

Understanding Chase Starts

For the 2022 May Mania Invite, we will be using chase starts for Fri pm, Sat and Sunday aml sessions of the meet. We are using chase starts so that we can get all swimmers to swim all their events that they were signed up for and achieve an acceptable timeline of 4 hours.

Chase starts are exactly what they sound like. Swimmers will be starting from opposite sides of the pool and will be chasing the swimmer in the previous heat.

Here is how it works;

- Once the heat sheet is produced, all events that are 100 meters or more will use the chase starts. All swimmers in the odd heats (Heats 1, 3, 5, 7, 9, etc..) will start at the Lake side of the pool. All swimmers in the even heats (Heats 2, 4, 6, 8, etc..) will be starting at the Waterpark side of the pool.
- All heats of the 50's will begin at the Waterpark side of the pool.
- Heat 1 will start at the Lakeside of the pool and will swim their event. Heat 2 will be whistled onto the blocks when heat 1 has completed 25 meters of their last 50. Heat 2 will be started when the last swimmer in heat 1 is around the 15-meter mark.
- Swimmers in heat 1 should exit the pool immediately upon finishing their race to avoid the swimmer in heat 2 from catching them.
- If any swimmer has trouble exiting the pool, they should move to the corner of the lane to allow the swimmer in the chase heat to execute their turn without interference. That swimmer should then exit the pool after the chase swimmer has completed their turn. If said swimmer needs to use the ladder on the side of the pool, then said swimmer should wait until all swimmers in the chase heat have executed the turn and then quickly make their way to the ladder and exit the pool.
- The process will continue in the same fashion, alternating the ends of the pool in which the swimmers start until the event is completed and then the next event will begin using the same process.

CHASE STARTS

**All Events 100 meters or
more**

**ODD Heats (1, 3, 5, 7, 9, etc...) LAKE
SIDE OF POOL**

**EVEN Heats (2, 4, 6, 8, etc...) WATER PARK
SIDE OF POOL**

**ALL 50's will begin at the
WATER PARK SIDE of
POOL**