

**2017-2020 USA Swimming Age Group Motivational "B" Times  
2017 IES Long Course Championships Qualifying Times**

10 & Under Girls			Event	10 & Under Boys		
SC Yards	LC Meters				LC Meters	SC Yards
1:29.59	1:42.39		100 Free		1:40.69	1:27.79
3:19.19	3:45.79		200 Free		3:33.49	3:06.69
1:41.99	1:59.19		100 Back		1:55.69	1:40.19
1:58.09	2:16.69		100 Breast		2:11.29	1:53.59
1:53.99	2:09.99		100 Fly		2:07.79	1:52.39
3:38.49	4:09.39		200 IM		4:06.19	3:35.49
11-12 Girls				11-12 Boys		
SC Yards	LC Meters				LC Meters	SC Yards
1:13.59	1:24.49		100 Free		1:21.49	1:10.99
2:41.19	3:03.49		200 Free		2:57.89	2:35.69
7:09.09	6:23.89		400 Free		6:15.49	6:57.29
1:25.19	1:38.89		100 Back		1:36.79	1:22.19
2:47.29	3:13.19		200 Back		3:02.69	2:37.09
1:34.39	1:49.49		100 Breast		1:46.69	1:32.49
3:11.99	3:41.39		200 Breast		3:26.29	2:58.39
1:25.09	1:36.19		100 Fly		1:33.99	1:23.29
2:50.09	3:13.29		200 Fly		3:02.19	2:38.29
3:00.69	3:26.29		200 IM		3:24.69	2:57.59
6:05.79	6:57.39		400 IM		6:32.69	5:41.79
13-14 Girls				13-14 Boys		
SC Yards	LC Meters				LC Meters	SC Yards
2:33.19	2:55.09		200 Free		2:44.09	2:22.99
6:49.39	6:07.19		400 Free		5:49.09	6:26.59
23:23.49	24:06.39		1500 Free		23:06.49	22:18.89
2:47.29	3:13.19		200 Back		3:02.69	2:37.09
3:11.99	3:41.39		200 Breast		3:26.29	2:58.39
2:50.09	3:13.29		200 Fly		3:02.19	2:38.29
2:51.49	3:17.39		200 IM		3:05.29	2:39.99
6:05.79	6:57.39		400 IM		6:32.69	5:41.79
15 & Over Girls				15 & Over Boys		
SC Yards	LC Meters				LC Meters	SC Yards
2:29.89	2:50.89		200 Free		2:37.39	2:17.29
6:40.69	5:58.49		400 Free		5:33.69	6:12.59
23:05.19	23:43.89		1500 Free		22:08.99	21:35.39
2:44.09	3:09.09		200 Back		2:53.79	2:29.89
3:08.19	3:36.29		200 Breast		3:16.49	2:48.69
2:46.79	3:08.19		200 Fly		2:52.69	2:31.39
2:48.19	3:13.49		200 IM		2:56.59	2:32.69
5:57.59	6:47.89		400 IM		6:14.09	5:29.09