

weekly UPDATE



QUICK GLANCE

Here is a quick glance at what is happening this week at BDSC. Be sure to read the rest of the Weekly Update to get more details.

- **Swim Your Heart Out** - Both job sign-up and donations for Swim Your Heart Out is open. Volunteers needed. See below for more details.
- **Tuesday** - Boys HS meet at Waukegan, no practice for Blue. All other groups are normal at Warren. Please see schedule. All changes are highlighted in yellow.
- **Thursday** - Open Parent Board Meeting at 6:30 pm. All parents welcome.

Week of Feb 2 – 8

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|---|--|---|---|----------------------|---------------|
| Jr Devils 1 | 6:15 - 7:00pm Warren | Off | 6:15 - 7:00pm Waukegan | Off | 7:15 - 8:00pm Warren | Off |
| Jr Devils 2 | 7:00 - 7:45 pm Warren | Off | 7:00 - 7:45pm Waukegan | Off | 8:00 - 8:45pm Warren | Off |
| Blue | Off | Off | 6:15 - 7:30pm Warren | 6:15 - 7:30pm Waukegan | Off | Off |
| Bronze | 6:15 - 7:30pm Warren | Off | Off | 6:15 - 7:30pm Warren | 7:15 - 8:30pm Warren | Off |
| Silver | Off | 5:45 - 6:15pm Dryland 6:15 - 7:45pm Swim Warren | Off | 5:45 - 6:15pm Dryland 6:15 - 7:45pm Swim Warren | 5:45 – 7:15pm Warren | 6:15 - 7:45am |
| Gold | 6:30 - 7:30 pm Dryland 7:30 - 9:15pm Swim Warren | 6:15 - 8:00pm Swim Warren | 6:15 - 7:15 pm Dryland 7:15 - 9:00pm Swim Warren | Off | 5:45 – 7:15pm Warren | 6:15 - 7:45am |
| Senior 13 & Older | 6:30 - 7:30 pm Dryland 7:30 - 9:15pm Swim Warren | 6:15 - 8:00pm Swim Warren | 6:15 - 7:15 pm Dryland 7:15 - 9:00pm Swim Warren | 6:30 - 7:30 pm Dryland 7:30 - 9:15pm Swim Warren | 5:45 – 7:15pm Warren | 6:15 - 7:45am |
| Senior Advanced | 6:30 - 7:30 pm Dryland 7:30 - 9:15pm Swim Warren | 6:15 - 8:00pm Swim Warren | 6:15 - 7:15 pm Dryland 7:15 - 9:00pm Swim Warren | 6:30 - 7:30 pm Dryland 7:30 - 9:15pm Swim Warren | 5:45 – 7:15pm Warren | 6:15 - 7:45am |
| Elite | 6:30 - 7:30 pm Dryland 7:30 - 9:15pm Swim Warren | 6:15 - 8:00pm Swim Warren | 6:15 - 7:15 pm Dryland 7:15 - 9:00pm Swim Warren | 6:30 - 7:30 pm Dryland 7:30 - 9:15pm Swim Warren | 5:45 – 7:15pm Warren | 6:15 - 7:45am |

MEETS

- **CLOSED** - BDSC Swim Your Heart Out - Feb 13 - 15
- **OPEN** - Windy City Conference - Feb 22
- **OPEN** - Regionals - Feb 25 - March 1 (qualifiers only)
- Age Group State - March 12 - 15 (qualifiers only)
- Sectionals - March 12 - 15 (qualifiers only)
- NCSA - March 17 - 21 (qualifiers only)

DATES

- Open Parent Meeting - Thursday, Feb 5, 6:30 pm
- Last day of regular practice - Feb 27
- Tentative New Swimmer Tryout - March 16 - 19, more details to follow
- Tentative Returning Swimmer Start & Turn Clinic - March 30 - April 2, more details to follow
- Spring/Summer Season start - Monday, April 6, more details to follow.

END OF SEASON

I have gotten a few questions about the end of season. The last day of regular practice for this Fall/Winter part of the year is on Feb 27. If your swimmer qualifies for a championship meet, their practice will continue until that meet. Most swimmers will have March off. We will be offering a start & turn clinic again, probably the last week of March. Details will be coming out soon for that. The Spring/Summer part of the year, practice will start on April 6. Details to follow about practice times. Please remember that with the new registration system all swimmers are registered for the Spring/Summer and there will not be a separate registration. If you have questions about anything, please reach out to Coach Jami.

SWIM YOUR HEART OUT

Swim Your Heart Out is next weekend on Feb 13 - 15 at Rec Plex. These meets are only successful with the help of the parents volunteering to help. Both job sign-up and donations are open. **WE STILL NEED A LOT OF VOLUNTEERS FOR THIS MEET! As a reminder that every family is required to volunteer for at least 1 session of this meet.** Please click [here](#) to volunteer and [here](#) to donate. Also if you signed up to volunteer on Friday night, please double check that you're still on the list. We had some technical difficulties on that night.

REMINDERS

Please pick up:

- Team Apparel - if you ordered team apparel, we will be passing your order out to the swimmers since it is after the holidays.
- Team Pictures - Team pictures are in and will be placed in your folder located on the tables up in the stands.

MEETS

Our meet schedule is constantly changing and evolving. Please take note of the following upcoming meets:

- BDSC Swim Your Heart Out - Feb 13 - 15 - Full team commitment. **Entries Closed**
- Windy City Conference - Feb 22 - Open to all swimmers (can not swim events with regional cuts). **Entries close on Feb 6.**
- Regionals - Feb 27 - March 1 - **Entries Open** - qualifying times only for individual events, many swimmers will be needed for relays. Please mark your calendars, even if you don't qualify in an individual event.