

Inscribirse en una competencia de natación.

1. Primero, inicie sesión en Team Unify (teamunify.com/ilrys).
2. Una vez que haya iniciado sesión, su pantalla debería verse como se muestra a continuación:

The screenshot displays the web interface for the YMCA of Rock River Valley Stingrays. At the top, there are logos for 'the Y' (YMCA), USA Swimming, and Illinois Swimming. The main header reads 'YMCA OF ROCK RIVER VALLEY YMCA STINGRAYS'. Below this is a navigation bar with links: Home, Schedules, Calendar, Time Standards, Records, Hosted Meets, Documents, and Parents. A left sidebar contains buttons for Sign Out, Help & Training, TU Updates (84), System, Feedback Zone, My Account, Team Admin, YMCA Admin, and Contact Us. A central banner promotes 'Introducing OnDeck 4.0' with a 'Learn More' button. Below the banner is a large photo of three young swimmers. To the right of the photo are buttons for Stingrays Coaches, Calendar, Stingrays Team Store, and Join the Team. A 'Welcome to the RAYS!!' message is displayed below the photo. At the bottom, there is a 'Questions? Email RAYS@rockriverymca.org' link and an 'Edit' button. A 'Sponsors' section is also visible. The 'Events' section at the bottom lists two events: 'SAGE/ELY @ Sage (10/8/2016)' and 'DC ST Barb Wire Classic', each with an 'Edit Commitment' button and a 'More...' link.

3. Haga clic en "Editar Compromiso" en la esquina inferior derecha de la competencia a la que desea inscribirse. Su pantalla se verá así:



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



YMCA OF ROCK RIVER VALLEY YMCA STINGRAYS

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Event Signup

[Athlete Signup](#) [Committed Athletes](#) [Undeclared](#) [Declined](#)

SAGE/ELY @ Sage (10/8/2016)

Oct 8, 2016 (08:00 AM)

My Account:
Hendrix, Melissa
815-520-9321
[Change Account](#) (Admin Only)

Registration Deadline:
10/03/2016

Meet Name:
[Sage vs. ELY and RRY](#)

Location:
Sage

Course:
YO

Meet Type:

Start Date:
10/8/16

End Date:
10/8/16

Age Up Date:
12/1/16

Use Date Since:
1/1/70

Enforce entry based on [Qualify Times]: **No**

Restrict entry [Best Time] to same [Meet Type]: **No**

Event Declaration Setting: **Commit by Session** » [Edit](#)

Maximum Event Entry Limitations » [View](#)

Allow Course Conversion for Relays: **No**

If Athlete qualifies for non-conforming course, default [Entry Time] to the mini. [Qualify Time]: **No**

[View/Edit All Meet Events](#) [Go Back to Event Home Page](#)

Click on Member Name to declare for this Event:

Member Name	Member Commitment	Coach Approved	Last Updated
Melissa Hendrix *Active	⊘ Undeclared		

4. En la parte inferior, verá el nombre de su nadador.
Haga clic en su nadador:

Member Name	Member Commitment	Coach Approved	Last Updated
Melissa Hendrix *Active	⊘ Undeclared		

5. En el menú desplegable, puede seleccionar "Sí, voy a la competencia" o "No".

Athlete Event Signup - By Day/Session

SAGE/ELY @ Sage (10/8/2016) (Oct 8, 2016 (08:00 AM))

Member Athlete:

Melissa Hendrix

*Signup Record

--SELECT-- ▼

Notes:

Please limit the size of the notes to no more than 256 characters.

 Save Changes

6. Para las competencias en las que puede elegir los eventos, verá los eventos disponibles para elegir. Para las competencias en las que los entrenadores eligen los eventos, verá que debe comprometerse con la "Sesión".

Athlete Event Signup - By Day/Session

SAGE/ELY @ Sage (10/8/2016) (Oct 8, 2016 (08:00 AM))

Member Athlete:

Melissa Hendrix

*Signup Record

Yes, please sign [Melissa] up for this event ▼

Meet Name:

Sage vs. ELY and RRY

Location:

Sage

Course:

YO

Meet Type:

Start Date:

10/8/16

End Date:

10/8/16

Age Up Date:

12/1/16

Use Date Since:

1/1/70

Enforce entry based on [Qualify Times]: **No**

Restrict entry [Best Time] to same [Meet Type]: **No**

Event Declaration Setting: **Commit by Session**

Maximum Event Entry Limitations

Allow Course Conversion for Relays: **No**

If Athlete qualifies for non-conforming course, default [Entry Time] to the mini. [Qualify Time]: **No**

Please select the Days/Sessions that this Athlete would like to attend below:

☒ **Day 1/Session 1**

Notes:

Please limit the size of the notes to no more than 256 characters.

7. Guardar Cambios