

R=Required	O=Optional	Blank=Not Needed
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COHO Swim Club <u>REQUIRED SWIM PRACTICE GEAR</u>														
Female Practice Suit	Male Practice Suit	Practice Goggles	Practice Swim Cap	Equipment Mesh Bag	Pull Buoy	Ankle Lock	Starter Fins	Normal Fins	Power or DMC Fins	Hand Paddles	Finger Paddles	Nose Clip	Front Load Snorkels	Tempo Aid
Any Arena Practice Suit	Any Arena Practice Suit	Any Arena Goggles	Any Arena Caps	Arena One Go Mesh Bag	Arena Freeflow Pull Buoy II	Arena Ankle Band Pro	Arena Junior Fins	Arena Powerfin	Arena Powerfin Pro II	Arena Elite Hand Paddle 2	Arena Elite Finger Paddle	Arena Nose Clip Pro II	Arena Swim Snorkel III	Finis Tempo Trainer Pro
R	R	R	R	O										
R	R	R	R	O										
R	R	R	R	R	O	O	O					O	O	O
R	R	R	R	R	O	R	R					O	O	O
R	R	R	R	R	R	R	R	R		R	R	R	R	O
R	R	R	R	R	R	R	R	R	R		R	R	R	O
R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
R	R	R	R	R	O	R	O	R		O	O	R	O	
R	R	R	R	R	O	R		R		O	O	R	O	
R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
R	R	R	R	R	R	R	R	R	R	R	R	R	R	R
R	R	R	R	R	O			O	O	O	O	O	O	O