



M3 AQUATICS TRAVEL CODE OF CONDUCT

(must be read and signed by each athlete prior to departing for a trip)

In accepting to be a part of M3 Aquatics, I agree to:

1. Commit to team goals, program requirements and procedures.
2. Display proper respect, honesty, and sportsmanship toward teammates, coaches, officials, parents, and fellow competitors
3. Refrain for any inappropriate or unacceptable behavior such as
 - a. Use of tobacco products
 - b. Consumption of alcoholic beverages
 - c. Use of any drugs (unless medically prescribed)
 - d. Any illegal activity
 - e. Abusive or inappropriate action toward another person
 - f. Use of explosives or explosive devices (i.e. fireworks, etc.)
4. Follow and obey team restrictions such as, curfews, lights out policies, and any other guidelines placed by a team coach, team chaperone, or any other authority figure.
 - a. Curfew – in own room by 10 p.m. (unless changed by coaching staff)
 - b. Lights out – 10:30 p.m.
 - c. No female athletes in male athlete's rooms and no male athletes in female athlete's rooms. NO EXCEPTIONS
5. **ALL SWIMMERS MUST RETURN FOR FINALS (this includes 9-10/11-12's)**
6. Represent M3 Aquatics with the honor, pride and dignity that is expected as an M3 Aquatics member, at all times.

Failure to abide by team rules and team expectations will result in the immediate return home of the athlete at the athlete's expense. Further disciplinary action may also be enforced upon the team's return.

By signing this Code of Conduct, the athlete takes on full responsibility for their actions traveling with M3 Aquatics.

(Athlete print name)

(Athlete's signature)

(Date)

(Parent print name)

(Parent's signature)

(Date)