

# Heartland Hurricanes Swim Club

Fall / Winter Swim 2020-2021

## Covid policy

All swimmers must scan in when arriving for practice

Swimmers temperature will be taken upon entry to the complex

During 15 min stretching period please practice social distancing

Mask wearing on deck is recommended

Locker Rooms are open

If your swimmer is not feeling well or running a fever please stay home.

If your swimmer has been exposed please stay home, even if waiting on results

We can only have 46 kids in the water at a time (groups of 50 or less including the coaches and guards)

No spitting water

No parents on the competition pool deck, this includes before or during practice

We recommend no parents in the observation area during practice times

If a young lady or gentleman has hair past her shoulders, she or he must wear a cap

Every swimmer must have their own goggles

Each swimmer will have their own equipment (excluding Novice group)