

The Chatty Cats

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Special points of interest:

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October Fest Invitational

Our first meet of the new season is under our belt and the Channel Cats look to be on track for another fantastic year! The two-day Octoberfest Invitational Meet in El-lensburg (the weekend of October 8th and 9th) started out a bit tough. Going into the second day of the meet we were in second place with a pile of disqualification slips and some of our swimmers feeling a bit under the weather. But our 41 Channel Cats stepped up and swam tough, narrowly passing Velocity Swimming who was holding the lead after day one. Our coaches were very pleased with the way the team busted out some good swims and also brought home 2 high point winners! Well done team, way to go!

Cole Westendorf was high point winner for the 11-12 year boys' age group while Skyler Younkin nabbed the 10 & under boys' title as well. Way to start off the season with a bang! Congrats Cats.

We had two standout swimmers who earned best times in all 10 events they swam AND dropped a bunch of time to boot. BreAnne Bell topped the charts dropping 20 seconds in her 200 yd free and 200 yd. breaststroke as well as over 10 seconds in her 100 fly! Ooooh-weeee! Kjerstyn Jordheim followed suit (no pun intended) going 10 for

10 and dropping nearly 13 seconds in her 200IM and 17 seconds in her 100 yd Fly! Nice job ladies! Other Channel Cat swimmers who got personal best times in all of their events were: Hilary Petersen 9/9, Karl Kintner-Meyer 8/8. Daniel Dohnalek 8/8, and Brayden Vickerman 7/7. Well done, swimmers!!

We had a few more swimmers make some big time drops worth noting: Emily Good-night blasted best times dropping over 43 seconds, 14 seconds, and almost 45 seconds in 3 races! Wow Emily!! Cole Westendorf followed suit dropping 10 sec., 19 sec. and 70 seconds!! What did you eat Cole? That's awesome! Porter Withers dropped 16sec., 28sec. and 15 seconds in one day's worth of racing! Ooh-eee! And Karl (Kintner-Meyer) also had a great meet dropping 18, 13 and 13 seconds. Ethan Laudisio dropped over 14, 10 and 22 seconds in his races, Kelly Makela set new PR's (personal records) by 18, 13 and 13 seconds too. Jack Elliott dropped 21 and almost 16 seconds, Maddie Elliott dropped 14 seconds in 2 races, Aidan Pollick dropped 15 seconds in 2 races, Hilary Petersen dropped over 25 and 11 seconds, Brayden Vickerman dropped 16 and 21 seconds, Max Timm-Ballard took 15 seconds off one of her swims, John Markillie took 19 seconds off a swim while Skyler Younkin dropped 16 seconds, and Andrew Um dropped nearly 25 seconds off one of his races as well. A great first meet everyone!



October Fest Cont.

The Channel Cats recognize a few milestone swims that earn the swimmer a big candy bar at our annual awards banquet. Those milestones are breaking :30 in the 50 free, breaking 1:00 in the 100 free, breaking 2:00 in the 200 free and breaking 5:00 in the 500 yd. free. Our four swimmers who broke the :30 second milestone were Brayden Vickerman, Andrew Um, Karl Kintner-Meyer and Daniel Dohnalek. Congrats boys!! Nice swimming!

Some of our new swimmers competed as Channel Cats for the first time at this meet. Please join us in giving a big congrats and welcome to Mackenzie Suing, Rachel Smith, Karma Johnson, Broden Johnson, Vistoria Estes, Levi Chrisman, Lauren Bell and Ryan Barnard for their first meet! We know it is overwhelming but

you all did so well. Way to go Channel Cats!

Finally the best times list is as follows:

10 best times: BreAnne Bell and Kjerstyn Jordheim.

9 best times: Jack Elliott, Mad-die Elliott, Megan Gelston, Kelly Makela, John Markillie, Hilary Petersen and Skyler Younkin

8 best times: Daniel Dohnalek, Victoria Estes, Justyne Fink, Karl Kintner-Meyer, Aidan Pollick and Cole Westendorf.

7 best times: Brayden Vickerman, Andrew Um and Ethan Laudisio.

6 best times: Mackenzie Suing.

5 best times: Porter Withers, Emma Westendorf, Mackenzie Hale, Emily Goodnight, Levi Chrisman and Ryan Barnard.

4 best times: Lauren Bell, Ruth

Chrisman, Blake Olin, Addison Pollick, Ryan Shplet and Rachel Smith.

3 or less best times: Max Timm-Ballard, Amanda Suter, Emma Pope, Ashton Pollick, Karma Johnson and Abby Grimmett. Lindsay Nelson, Broden Johnson and Jesse Fink and Corey Bradshaw.

I hope I did not miss anyone. If there is an error please let me (Coach Jen) know. There were a lot of great things happening at this meet. The coaching staff was very pleased, and look forward to seeing how we swim at the Turkey Trot meet in mid-November in Spokane!



Our parents go to great lengths for our swimmers

If you have any photos that you would like to see in the upcoming Chatty Cat newsletter please e-mail them to Cheyenne Griffith at chatty.cats@charter.net

Welcome New Channel Cats

Ryan Barnard

Lauran Bell

Inthat Boonpongmanee

Trisha Boonpongane

Kylee cannon

Levi Chrisman

Ruthie Cicotte

Ryan Dikeman

Frances Marie (Frannie) Ello

Victoria Astes

Maeve Fogle

Emma Hagner

Madelaine Haynie

Lily Hill

Nathanael Jo

Broden Johnson

Karma Johnson

Aletha Kleis

Annie Lai

Amy McDonald

Brady Myers

Yifeng (Mike) quan

Cody Quinton

Rachel Schafer

Chloe Smart

Rachel Smith

Mackenzie Suing

Guiulia Szanyi

Kaitlyn Wright



Happy Birthday!

October Birthdays

1st	Ruth Chrisman (14), Jillian Hendry (13)	17th	Alexis Day (15), Hailey Dikeman (15), Alyssa Musick (14)	30th	Coach Rachel (23)
6th	Aurora Oberg (19)	20th	Hilary Petersen (11)	31st	Lucy Hernandez- Mejia (17)
7th	Trevor Sharp (18), Brayden Vickerman (13)	23rd	Cody Quinton (18)		
9th	Lily Hill (10)	28th	Daniel Dohnalek (14), Justine Fink (10)		
		29th	Lauren Bell (8)		

November Birthdays

2nd	Nicole Weinman (17)	10th	Olivia Gillett (11)	28th	Coley Levin (12)
3rd	Tess Jenkins (18)	16th	Ethan Laudisio (14)	30th	Elizabeth McCarthy (17)
5th	Danica Marlin (17)	19th	Kaitlyn Wright (15)		
7th	Ryan Barnard (11)				

