

October							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	29-Sep	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct	5-Oct
White	5:30-7:00pm @ DHS	5:30-6:45pm@DHS	OFF due to DHS cl	OFF due to DHS cl	OFF due to DHS M	11-12:30pm@DHS	
Blue	6:45-8:15@DHS	6:45-8:30@DHS (L	OFF due to DHS cl	OFF due to DHS cl	OFF due to DHS M	11-12:30pm@DHS	
Red	6:45-8:30@DHS	6:45-8:45@DHS (L	OFF due to DHS cl	OFF due to DHS cl	OFF due to DHS M	9-11am@DHS	
Black DL	6:00-7:00 am @ D	OFF	6:00-7:00 am @ D	OFF due to DHS cl	OFF due to DHS M	OFF	
Black AM	OFF	OFF	OFF due to DHS cl	OFF due to DHS cl	6:00-7:15 am @ D	9-11am	
Black PM	6:30-8:15pm@DHS	5:30-7:30pm@DHS	OFF due to DHS cl	OFF due to DHS cl	OFF due to DHS M	OFF	
Fun & Fit 1 & 2	5:30-7:00pm @DHS	5:30-7:00pm@DHS	OFF due to DHS cl	OFF due to DHS cl	OFF due to DHS M	11-12:30pm	
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct	12-Oct
White	5:30-7:00pm @DHS	Fall Kick Off	5:30-7:00pm @DHS	5:30-6:45pm@DHS	5:30-6:45pm@DHS	11-12:30pm@DHS	OFF
Blue	6:45-8:15@DHS	Fall Kick Off	6:45-8:15@DHS	6:45-8:30@DHS (L	5:30-7:00pm@DHS	11-12:30pm@DHS	OFF
Red	6:45-8:30@DHS	Fall Kick Off	6:45-8:30@DHS	6:45-8:45@DHS (L	5:30-7:15pm@DHS	9-11am@DHS	OFF
Black DL	6:00-7:00 am @ D	Fall Kick Off	6:00-7:00 am @ D	OFF	OFF	OFF	OFF
Black AM	OFF	Fall Kick Off	OFF	OFF	OFF	9-11am	OFF
Black PM	6:30-8:15pm@DHS	Fall Kick Off	6:30-8:15pm@DHS	5:30-7:30 @DHS	5:30-7:30pm@DHS	OFF	OFF
Fun & Fit 1 & 2	5:30-7:00pm @DHS	Fall Kick Off	5:30-7:00pm @DHS	OFF	5:30-7:00pm @DHS	11-12:30pm	OFF
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct	19-Oct
White	5:30-7:00pm @DHS	5:30-6:45pm@DHS	5:30-7:00pm @DHS	5:30-6:45pm@DHS	NO PRACTICE (HAL	MMSC Meet	MMSC Meet
Blue	6:45-8:15@DHS	6:45-8:30@DHS (L	6:45-8:15@DHS	6:45-8:30@DHS (L	NO PRACTICE (HAL	MMSC Meet	MMSC Meet
Red	6:45-8:30@DHS	6:45-8:45@DHS (L	6:45-8:30@DHS	6:45-8:45@DHS (L	NO PRACTICE (HAL	MMSC Meet	MMSC Meet
Black DL	4:00-5:00 pm @ D	OFF	6:00-7:00 am @ D	OFF	OFF	MMSC Meet	MMSC Meet
Black AM	OFF	OFF	OFF	OFF	OFF	MMSC Meet	MMSC Meet
Black PM	6:30-8:15pm@DHS	5:30-7:30pm@DHS	6:30-8:15pm@DHS	5:30-7:30pm@DHS	NO PRACTICE (HAL	MMSC Meet	MMSC Meet
Fun & Fit 1 & 2	5:30-7:00pm @DHS		5:30-7:00pm @DHS	OFF	NO PRACTICE (HAL	MMSC Meet	MMSC Meet
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct	26-Oct
White	5:30-7:00pm @DHS	5:30-6:45pm@DHS	5:30-7:00pm @DHS	5:30-6:45pm@DHS	Rise Meet	Rise Meet	Rise Meet
Blue	6:45-8:15@DHS	6:45-8:30@DHS (L	6:45-8:15@DHS	6:45-8:30@DHS (L	Rise Meet	Rise Meet	Rise Meet
Red	6:45-8:30@DHS	6:45-8:45@DHS (L	6:45-8:30@DHS	6:45-8:45@DHS (L	Rise Meet	Rise Meet	Rise Meet
Black DL	6:00-7:00 am @ D	OFF	6:00-7:00 am @ D	OFF	Rise Meet	Rise Meet	Rise Meet
Black AM	OFF	OFF	OFF	OFF	6:00-7:15 am @ D	Rise Meet	Rise Meet
Black PM	6:30-8:15pm@DHS	5:30-7:30pm@DHS	6:30-8:15pm@DHS	5:30-7:30pm@DHS	Rise Meet	Rise Meet	Rise Meet
Fun & Fit 1 & 2	5:30-7:00pm @DHS	OFF	5:30-7:00pm @DHS	OFF	Rise Meet	Rise Meet	Rise Meet
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov	2-Nov
White	5:30-7:00pm @DHS	5:30-6:45pm@DHS	5:30-7:00pm @DHS	5:30-6:45pm@DHS	No Practice	OFF due DHS Mee	Off
Blue	6:45-8:15@DHS	6:45-8:30@DHS (L	6:45-8:15@DHS	6:45-8:30@DHS (L	No Practice	OFF due DHS Mee	Off
Red	6:45-8:30@DHS	6:45-8:45@DHS (L	6:45-8:30@DHS	6:45-8:45@DHS (L	No Practice	OFF due DHS Mee	Off
Black DL	6:00-7:00 am @ D	OFF	6:00-7:00 am @ D	OFF	No Practice	OFF due DHS Mee	Off
Black AM	OFF	OFF	OFF	OFF	No Practice	OFF due DHS Mee	Off
Black PM	6:30-8:15pm@DHS	5:30-7:30pm@DHS	6:30-8:15pm@DHS	5:30-7:30pm@DHS	No Practice	OFF due DHS Mee	Off
Fun & Fit 1 & 2	5:30-7:00pm @DHS	OFF	5:30-7:00pm @DHS	OFF	No Practice	OFF due DHS Mee	Off