

DGS = Downers Grove South
DGN = Downers Grove North
YMCA = Indian Boundary YMCA

December 2025

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YMCA = Indian Boundary YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
	Jr Hornets () X	Jr Hornets (YMCA) 7:15-8:15	Jr Hornets (YMCA) 7:15-8:15	Jr Hornets (YMCA) 7:15-8:15	Jr Hornets () X	LWSA Holiday Splash @ Lincoln Way Central HS 8 & Under (DGS) 12:00-1:00
	8 & Under (DGS) 6:00-7:00	8 & Under (DGN) 6:00-7:00	8 & Under (DGS) 6:00-7:00	8 & Under (DGS) 6:00-7:00	8 & Under (DGN) 6:00-7:00	
	Bronze (DGS) Swim: 6:00-7:00 Dryland: 7:15-7:45	Bronze (DGN) 6:00-7:00	Bronze (DGS) Swim: 6:00-7:00 Dryland: 7:15-7:45	Bronze (DGS) 6:00-7:00	Bronze (DGN) 6:00-7:00	Gold (DGS) 11:30-1:00
	Silver (YMCA) 7:15-8:45	Silver (DGS) Dryland: 6:30-7:15 Swim: 7:30-8:45	Silver (YMCA) 7:15-8:45	Silver (DGN) 7:30-9:00	Silver (YMCA) 6:15-7:45	Senior (DGS) 10:00-11:30
	Gold (DGS) 7:00-8:30	Gold (DGS) Dryland: 6:30-7:15 Swim: 7:30-9:00	Gold (DGS) 7:00-8:30	Gold (DGN) 7:30-9:00	Gold (DGN) 6:00-7:15	Sr. Performance (DGS) 10:00-12:00
	Senior Prep (DGN) 7:30-9:00	Senior Prep (YMCA) 7:15-8:45	Senior Prep (DGN) 7:30-9:00	Senior Prep (YMCA) 7:15-8:45	Senior Prep (DGN) 7:30-9:00	MOVIE NIGHT 6:00pm @ Cinemark Seven Bridges (registration required by 12/1)
	Senior (DGN) 7:15-9:00	Senior (DGN) 6:45-9:00	Senior (DGN) 7:15-9:15	Senior (DGS) 6:45-9:00	Senior (DGN) 7:00-9:00	
	Sr. Performance (DGS) 6:45-9:00	Sr. Performance (DGN) 6:45-9:00	Sr. Performance (DGS) 6:45-9:00	Sr. Performance (DGS) 6:45-9:00	Sr. Performance (DGN) 6:45-9:00 LWSA Holiday Splash @ Lincoln Way Central HS	

7	8	9	10	11	12	13
LWSA Holiday Splash @ Lincoln Way Central HS SCST 8 & Under Classic @ St. Charles North HS	Jr Hornets () X	Jr Hornets (YMCA) 7:15-8:15	Jr Hornets (YMCA) 7:15-8:15	Jr Hornets (YMCA) 7:15-8:15	Jr Hornets () X	Fox Holiday Classic @ Hobart HS
	8 & Under (DGS) 6:00-7:00	8 & Under (DGN) 6:00-7:00	8 & Under (DGS) 6:00-7:00	8 & Under (DGS) 6:00-7:00	8 & Under (DGN) 6:00-7:00	8 & Under (DGS) 11:30-12:30
	Bronze (DGS) Swim: 6:00-7:00 Dryland: 7:15-7:45	Bronze (DGN) 6:00-7:00	Bronze (DGS) Swim: 6:00-7:00 Dryland: 7:15-7:45	Bronze (DGS) 6:00-7:00	Bronze (DGN) 6:00-7:00	Bronze (DGS) 11:30-12:30
	Silver (YMCA) 7:15-8:45	Silver (DGS) Dryland: 6:30-7:15 Swim: 7:30-8:45	Silver (YMCA) 7:15-8:45	Silver (DGN) 7:30-9:00	Silver () X	Silver (DGS) 10:00-11:30
	Gold (DGS) 7:00-8:30	Gold (DGS) Dryland: 6:30-7:15 Swim: 7:30-9:00	Gold (DGS) 7:00-8:30	Gold (DGN) 7:30-9:00	Gold (DGN) 6:00-7:15	
	Senior Prep (DGN) 7:30-9:00	Senior Prep (YMCA) 7:15-8:45	Senior Prep (DGN) 7:30-9:00	Senior Prep (YMCA) 7:15-8:45	Senior Prep (DGN) 7:30-9:00	Sr. Prep (DGS) 10:00-11:30
	Senior (DGN) 7:15-9:00	Senior (DGN) 6:45-9:00	Senior (DGN) 7:15-9:15	Senior (DGS) 6:45-9:00	Senior (DGN) 7:00-9:00	
	Sr. Performance (DGS) 6:45-9:00	Sr. Performance (DGN) 6:45-9:00 LOU MALNATI'S FUNDRAISER	Sr. Performance (DGS) 6:45-9:00	Sr. Performance (DGS) 6:45-9:00	Sr. Performance (DGN) 6:45-9:00 Fox Holiday Classic @ Hobart HS	

14	15	16	17	18	19	20
Fox Holiday Classic @ Hobart HS	Jr Hornets () X 8 & Under (DGS) 6:00-7:00 Bronze (DGS) Swim: 6:00-7:00 Dryland: 7:15-7:45 Silver (YMCA) 7:15-8:45 Gold (DGS) 7:00-8:30 Senior Prep (DGN) 7:30-9:00 Senior (DGN) 7:15-9:00 Sr. Performance (DGS) 6:45-9:00	Jr Hornets (YMCA) 7:15-8:15 8 & Under (DGN) 6:00-7:00 Bronze (DGN) 6:00-7:00 Silver (DGS) Dryland: 6:30-7:15 Swim: 7:30-8:45 Gold (DGS) Dryland: 6:30-7:15 Swim: 7:30-9:00 Senior Prep (YMCA) 7:15-8:45 Senior (DGN) 6:45-9:00 Sr. Performance (DGN) 6:45-9:00	Jr Hornets (YMCA) 7:15-8:15 8 & Under (DGS) 6:00-7:00 Bronze (DGS) Swim: 6:00-7:00 Dryland: 7:15-7:45 Silver (YMCA) 7:15-8:45 Gold (DGS) 7:00-8:30 Senior Prep (DGN) 7:30-9:00 Senior (DGN) 7:15-9:15 Sr. Performance (DGS) 6:45-9:00	Jr Hornets (YMCA) 7:15-8:15 8 & Under (DGS) 6:00-7:00 Bronze (DGS) 6:00-7:00 Silver (DGN) 7:30-9:00 Gold (DGN) 7:30-9:00 Senior Prep (YMCA) 7:15-8:45 Senior (DGS) 6:45-9:00 Sr. Performance (DGS) 6:45-9:00	Jr Hornets () X 8 & Under () X Bronze () X Silver () X Gold () X Senior Prep () X Senior () X Sr. Performance () X WHTN Jingle Bell Classic @ Lederhouse Natatorium at Wheaton College	WHTN Jingle Bell Classic @ Lederhouse Natatorium at Wheaton College

21	22	23	24	25	26	27
Practices this week are TBD on Time/Location. Typically we are during the day at FMC Natatorium.						