Blue Devil Swim Club Blue Devil BLIZZARD

January 14 – 16, 2022



Blue Devil Swim Club, Gurnee, IL

Sanctioned by USA Swimming, Inc. Sanction no. ILS0149-22 Blue Devil Blizzard January 14-16, 2022 Warren Township High School 500 N O'Plaine Rd Gurnee, IL 60031 Sanction #: ILS0149-22

In granting this sanction it is understood and agreed that USA Swimming and Illinois Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

| Meet Director | Entry Chair | Meet Referee |
|------------------------|-------------------------|------------------|
| Becki Houglum | Jami Omachel | Marilyn Wieland |
| beckihouglum@gmail.com | CoachJamiBDSC@gmail.org | mwieland@aol.com |

Safety Coordinator & IDPH Compliance Coordinator Karin Brown <u>karin@swimbdsc.org</u>

| Location: | Warren Township High School |
|-----------|-----------------------------|
| | 500 N O'Plaine Rd |
| | Gurnee, IL 60031 |

Facility:6 lane, 25 yard indoor pool permanent starting blocks, 12' at starting end, nonturbulent lane lines,
Colorado timing system, Four Color 8 lane electronic timing display, Seating capacity for 250
spectators.

Format: Timed Final This is a Positive Check-in Meet

| Session | Warm Up | Check-in Closes | Session Starts |
|---------------------|---------------|-----------------|----------------|
| Friday PM | 5:30pm | 5:50pm | 6:35pm |
| Saturday AM | 7:00-8:00am | 7:20am | 8:05am |
| Saturday PM | 12:00-1:00pm* | 12:20pm | 1:05pm |
| Sunday AM | 7:00-8:00am | 7:20am | 8:05am |
| Sunday PM | 12:00-1:00pm* | 12:20pm | 1:05pm |
| *donotos on onnrovi | mation | | |

*denotes an approximation

Rules and Safety: This meet is sanctioned by USA Swimming and Illinois Swimming, Inc. All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. USA Swimming Rule 202.3.4 Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited .

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

- MAAPP Policy: Pursuant to Illinois Swimming, Inc. mandate, all applicable adults participating or associated with respective meet to which this information applies, acknowledges that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand the compliance with the MAAPP Policy is a condition of participation in the conduct of this competition. All athletes 18 years of age and older must have completed Athlete Protection Training prior to the entry deadline.
- **COVID-19 Safety Plan** In applying for this sanctioned event, the Host, Blue Devil Swim Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Illinois Swimming. We have taken enhanced health and safety measures for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Eligibility:All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry
deadline. Entries listed as "Registration applied for" will not be accepted. A swimmer's age as of
January 14, 2022 will determine their age for the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When

unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."

| USA Swimming Inc. Membership | Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming may not participate in the meet or be on deck. |
|---------------------------------|--|
| Coaches | All coaches must be currently registered with USA Swimming and must provide proof of USA Coach Member registration. |
| Entries | Entries will only be accepted from 8:00am on Friday, December 10 ^{t h} 2021, in the order received until the meet has been filled. Teams not accepted into the meet will be notified as soon as it is determined that the meet is filled, and at least within 48 hours after the entry deadline. Hy-Tek Meet manager will be used to manage this meet. <u>Email is the only method of entry for this meet.</u> Time updates will be accepted until January 6th, 2022. |
| Entry Limit: | Individuals are limited to two individual events on Friday and four entry events per day on Saturday and Sunday, not including relays. Relay swimmers must be entered in at least one individual event. Current registration number, age, first name, middle initial, and last name must appear on all entry blanks. |
| Entry Fees: | Individual Event \$5.00 each Relay Event \$12.00 per relay |
| | Surcharge Per Swimmer \$17.00 - satisfies \$2.00 IL Swimming Athlete Fee + \$5.00 Facility Fee + \$10.00 Spectator Admissions. Checks are to be made payable to: Blue Devil Swim Club |
| * | A signed Summary Fee/Release Form must be received within 72 hours of the receipt of the email. Failure to follow these procedures shall be sufficient grounds for refusal of the entry. |
| | Mail checks to: Blue Devil Swim Club. PO Box 481 Gurnee, IL 60031 |
| Entry Limitations | All Friday Night Events may be subject to limitations to achieve an acceptable timeline. A copy of the psych sheet for these events will be sent to each team via email so that affected swimmers may be notified. We will try to accommodate affected swimmers by allowing an entry change. Information about entry change will be sent to the email provided on the release form. The host club reserves the right to swim a heat comprised of its own swimmers after the cuts have been made. |
| POSITIVE CHECK IN | Positive Check in will be with each club's designated coach for that session. Coaches should try to get all scratches to the scratch table as soon as possible. We would like to have all known scratches emailed to the entry chair prior to the start of the meet. |

BULLPEN There will be an on deck bullpen for 8 & Under.

SCORING Scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 for individual events (for High Point purposes).

SCRATCHES There are no penalties for scratching.

SEEDING Events will be seeded timed finals, swum slowest to fastest. If a swimmer enters more events than allowed, the entry chairperson will enter that swimmer to a maximum number allowed in that age group and will disregard any other entries for that swimmer for that day. The 1650 will be swum fastest to slowest alternating female and male.
 Short course yard times should be submitted for entry purposes. Long course meter and short course meter times will be considered non-conforming times and will be seeded in the slowest heats.

- **RELAY EVENTS** Preprinted relay sheets will be available at the beginning of each session. Coaches are to list the swimmers' last names, first initials, ages in the order of swimming. All relay sheets must be returned to the scorer's table no later than 40 minutes before the relay events.
- AWARDS Individual awards will be given to first through sixteenth place in each age group, with relay awards given to first through third place. The 13-14 age group will swim open events with 15 & Over, but will be scored and awarded separately for high point purposes.
 High Point customized awards will be given to the top 3 male and female swimmers in each age group; 8 & Under, 9-10, 11-12, 13-14, and 15 & over. Those swimmers under 13 years of age that choose to swim in the open events will not be included in their respective age groups for High Point for those events, but will receive an award for that event for their age group.

ADMISSIONS Blue Devils will not charge admission for spectators of the Blue Devil Blizzard Swim Meet. Swimmers have been charged a \$10.00 surcharge within the meet fees to cover admissions costs. A limited number of paper Heat Sheets will be available during the meet. Heat and Psyche sheets will be posted on our website at www.swimbdsc.org for each session.

- CONCESSIONS Food and beverages will be available. No glass containers of any kind will be allowed inside the pool complex or the adjoining building. No smoking or consumption of alcoholic beverages is allowed anywhere on the grounds. These rules will be strictly enforced. Any violation could result in the expulsion of a swimmer and/or team from the meet.
- MEET RESULTS All teams will be sent meet results. Results will also be available for download from our website, http://www.swimbdsc.org

PARKING Subject to the rules of the facility.

Swimmer With

Disabilities: In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

- Timing System:A fully automatic Colorado System 6 timing system with manual back-up buttons and back-up
watches for each lane.
- **Timers:** Visiting clubs **MAY** be responsible for providing timers.
- Conduct: All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 the use of camera phones or video recording devices in the locker rooms is prohibited. Deck changing is prohibited.

Racing Start Certification

- Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Image Authorization All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.

Blue Devil BLIZZARD

January 14-16, 2022 ORDER OF EVENTS

| | SESSION 1 | |
|-------|----------------------|------|
| | Friday PM | |
| Girls | Event | Boys |
| 1 | 12&U 500 Free | 2 |
| 3 | Open 500 Fr | 4 |
| 5 | 10&U 200 IM | 6 |
| 7 | 11-12 200 IM | 8 |
| 9 | Open 400 IM | 10 |
| 11 | 10&U 200 Free | 12 |
| 13 | 11-12 200 Free | 14 |
| 107 | Mixed Open 1650 Free | |

| | SESSION 2 | | | SESSION 3 | |
|-------|---------------------|------|-------|---------------------|------|
| | Saturday AM | | | Saturday PM | |
| Girls | Event | Boys | Girls | Event | Boys |
| 15 | 9-10 200 Med. Relay | 16 | 35 | 8&U 100 Med. relay | 36 |
| 17 | 11-12 200 Med Relay | 18 | 37 | Open 400 Med. Relay | 38 |
| 19 | 9-10 50 Back | 20 | 39 | 8&U 25 Back | 40 |
| 21 | 11-12 50 Back | 22 | 41 | Open 200 IM | 42 |
| 23 | 9-10 100 Free | 24 | 43 | 8&U 100 Free | 44 |
| 25 | 11-12 100 Free | 26 | 45 | Open 100 Free | 46 |
| 27 | 9-10 50 Breast | 28 | 47 | 8&U 25 Breast | 48 |
| 29 | 11-12 50 Breast | 30 | 49 | Open 200 Breast | 50 |
| 31 | 9-10 100 Fly | 32 | 51 | 8&U 50 Free | 52 |
| 33 | 11-12 100 Fly | 34 | 53 | Open 100 Back | 54 |
| | | | 55 | 8&U 50 Fly | 56 |
| | | | 57 | Open 200 Fly | 58 |

| | SESSION 4 | | | SESSION 5 | |
|-------|----------------------|------|-------|---------------------|------|
| | Sunday AM | | | Sunday PM | |
| Girls | Event | Boys | Girls | Event | Boys |
| 59 | 9-10 200 Free Relay | 60 | 83 | 8&U 100 Free Relay | 84 |
| 61 | 11-12 200 Free Relay | 62 | 85 | Open 400 Free relay | 86 |
| 63 | 9-10 50 Fly | 64 | 87 | 8&U 25 Free | 88 |
| 65 | 11-12 50 Fly | 66 | 88 | Open 200 Free | 90 |
| 67 | 9-10 100 Back | 68 | 91 | 8&U 25 Fly | 92 |
| 69 | 11-12 100 Back | 70 | 93 | Open 100 Fly | 94 |
| 71 | 9-10 50 Free | 72 | 95 | 8&U 100 IM | 96 |
| 73 | 11-12 50 Free | 74 | 97 | Open 50 Free | 98 |
| 75 | 9-10 100 IM | 76 | 99 | 8&U 50 Back | 100 |
| 77 | 11-12 100 IM | 78 | 101 | Open 200 Back | 102 |
| 79 | 9-10 100 Breast | 80 | 103 | 8&U 50 Breast | 104 |
| 81 | 11-12 100 Breast | 82 | 105 | Open 100 Breast | 106 |

Safety Requirements

Warm-up Procedure

General Warm-up (first 30 minutes)

- 1. NO DIVING allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
- 2. No sprinting or pace work allowed during this general warm-up session. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
- 3. Specific Warm-up (last 30 minutes)
- 4. Push/Pace Lanes Push off one or two lengths from starting end. Circle swim only. NO DIVING.
- **5. Diving Lanes** Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
- 6. General Warm-up Lanes NO DIVING. Circle swim only.
- **7.** At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

SAFETY GUIDELINES

Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at the meet.
- b. Coaches shall be on deck during the warm-ups and shall actively supervise their swimmers throughout all warmup sessions at the meet.

Marshaling

- a. Minimum of two marshals who report to and receive instructions from the Meet Referee and/or the Meet Director shall be on deck during the entire warm-up session. One marshal shall act as the Safety Coordinator, who should be a U.S.S. member.
- b. Marshals shall be current members of U.S.A. Swimming.
- c. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- d. Flagrant violations of safety requirements or warm-up procedures by a swimmer could result in the swimmer being barred from their next individual event.
- e. Host team shall provide signs for each lane at both ends of the pool which indicate the designated use during warm-up.
- f. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. USA Swimming **Safety guidelines and Warm-up procedures will be in affect at this meet.**

- g. An announcer shall be on duty for the entire warm-up period to announce lane and time changes and to assist with the conduct of the warm-up.
- h. Hazards in locker rooms, on the deck, or areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

MISCELLANEOUS

- a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up the blocks if there is a backstroker waiting to start.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time.
- d. Warm-up procedures shall be enforced for any breaks during competition. Note: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

THE POOL IS NOT FOR VISITING OR PLAYING DURING THE WARM-UP SESSIONS.

UNATTACHED SWIMMERS MUST REPORT TO THE SAFETY COORDINATOR BEFORE ENTERING THE POOL.

Blue Devil Blizzard

January 14 - January 16, 2022

USA Swimming, Inc. Sanction No. ILS0149-22

Complete this form and mail in with your check. Make checks payable to: **Blue Devil Swim Club**

Mail to: Blue Devil Swim Club PO Box 481 Gurnee, IL 60031

SUMMARY OF FEES

| Age Group | Number of Entries | Cost per entry | <u>Total</u> |
|--|-------------------|-------------------|--------------|
| | | | |
| 8 & Under | | At \$5.00 each = | |
| 9 & 10 | | At \$5.00 each = | |
| 11& 12 | | At \$5.00 each = | |
| Open | | At \$5.00 each = | |
| Relays | | At \$12.00 each = | |
| Total # of Swimmers (Illinois surcharge \$2.00 + Facility Fee \$5.00 + | | At \$17.00 each = | |
| Admissions Surcharge \$10.00) | | | |
| | | TOTAL FEES | |

CONTACT INFORMATION OF ENTRY PERSON:

| Name of Club: | | | |
|------------------------------|---------------------------------|-------|--|
| Club Code: | | LSC | |
| Names of USA Swimming regist | ered coaches attending the meet | | |
| Complete Mailing Address: | | | |
| Phone: | (Day) | (Eve) | |
| Email | | | |

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waive and release any and all rights and claims for damages which may occur against USA Swimming, Illinois Swimming Inc., Warren Township High School, Blue Devil Swim Club, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as representatives of my club. Furthermore, I attest that all athletes included in this entry and participating in this sanctioned/ approved event are duly registered as current athlete members of USA Swimming.

| Signature: | |
|------------|-------|
| Title: | Date: |

This signed release and your check for the full and correct amount must accompany entry or entry will not be accepted.