail your check to TCCC at

P.O. Box 1668 Richland, WA 99352

## FROM OUR TREASURER

DON'T FORGET: Monthly bill payments are due by the 10th and considered late if not postmarked by the 20th!





# **Meet Katelynn Broberg**

Katelynn (Blue at the Court Club) is 10 years old and a 4th-grader in the North Franklin School District. She lives in Connell and has been a Channel Cat for 5 months. In addition to her passion for swimming, Katelynn likes to watch her baby sister, play piano, practice her flexibility and read.

Favorite stroke: Freestyle Favorite event: 100 IM

Favorite meet: Turkey Trot in Cheney because that was the first meet I went to and I liked everything there.

**Favorite swim meet snack:** Fruit, vegetables, and Gatorade

Proudest swim moment: When I got some medals last year in Toppenish.

Swimming goals for this year: To be a very fast swimmer and do better on the breast stroke. Favorite advice from Coach Todd: I like Coach Todd because he gives me great advice and he encourages me all the time.

**Favorite book:** Warriors: Fire and Ice by Erin Hunter Favorite movie: "Avatar"



# **Meet Abby Grimmett**

Abby (Blue at Kia Ora) is 10 years old and a 5th grader at Badger Mountain Elementary School. She lives in Richland and has been a Channel Cat for 3 months. When she's not swimming, Abby likes to hang out with her friends and her dog, Chloe.

Favorite stroke: Freestyle Favorite event: 50 breast

Favorite meet: January Storm in Walla Walla because I loved the pool and it was really organized.

Favorite swim meet snack: Chewy granola bars

Proudest swim moment: Winning all three of my heats Saturday at January Storm.

Swimming goal for this year: To come in first place in one of my events.

Favorite advice from Coach Karen: "Touch the wall with two hands so you don't get disqualified!" She always makes me feel good about trying hard.

Favorite book: Charlotte's Web by E.B. White Favorite movies: The Twilight movies

P.O. Box 1668 Richland, Washington 99352

www.TriCityChannelCats.org

**Newsletter Editor** Wendy Francis, **BOD Secretary** WendyFrancis@charter.net



Providing athletes with the environment to realize their potential and learn skills that will enable success in swimming and in life.

# Spring Plant and Color Bowl Sale

Soon you will receive materials for our annual Spring Plant & Color Bowl Sale. This will be the last chance of the season to raise funds toward your dues offset commitment. In the past, these plants have been beautiful and healthy, as well as reasonably-priced, and we expect the same this year. There is always a large variety of plants and flowers to choose from. So start

thinking about friends, neighbors, and relatives who love to plant flowers in the spring and let them know that you have a great fundraiser coming up that will make their plant shopping easy! If you have any questions, please contact Jennifer Kissee-Stephens at kissee-stephens@pocketinet.com or 967-0839.