

For the first heat of an event:

Referee:	4-5 whistle blasts.
Announcer:	"Event (number), (gender), (distance), (stroke). Heat 1. Swimmer behind your block Mr./Mrs. Referee"
Referee:	1 long whistle blast. Additional long whistle blast if backstroke or medley relay.
Starter:	"Take your mark." Starting signal.
	Swimmers swim

For subsequent heats of the same event:

Referee:	4-5 whistle blasts.
A	"Heat (number) Swimmer behind your block Mr./Mrs. Referee"." (Starting with heat 2,
Announcer:	only the heat # is announced. Do not announce gender, distance, or stroke.)
Referee:	1 long whistle blast. Additional long whistle blast if backstroke or medley relay.
Starter:	"Take your mark." Starting signal.
	Swimmers swim
Continue in this pattern until all heats of this event have been swum.	

After all heats of a given heat have been swum, recycle back to the first heat of the next event.

Notes:

- The announcement of event #, gender, distance and stroke should immediately follow the 4-5 whistle blast
- Use the singular for distance (yard, not yards; meter not meters).
- Use the complete event name, not an abbreviation (individual medley, not IM; freestyle, not free; breaststroke, not breast; backstroke, not back; butterfly, not fly or butter).
- 1st, 2nd, 3rd final call should be for events only and not heats (Goal to provide 15 min at 1st call. 10 min at 2nd call and 5 min at 3rd call)