



# 2018 Illinois Swimming Summer Regional Championships

July 20-22, 2018

## Host

Peoria Area Water Wizards

## Location

Central Park Pool  
Peoria, IL

## Entry Deadline

Monday, July 16, 2018 @ 1:00 PM (CST)

# 2018 Illinois Swimming Summer Regional Championships

## Important Meet Items:

- o This meet follows all USA Swimming and current Illinois Swimming championship meet procedures.
- o All swimmers must be current members of USA Swimming and Illinois Swimming.
- o The qualification period for this meet is July 22, 2016 through the entry deadline (Monday, July 16, 2018).
- o Enter the 2018 Illinois Swimming Summer Regional Championships online at [www.usaswimming.org/OME](http://www.usaswimming.org/OME) beginning on Monday, June 11, 2018 and no later than 1:00pm (CST) Monday, July 16, 2018.
- o All events will be swum as timed finals.
- o All relays will be conducted as timed finals. Each team may enter two (2) relays per event. There are no qualifying times for relay events and relays will be part of team scoring.
- o **All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline.**
- o All Custom Entry Times must be pre-proven prior to the scratch deadline for Friday's events.
- o **Swimmers' and Coaches' Responsibility** – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information packet and any information or changes announced at the Coaches Meeting.

### Meet Director

RJ Greseth  
320-583-9182  
[coachrj@paww.org](mailto:coachrj@paww.org)

### Meet Referee

Kim Drury  
217-246-2861  
[jaskimdrury@gmail.com](mailto:jaskimdrury@gmail.com)

### OME/Entry Questions

Pam Lowenthal  
[pam.lowenthal@ilswim.org](mailto:pam.lowenthal@ilswim.org)  
(847) 824-1596

### Email Scratch Contact

RJ Greseth  
320-583-9182  
[coachrj@paww.org](mailto:coachrj@paww.org)

**Sanction:** Summer Regional Championships: ILL18-0804

**Host:** Peoria Area Water Wizards

**Location:** Central Park Pool 415 West Richmond Ave Peoria, IL 61604

**Facility:** 8 Lane, 25-yard indoor competition pool. Permanent starting blocks (within the USA Swimming regulations). Water depth is 5 feet at starting end. Non-turbulent lane lines. Colorado timing system 6. Seating capacity for 300 spectators. The competition course has not been certified in accordance with 104.2.2C(4) .

### Meet Schedule:

#### Friday PM (All Ages)

|                 |              |
|-----------------|--------------|
| <u>Warm-ups</u> | <u>Start</u> |
| 3:00pm          | 4:00pm       |

#### Sat. & Sun. AM (10&U, 11-12)

|                 |              |
|-----------------|--------------|
| <u>Warm-ups</u> | <u>Start</u> |
| 7:00am          | 8:00am       |

#### Sat. & Sun. PM (13-14, Open)

|                 |              |
|-----------------|--------------|
| <u>Warm-ups</u> | <u>Start</u> |
| 12:00pm         | 1:00pm       |

### Rules:

This meet is sanctioned by USA Swimming and Illinois Swimming. All USA Swimming and Illinois Swimming rules apply including safety rules, which will be strictly enforced. This meet follows all USA Swimming and current Illinois Swimming championship meet procedures. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

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**Eligibility:** All swimmers must be current members of USA Swimming and Illinois Swimming. Registration forms may be obtained from the ISI office, 847-824-1596, 1400 E. Touhy Suite 410, Des Plaines, IL 60018 or downloaded from the Illinois Swimming website. [www.ilswim.org](http://www.ilswim.org)

**Qualifying Times:** 2018 LC Championship Time Standards are included. Only swimmers having achieved qualifying times between July 22, 2016 and July 16, 2018 @ 1:00 PM are eligible for this meet. Entry times may be submitted in short course yards, long course meters, or short course meters.

**Entries:** All entries will be submitted thru OME and the USA Swimming web site. Entries may be submitted on-line beginning June 11, 2018 (12:01AM CST) and must be completed by Monday, July 16, 2018 at 1:00 pm CST. You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover. To pay by check please contact Illinois Swimming Office for payment instructions. For late entries, please refer to Illinois Swimming rule 206.8.11.

A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than ten (10) individual events during the meet. No swimmer shall be permitted to compete in more than four (4) individual events per day. All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline.

IMPORTANT: All custom entry times must be pre-proven prior to the Friday event scratch deadline.

**Entry Fees:** Individual Events: \$8.00 per entry  
Relay Events: \$16.00 per entry  
Illinois Swimming Surcharge: \$2.00 per athlete entered in the meet.

**Individual Events:** All individual events will be conducted as timed final events.

**Distance Events:** The 14&U 1000 Freestyle and Open 1000 Freestyle for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 14&U 1000 Freestyle and Open 1000 Freestyle for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together.

The 14&U 1650 Freestyle and Open 1650 Freestyle for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 14&U 1650 Freestyle and Open 1650 Freestyle for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 1650 Freestyle will be swum fastest to slowest, alternating between Women's and Men's heats.

**Distance Bonus Events:** Swimmers with an 800/1000 Freestyle qualifying time may enter the 1650 Freestyle event; swimmers with a 1500/1650 Freestyle qualifying time may enter the 1000 Free event. Swimmers must enter at the Long Course (LCM) non-conforming qualifying time in the event for which they do not have the current qualifying standard.

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**Relay Events:** All relay events will be conducted as timed final events. Relay entries may be proven as actual or aggregate ("add-up") times. For purposes of proving entry times a swimmer may be listed on only one relay team entered in each event. A swimmer may not be listed on both an aggregate and composite relay entry in the same event. All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline. Teams are limited to two (2) relay entries per event. There are no qualifying standards for relays and relays will count in the team scoring.

Each coach shall pick up relay entry forms from the Clerk of Course on which they shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation approximately one (1) hour prior to the start of the relays. However, relay order may be changed up to the time of the swim by informing the timers.

**Seeding:** Events shall be seeded in order of SCY, equivalent LCM, equivalent SCM, non-conforming SCY (distance events), non-conforming LCM (distance events).

**Positive Check-In:** All events will be Positive Check-in, timed finals. Each swimmer must check herself/himself in with the Clerk of Course at least forty (40) minutes prior to the start of each session for the events they will be swimming. Any swimmer who does not check-in with the Clerk of Course, prior to the deadline for Positive Check-In, will be scratched from all events for that day. Swimmers missing Positive Check-In will only be placed if and wherever any openings may occur, regardless of original seedtime. All swimmers will be expected to report for their events on time. No show rules will apply as stated in Illinois Swimming Championship meet rules.

**Scratches** ISI Championship scratch rules and procedures will be in effect at this meet. The Regional Championships meet is positive check- in, thus pre-meet scratching is not necessary. Scratch deadlines are as follows:

- Email scratches will be accepted until 1:00pm on Friday, July 19, 2018. Scratches submitted via email must be sent to RJ Greseth, [Coachrj@paww.org](mailto:Coachrj@paww.org). It is the responsibility of the sender to ensure that this email is received by the host club.

**Coaches Meeting:** There will be a coaches meeting on Friday, July 19, 2018 at 5:10pm. Additional meetings, if necessary, will be held 20 minutes prior to the start of each morning session. Each team or unattached swimmer must be represented.

**Warm-up:** ISI warm-up and safety procedures will be in effect.

**Eligibility Jury:** The Meet Director and the Program Operations Vice-Chair shall appoint an Eligibility Jury composed of at least of a coach, the Registration/Membership Coordinator and one other person in attendance.

**Technical Jury:** The Age Group Vice Chair and the Meet Director shall appoint a Technical Jury composed of at least one coach, one athlete and at least one, but not more than three other persons.

**Scoring:**

| SCORING BY PLACE         |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1                        | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| INDIVIDUAL EVENT SCORING |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 20                       | 17 | 16 | 15 | 14 | 13 | 12 | 11 | 9  | 7  | 6  | 5  | 4  | 3  | 2  | 1  |
| RELAY EVENT SCORING      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 40                       | 34 | 32 | 30 | 28 | 26 | 24 | 22 | 18 | 14 | 12 | 10 | 8  | 6  | 4  | 2  |

**Awards:** Team awards will be given for the top 3 combined teams. Awards will be given to the top 8 finishers in individual events, and the top three finishers in relay events.

**Meet Results:** Meet results will be available on the Illinois Swimming website ([www.ilswim.org](http://www.ilswim.org)) within 48 hours following the conclusion of the meet.

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|                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Deck Access:</b>             | Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of the meet. Officials must display their current card from OTS at all times of the meet.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Timers:</b>                  | Each team with swimmers in the meet may be asked to provide timers. A list of lane assignments for each team will be posted at least 48 hours prior to the meet. Swimmers in the 1650 must provide their own timer and counter.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Officials:</b>               | Officials interested in working should submit the application, found on the ISI website under the officials tab. They can also direct questions regarding officiating to Kimberly Mozdierz-Frank at <a href="mailto:kitome4@gmail.com">kitome4@gmail.com</a> . A mandatory briefing for all officials working the meet will begin 1 hour before the start of each session.                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Admissions:</b>              | Admissions will be charged for entrance to each session. Heat sheets will be made available for sale. The Host Club will set these prices.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Concessions and Vendors:</b> | Oceans Apparel will be selling event specific apparel. Concessions will be available for purchase at the venue.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Conduct:</b>                 | All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Deck changing is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| <b>Image Authorization:</b>     | All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Liability:</b>               | In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Peoria Area Water Wizards Swim Team (host club), Peoria, Illinois, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.                                                                                                            |

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| Day 1      |                       |    | Day 2                 |                       |     | Day 3                    |                          |     |
|------------|-----------------------|----|-----------------------|-----------------------|-----|--------------------------|--------------------------|-----|
|            |                       |    | AM Session            |                       |     | AM Session               |                          |     |
|            |                       | 15 | 12&U 500 Freestyle    | 16                    | 69  | 10&U 200 Freestyle       | 70                       |     |
|            |                       | 17 | 10&U 100 Butterfly    | 18                    | 71  | 12&U 200 Freestyle       | 72                       |     |
|            |                       | 19 | 12&U 100 Butterfly    | 20                    |     | **AWARDS**               |                          |     |
|            |                       |    | **AWARDS**            |                       | 73  | 10&U 50 Butterfly        | 74                       |     |
|            |                       | 21 | 10&U 50 Freestyle     | 22                    | 75  | 12&U 50 Butterfly        | 76                       |     |
|            |                       | 23 | 12&U 50 Freestyle     | 24                    |     | **AWARDS**               |                          |     |
|            |                       |    | **AWARDS**            |                       | 77  | 10&U 100 Backstroke      | 78                       |     |
|            |                       | 25 | 10&U 100 Breaststroke | 26                    | 79  | 12&U 100 Backstroke      | 80                       |     |
|            |                       | 27 | 12&U 100 Breaststroke | 28                    |     | **AWARDS**               |                          |     |
|            |                       |    | **AWARDS**            |                       | 81  | 10&U 50 Breaststroke     | 82                       |     |
|            |                       | 29 | 10&U 50 Backstroke    | 30                    | 83  | 12&U 50 Breaststroke     | 84                       |     |
|            |                       | 31 | 12&U 50 Backstroke    | 32                    |     | **AWARDS**               |                          |     |
|            |                       |    | **AWARDS**            |                       | 85  | 10&U 100 Freestyle       | 86                       |     |
|            |                       | 33 | 10&U 200 IM           | 34                    | 87  | 12&U 100 Freestyle       | 88                       |     |
|            |                       | 35 | 12&U 200 IM           | 36                    |     | **AWARDS**               |                          |     |
|            |                       |    | **AWARDS**            |                       | 89  | 10&U 100 IM              | 90                       |     |
|            |                       | 37 | 10&U 200 Medley Relay | 38                    | 91  | 12&U 100 IM              | 92                       |     |
|            |                       | 39 | 12&U 200 Medley Relay | 40                    |     | **AWARDS**               |                          |     |
|            |                       |    | **AWARDS**            |                       | 93  | 10&U 200 Freestyle Relay | 94                       |     |
|            |                       |    |                       |                       | 95  | 12&U 200 Freestyle Relay | 96                       |     |
|            |                       |    |                       |                       |     | **AWARDS**               |                          |     |
| PM Session |                       |    | PM Session            |                       |     | PM Session               |                          |     |
| 1          | 12&U 200 Butterfly    | 2  | 41                    | Open 500 Freestyle    | 42  | 97                       | Open 200 Freestyle       | 98  |
| 3          | 10&U 500 Freestyle    | 4  | 43                    | 14&U 500 Freestyle    | 44  | 99                       | 14&U 200 Freestyle       | 100 |
|            | **AWARDS**            |    |                       | **AWARDS**            |     |                          | **AWARDS**               |     |
| 5          | 12&U 200 Breaststroke | 6  | 45                    | Open 100 Butterfly    | 46  | 101                      | Open 200 Butterfly       | 102 |
| 7          | 14&U 1000 Freestyle   | 8  | 47                    | 14&U 100 Butterfly    | 48  | 103                      | 14&U 200 Butterfly       | 104 |
| 9          | Open 1000 Freestyle   | 10 |                       | **AWARDS**            |     |                          | **AWARDS**               |     |
|            | **AWARDS**            |    | 49                    | Open 50 Freestyle     | 50  | 105                      | Open 100 Backstroke      | 106 |
| 11         | 12&U 200 Backstroke   | 12 | 51                    | 14&U 50 Freestyle     | 52  | 107                      | 14&U 100 Backstroke      | 108 |
|            | **AWARDS**            |    |                       | **AWARDS**            |     |                          | **AWARDS**               |     |
| 13         | 12&U 400 IM           | 14 | 53                    | Open 100 Breaststroke | 54  | 109                      | Open 200 Breaststroke    | 110 |
|            | **AWARDS**            |    | 55                    | 14&U 100 Breaststroke | 56  | 111                      | 14&U 200 Breaststroke    | 112 |
|            |                       |    |                       | **AWARDS**            |     |                          | **AWARDS**               |     |
|            |                       |    | 57                    | Open 200 Backstroke   | 58  | 113                      | Open 100 Freestyle       | 114 |
|            |                       |    | 59                    | 14&U 200 Backstroke   | 60  | 115                      | 14&U 100 Freestyle       | 116 |
|            |                       |    |                       | **AWARDS**            |     |                          | **AWARDS**               |     |
|            |                       |    | 61                    | Open 400 IM           | 62  | 117                      | Open 200 IM              | 118 |
|            |                       |    | 63                    | 14&U 400 IM           | 64  | 119                      | 14&U 200 IM              | 120 |
|            |                       |    |                       | **AWARDS**            |     |                          | **AWARDS**               |     |
|            |                       |    | 65                    | Open 200 Medley Relay | 66  | 121                      | Open 200 Freestyle Relay | 122 |
|            |                       |    | 67                    | 14&U 200 Medley Relay | 68  | 123                      | 14&U 200 Freestyle Relay | 124 |
|            |                       |    |                       | **AWARDS**            |     |                          | **AWARDS**               |     |
|            |                       |    |                       |                       | 125 | Open 1650 Freestyle      | 126                      |     |
|            |                       |    |                       |                       | 127 | 14&U 1650 Freestyle      | 128                      |     |
|            |                       |    |                       |                       |     | **AWARDS**               |                          |     |

\*\*All 12&U events shall follow the 11-12 Illinois Swimming championship time standards for the maximum qualifying standard.\*\*

\*\*All 14&U events shall follow the 13-14 Illinois Swimming championship time standards for the maximum qualifying standard.\*\*

| ECST      | LWSA      | LYON      | PAWW      | SCT       | SWAQ      |
|-----------|-----------|-----------|-----------|-----------|-----------|
| ACAD (Au) | ACAD (Bo) | BRRY      | ACAD (Sp) | BSC       | AA        |
| ACAD (Ba) | ACAD (RB) | BSA       | BASC      | CATS      | BDSC      |
| ACAD (Sc) | ACAD (Ro) | CHAMP     | BNSC      | COHO      | BLUE      |
| BTS       | ACAD (W)  | EASC      | BNY       | GA        | CLSC      |
| DCST      | BBSC      | EST       | DDST      | LFSC      | CPD       |
| DLTA      | CSAT      | EXPR      | DOCS      | LTIL (VH) | CSSC      |
| DUND      | GILS      | FOX       | EMSC      | MMSC      | CWAC      |
| ECST      | HFSC      | HOSC      | FAST      | NTA       | GTAC      |
| ELY       | HWSA      | HSC       | FFSC      | PAC       | HPAC      |
| FVFY      | JETS      | LTIL (BR) | FPWW      | PALA      | IGSC      |
| HTSW      | JPD       | LYON      | GGST      | PPD       | KNAC      |
| LTIL (A)  | LHSC      | MAVS      | HEAT      | SCT       | LATT      |
| LTIL (BI) | LPD       | NAPY      | HHSC      | VHST      | LSF       |
| LTIL (Ro) | LTIL (OO) | OLSA      | HUBM      |           | LTIL (Sc) |
| LTIL (W)  | LTIL (OP) | RASC      | ILVY      |           | MANN      |
| MAC       | LWSA      | TSSC      | JAXY      |           | MDWY      |
| MMAC      | NAC       | ULT       | LYNX      |           | MYST      |
| RMSC      | OFSA      |           | MARL      |           | PASS      |
| SAGE      | POSA      |           | MBLM      |           | RA        |
| SCST      | TPT       |           | MSSC      |           | SSC       |
| SPD       | WEST      |           | OCS       |           | SWAQ      |
| TIDE      |           |           | ORCA      |           | TOPS      |
| WCS       |           |           | PACE      |           | TST       |
| WDST      |           |           | PAWW      |           | WILD      |
| WHTN      |           |           | QFY       |           | WSO       |
| WSCS      |           |           | RED       |           | Y2K       |
|           |           |           | SBD       |           | YWFF      |
|           |           |           | SPY       |           |           |
|           |           |           | SSSC      |           |           |
|           |           |           | SST       |           |           |
|           |           |           | Y-DSC     |           |           |





# Illinois Swimming 2018 Long Course Time Standards



| GIRLS    |          |          |          |          |          |                | BOYS     |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|----------------|----------|----------|----------|----------|----------|----------|
| LCM      |          | SCM      |          | SCY      |          | 10&Under       | SCY      |          | SCM      |          | LCM      |          |
| CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |                | CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |
| 34.79    | 38.29    | :33.39   | :36.69   | :30.09   | :33.09   | 50 Free        | 30.19    | 33.19    | 33.49    | 36.79    | 34.89    | 38.39    |
| 1:17.59  | 1:25.39  | 1:14.59  | 1:21.99  | 1:07.19  | 1:13.89  | 100 Free       | 1:06.59  | 1:13.29  | 1:13.89  | 1:21.29  | 1:18.29  | 1:26.09  |
| 2:49.89  | 3:06.89  | 2:44.49  | 3:00.99  | 2:28.19  | 2:42.09  | 200 Free       | 2:27.79  | 2:42.59  | 2:44.09  | 3:00.49  | 2:51.89  | 3:09.09  |
| 5:49.29  | 6:50.59  | 5:39.79  | 6:39.49  | 6:28.29  | 7:40.59  | 400/500 Free   | 6:28.29  | 7:44.69  | 5:39.79  | 6:47.99  | 5:49.29  | 6:56.79  |
| :40.89   | :45.09   | :39.49   | :43.49   | :35.59   | :39.19   | 50 Back        | :35.79   | :39.39   | :39.69   | :43.69   | :41.59   | :45.79   |
| 1:29.29  | 1:38.29  | 1:25.49  | 1:33.99  | 1:16.99  | 1:24.69  | 100 Back       | 1:17.49  | 1:25.29  | 1:25.99  | 1:34.69  | 1:29.29  | 1:38.39  |
| 46.89    | 51.59    | 44.49    | 48.89    | 40.09    | 44.09    | 50 Breast      | :40.89   | :44.99   | :45.39   | :49.89   | :48.49   | :53.39   |
| 1:42.89  | 1:53.19  | 1:37.49  | 1:47.19  | 1:27.79  | 1:36.59  | 100 Breast     | 1:29.99  | 1:39.09  | 1:39.89  | 1:49.99  | 1:44.79  | 1:55.49  |
| :38.79   | :42.69   | 37.79    | 41.59    | 34.09    | 37.49    | 50 Fly         | :34.09   | :37.49   | :37.79   | :41.59   | :39.79   | :43.79   |
| 1:34.29  | 1:43.69  | 1:28.79  | 1:37.69  | 1:19.99  | 1:27.99  | 100 Fly        | 1:20.79  | 1:28.89  | 1:29.69  | 1:38.69  | 1:37.99  | 1:47.79  |
|          |          | 1:25.79  | 1:34.39  | 1:17.29  | 1:24.99  | 100 IM         | 1:17.79  | 1:25.59  | 1:26.39  | 1:34.99  |          |          |
| 3:13.89  | 3:33.29  | 3:05.69  | 3:24.29  | 2:47.29  | 3:03.99  | 200 IM         | 2:48.09  | 3:05.09  | 3:06.59  | 3:25.49  | 3:11.39  | 3:31.19  |
| 2:30.29  |          | 2:22.59  |          | 2:08.49  |          | 200 Free Relay | 2:10.59  |          | 2:24.99  |          | 2:35.59  |          |
| 2:50.99  |          | 2:41.19  |          | 2:25.19  |          | 200 Med. Relay | 2:28.29  |          | 2:44.59  |          | 2:57.89  |          |
| LCM      |          | SCM      |          | SCY      |          | 11/12          | SCY      |          | SCM      |          | LCM      |          |
| CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |                | CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |
| :30.69   | 34.29    | :29.59   | 33.29    | :26.99   | 29.99    | 50 Free        | :26.59   | 29.59    | :28.99   | 32.89    | :30.09   | 34.19    |
| 1:06.99  | 1:14.39  | 1:04.79  | 1:12.19  | :58.29   | 1:04.99  | 100 Free       | :57.89   | 1:04.69  | 1:03.89  | 1:11.79  | 1:06.39  | 1:15.49  |
| 2:25.49  | 2:42.89  | 2:19.89  | 2:37.49  | 2:08.19  | 2:21.79  | 200 Free       | 2:08.19  | 2:21.89  | 2:19.49  | 2:37.49  | 2:24.99  | 2:44.99  |
| 5:09.29  | 5:45.19  | 4:57.39  | 5:30.79  | 5:42.19  | 6:18.59  | 400/500 Free   | 5:43.59  | 6:18.29  | 4:57.49  | 5:30.59  | 5:09.39  | 5:51.29  |
| 11:12.79 |          | 10:59.99 |          | 11:48.99 |          | 800/1000 Free  | 11:56.29 |          | 11:01.89 |          | 11:14.69 |          |
| 20:45.49 |          | 20:17.99 |          | 20:10.79 |          | 1500/1650 Free | 20:00.79 |          | 20:07.99 |          | 20:43.29 |          |
| :35.49   | :39.79   | :34.49   | :38.49   | :31.09   | :34.69   | 50 Back        | :31.09   | 34.49    | :34.59   | 38.39    | :35.89   | 40.79    |
| 1:16.59  | 1:25.59  | 1:13.49  | 1:21.89  | 1:06.19  | 1:13.79  | 100 Back       | 1:06.99  | 1:14.49  | 1:14.79  | 1:22.69  | 1:17.79  | 1:27.99  |
| 2:42.49  | 2:56.09  | 2:37.79  | 2:51.59  | 2:21.39  | 2:34.39  | 200 Back       | 2:23.69  | 2:53.19  | 2:39.19  | 3:12.49  | 2:43.89  | 3:19.39  |
| :40.29   | 45.49    | :38.79   | 42.89    | :34.49   | 38.59    | 50 Breast      | :34.69   | :39.19   | :38.49   | :43.49   | :39.99   | 46.39    |
| 1:27.39  | 1:39.09  | 1:24.09  | 1:33.49  | 1:15.59  | 1:24.19  | 100 Breast     | 1:15.69  | 1:24.89  | 1:24.79  | 1:34.39  | 1:28.09  | 1:40.99  |
| 3:02.39  | 3:22.39  | 2:59.19  | 3:19.89  | 2:42.19  | 2:59.69  | 200 Breast     | 2:49.09  | 3:09.29  | 3:05.59  | 3:30.19  | 3:08.89  | 3:38.09  |
| :33.39   | 37.69    | :32.19   | 36.59    | :29.39   | 32.99    | 50 Fly         | :29.69   | 32.89    | :32.59   | 36.49    | :33.69   | :38.09   |
| 1:15.59  | 1:25.99  | 1:12.69  | 1:21.99  | 1:05.89  | 1:13.79  | 100 Fly        | 1:07.49  | 1:14.59  | 1:14.79  | 1:22.69  | 1:16.99  | 1:28.09  |
| 2:53.59  | 3:33.09  | 2:51.59  | 3:25.89  | 2:34.59  | 3:06.29  | 200 Fly        | 2:45.89  | 3:04.69  | 3:04.19  | 3:24.09  | 3:06.29  | 3:30.99  |
|          |          | 1:15.19  | 1:22.89  | 1:07.59  | 1:14.59  | 100 IM         | 1:07.19  | 1:14.89  | 1:14.69  | 1:23.19  |          |          |
| 2:45.79  | 3:04.99  | 2:39.49  | 2:57.79  | 2:24.99  | 2:39.99  | 200 IM         | 2:25.59  | 2:41.29  | 2:40.59  | 2:56.59  | 2:46.99  | 3:07.49  |
|          | 7:32.09  |          | 7:15.79  |          | 6:34.39  | 400 IM         |          | 6:27.29  |          | 7:07.99  |          | 7:28.29  |
|          | NT       |          | NT       |          | NT       | 200 Free Relay |          | NT       |          | NT       |          | NT       |
| 4:40.89  |          | 4:30.09  |          | 4:03.69  |          | 400 Free Relay | 4:07.29  |          | 4:34.99  |          | 4:45.99  |          |
|          | NT       |          | NT       |          | NT       | 200 Med Relay  |          | NT       |          | NT       |          | NT       |
| 5:19.69  |          | 5:07.39  |          | 4:34.79  |          | 400 Med. Relay | 4:41.79  |          | 5:15.29  |          | 5:30.39  |          |
| LCM      |          | SCM      |          | SCY      |          | 13/14          | SCY      |          | SCM      |          | LCM      |          |
| CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |                | CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |
| :29.29   | :32.19   | :28.19   | :31.09   | :25.49   | :28.09   | 50 Free        | :23.89   | :26.29   | :26.49   | :29.19   | :27.59   | :30.39   |
| 1:03.49  | 1:09.89  | 1:01.39  | 1:07.59  | :55.29   | 1:00.89  | 100 Free       | :51.89   | :57.09   | :57.99   | 1:03.79  | :59.59   | 1:05.69  |
| 2:18.39  | 2:32.29  | 2:12.69  | 2:25.99  | 1:59.59  | 2:11.59  | 200 Free       | 1:53.79  | 2:05.19  | 2:06.29  | 2:18.99  | 2:12.19  | 2:25.49  |
| 4:52.49  | 5:21.79  | 4:42.39  | 5:10.79  | 5:22.89  | 5:55.19  | 400/500 Free   | 5:08.59  | 5:36.19  | 4:32.29  | 4:59.59  | 4:43.19  | 5:13.59  |
| 9:58.19  | 10:57.99 | 9:47.79  | 10:46.59 | 10:57.79 | 12:03.59 | 800/1000 Free  | 10:32.59 | 11:35.89 | 9:37.69  | 10:35.49 | 9:48.09  | 10:46.89 |
| 19:01.59 | 21:03.39 | 18:45.59 | 20:41.49 | 18:49.19 | 20:44.49 | 1500/1650 Free | 18:18.29 | 20:10.99 | 18:28.39 | 20:20.09 | 18:45.29 | 20:42.09 |
| 1:12.29  | 1:19.59  | 1:08.49  | 1:15.39  | 1:01.69  | 1:07.89  | 100 Back       | :58.39   | 1:04.39  | 1:04.79  | 1:11.49  | 1:09.69  | 1:16.79  |
| 2:35.29  | 2:50.99  | 2:28.69  | 2:43.69  | 2:13.99  | 2:27.49  | 200 Back       | 2:08.29  | 2:21.19  | 2:24.39  | 2:36.69  | 2:30.89  | 2:46.19  |
| 1:22.99  | 1:31.39  | 1:19.59  | 1:27.59  | 1:11.09  | 1:18.19  | 100 Breast     | 1:07.09  | 1:13.89  | 1:14.49  | 1:22.19  | 1:18.09  | 1:26.79  |
| 3:00.29  | 3:18.39  | 2:52.29  | 3:09.59  | 2:35.19  | 2:50.79  | 200 Breast     | 2:27.19  | 2:41.99  | 2:43.39  | 2:59.79  | 2:51.39  | 3:08.89  |
| 1:10.39  | 1:17.49  | 1:08.09  | 1:14.99  | 1:01.39  | 1:07.59  | 100 Fly        | :57.69   | 1:03.49  | 1:03.99  | 1:10.49  | 1:06.69  | 1:13.49  |
| 2:39.79  | 2:55.79  | 2:33.69  | 2:49.09  | 2:18.79  | 2:32.69  | 200 Fly        | 2:12.99  | 2:26.29  | 2:29.39  | 2:42.39  | 2:34.99  | 2:50.29  |
| 2:37.49  | 2:53.29  | 2:31.39  | 2:46.59  | 2:16.39  | 2:30.09  | 200 IM         | 2:08.89  | 2:21.89  | 2:23.09  | 2:37.49  | 2:27.89  | 2:43.09  |
| 5:33.69  | 6:07.09  | 5:20.89  | 5:52.99  | 4:50.89  | 5:19.99  | 400 IM         | 4:39.29  | 5:07.29  | 5:14.89  | 5:46.39  | 5:19.99  | 5:52.79  |
|          | NT       |          | NT       |          | NT       | 200 Free Relay |          | NT       |          | NT       |          | NT       |
| 4:22.19  |          | 4:12.19  |          | 3:49.29  |          | 400 Free Relay | 3:36.69  |          | 4:03.69  |          | 4:13.39  |          |
| 9:34.19  |          | 9:12.19  |          | 8:20.89  |          | 800 Free Relay | 8:01.59  |          | 9:01.49  |          | 9:23.29  |          |
|          | NT       |          | NT       |          | NT       | 200 Med. Relay |          | NT       |          | NT       |          | NT       |
| 4:56.39  |          | 4:44.89  |          | 4:14.89  |          | 400 Med. Relay | 4:02.69  |          | 4:32.89  |          | 4:48.29  |          |
| LCM      |          | SCM      |          | SCY      |          | Senior         | SCY      |          | SCM      |          | LCM      |          |
| CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |                | CHMP     | REG      | CHMP     | REG      | CHMP     | REG      |
| 28.99    | 31.89    | 27.59    | 30.39    | 24.89    | 27.39    | 50 Free        | 22.49    | 24.59    | 24.99    | 27.29    | 26.29    | 28.79    |
| 1:02.59  | 1:08.49  | 59.69    | 1:05.69  | 53.79    | 59.19    | 100 Free       | 48.89    | 53.69    | 54.29    | 59.59    | 57.29    | 1:02.29  |
| 2:16.09  | 2:29.49  | 2:10.39  | 2:23.39  | 1:57.49  | 2:09.19  | 200 Free       | 1:47.29  | 1:57.89  | 1:59.09  | 2:10.89  | 2:05.49  | 2:17.69  |
| 4:49.89  | 5:18.89  | 4:34.29  | 5:01.89  | 5:13.59  | 5:44.99  | 400/500 Free   | 4:53.19  | 5:23.09  | 4:16.49  | 4:42.69  | 4:27.69  | 4:53.59  |
| 9:57.99  | 10:57.79 | 9:41.89  | 10:40.09 | 11:04.99 | 12:11.49 | 800/1000 Free  | 10:23.99 | 11:26.39 | 9:10.59  | 10:11.99 | 9:22.99  | 10:19.29 |
| 19:16.99 | 21:12.69 | 18:46.39 | 20:50.49 | 18:46.69 | 20:39.39 | 1500/1650 Free | 17:44.69 | 19:31.19 | 17:49.09 | 19:45.99 | 18:14.29 | 20:03.69 |
| 1:11.59  | 1:18.19  | 1:07.29  | 1:13.89  | 1:00.59  | 1:06.39  | 100 Back       | 56.19    | 1:01.59  | 1:02.39  | 1:08.39  | 1:07.09  | 1:13.19  |
| 2:36.99  | 2:50.99  | 2:25.29  | 2:39.79  | 2:10.89  | 2:23.99  | 200 Back       | 2:03.19  | 2:15.19  | 2:16.69  | 2:30.09  | 2:25.99  | 2:38.89  |
| 1:22.89  | 1:30.79  | 1:17.79  | 1:25.29  | 1:10.09  | 1:16.99  | 100 Breast     | 1:02.99  | 1:09.19  | 1:09.89  | 1:16.79  | 1:16.09  | 1:22.89  |
| 2:59.69  | 3:16.69  | 2:48.89  | 3:05.69  | 2:32.19  | 2:47.29  | 200 Breast     | 2:18.29  | 2:32.19  | 2:33.49  | 2:48.89  | 2:46.99  | 3:02.59  |
| 1:09.99  | 1:16.89  | 1:06.69  | 1:13.29  | 1:00.09  | 1:06.09  | 100 Fly        | 54.79    | 1:00.19  | 1:00.79  | 1:06.79  | 1:03.59  | 1:09.49  |
| 2:39.49  | 2:51.79  | 2:30.89  | 2:45.99  | 2:15.99  | 2:29.59  | 200 Fly        | 2:05.99  | 2:17.89  | 2:19.79  | 2:33.09  | 2:28.99  | 2:41.09  |
| 2:35.79  | 2:50.89  | 2:26.59  | 2:41.29  | 2:12.09  | 2:25.29  | 200 IM         | 2:01.49  | 2:13.69  | 2:14.89  | 2:28.39  | 2:22.59  | 2:35.99  |
| 5:36.89  | 6:07.99  | 5:19.39  | 5:51.39  | 4:47.79  | 5:16.59  | 400 IM         | 4:26.89  | 4:53.59  | 4:56.19  | 5:25.89  | 5:10.99  | 5:42.09  |
|          | NT       |          | NT       |          | NT       | 200 Free Relay |          | NT       |          | NT       |          | NT       |
| 4:23.09  |          | 4:07.89  |          | 3:42.19  |          | 400 Free Relay | 3:21.69  |          | 3:45.09  |          | 3:57.89  |          |
| 9:29.99  |          | 9:00.89  |          | 8:07.29  |          | 800 Free Relay | 7:28.39  |          | 8:17.69  |          | 8:52.29  |          |
|          | NT       |          | NT       |          | NT       | 200 Med. Relay |          | NT       |          | NT       |          | NT       |
| 4:54.69  |          | 4:32.89  |          | 4:04.59  |          | 400 Med. Relay | 3:42.69  |          | 4:08.49  |          | 4:26.99  |          |

\*\*Approved on 10/1\*\*