



2017 Speedo Summer Splash

Hosted by the Palatine Park District Swim Team



Friday PM Warm Ups								
Lane	1	2	3	4	5	6	7	8
4:30-4:55	PPD	PPD	PPD	PPD	PPD	PPD	PPD	PPD
5:00-5:25	ACAD	ACAD	ACAD	ACAD	AA	AA	BLUE	PSC
5:25-5:50	MAVS	MAVS	MAVS	SAGE	SAGE	SAGE	LIFE WDST	SPD FAST

SAT/SUN Morning Warm ups									
Lane	1	2	3	4	5	6	7	8	Diving Well
7:00-7:25	PPD	PPD	PPD	PPD	SAGE	SAGE	MAVS	MAVS	PPD
7:25-7:50	LIFE	LIFE	BLUE	AA WDST	SPD PSC	LATT FAST	ACAD	ACAD	Open

SAT/SUN Afternoon Warm ups									
Lane	1	2	3	4	5	6	7	8	Diving Well
12:00-12:25	PPD	PPD	PPD	MAVS	MAVS	MAVS	PSC	LATT SPD	8 & U
12:25-12:50	SAGE	SAGE	LIFE	AA	BLUE WDST	ACAD	ACAD	ACAD FAST	8 & U