

# Express Swim Team

## Code of Conduct

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- All athletes are expected to follow the direction of the coaching staff.
- Pool rules are to be followed at all times in all facilities.
- Possession or use of alcohol, tobacco or illegal drugs is prohibited.
- Club members will refrain from any illegal or inappropriate behavior that could detract from a positive image of the Express Swim Team or be detrimental to its performance objectives.
- Club members will display proper respect and sportsmanship toward the District 99, FMC, 5 Seasons and other facility staff and building, as well as all coaches, officials, administrators, teammates, fellow competitors and the public, and the personal belongings of others.

All athletes and parents are expected to abide by these standards. Failure to comply with this Code of Conduct may result in financial restitution for any damages and will lead to the following sanctions:

1. First offense will be a warning (parent notified).
2. Second offense will be suspension from the team. The Head Coach will determine the length of the suspension based on the severity of the offense.
3. Third offense will be dismissal from the swim club.

Severe offenses may be grounds for immediate dismissal from the club. Examples include severe Safe Sport violations (as determined by the Head Coach), theft, fighting, use of alcohol or illegal drugs, and other illegal behavior.

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Athlete's Signature

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Date

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Parent's Signature

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Date