



2018 Illinois Swimming Winter Regional Championships

February 23-25, 2018

[Host](#)

Bradley Bourbonnais Swim Club

[Location](#)

Bradley Bourbonnais High School
Bradley, IL 60915

[Entry Deadline](#)

Monday, February 19, 2018 @ 1:00 PM (CST)

2018 Illinois Swimming Winter Regional Championships

Important Meet Items:

- o This meet follows all USA Swimming and current Illinois Swimming championship meet procedures.
- o All swimmers must be current members of USA Swimming and Illinois Swimming.
- o The qualification period for this meet is February 26, 2016 through the entry deadline (Monday, February 19, 2018).
- o Enter the 2018 Illinois Swimming Winter Regional Championships online at www.usaswimming.org/OME beginning on Wednesday, January 10, 2018 and no later than 1:00pm (CST) Monday, February 19, 2018.
- o All events will be swum as timed finals.
- o All relays will be conducted as timed finals. Each team may enter two (2) relays per event. There are no qualifying times for relay events and relays will not be part of team scoring.
- o **All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline.**
- o All Custom Entry Times must be pre-proven prior to the scratch deadline for Friday's events.
- o **Swimmers' and Coaches' Responsibility** – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information packet and any information or changes announced at the Coaches Meeting.

Co-Meet Directors

Brian Porter Karen Nemeth
815-549-6653 815-258-2922
Brian.E.Porter@outlook.com DKnemeth@att.net

Meet Referee

Joe Schroeder
815-922-1449
jbschroeder.isi@gmail.com

OME/Entry Questions

Pam Lowenthal
pam.lowenthal@ilswim.org
(847) 824-1596

Email Scratch Contact

Dave Nemeth
815-258-2952
DKnemeth@att.net

Sanction: Winter Regional Championships: ILS18-0302

Host: Bradley Bourbonnais Swim Club

Location: Bradley Bourbonnais High School – 700 W. North St, Bradley, IL 60915

Facility: 8 Lane, 25-yard indoor competition pool. Permanent starting blocks (within the USA Swimming regulations). Water depth is 13 feet at starting end. Non-turbulent lane lines. Daktronics 2000 timing system. Seating capacity for 280 spectators. The competition course has not been certified in accordance with 104.2.2C(4).

Meet Schedule:	Friday PM (All Ages)		Sat. & Sun. AM (10&U, 11-12)		Sat. & Sun. PM (13-14, Open)	
	<u>Warm-ups</u>	<u>Start</u>	<u>Warm-ups</u>	<u>Start</u>	<u>Warm-ups</u>	<u>Start</u>
	4:30pm	5:30pm	7:30am	8:30am	12:00pm	1:00pm

Rules: This meet is sanctioned by USA Swimming and Illinois Swimming. All USA Swimming and Illinois Swimming rules apply including safety rules, which will be strictly enforced. This meet follows all USA Swimming and current Illinois Swimming championship meet procedures. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

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Eligibility: All swimmers must be current members of USA Swimming and Illinois Swimming. Registration forms may be obtained from the ISI office, 847-824-1596, 1400 E. Touhy Suite 410, Des Plaines, IL 60018 or downloaded from the Illinois Swimming website. www.ilswim.org

Qualifying Times: 2017-18 SC Championship Time Standards are included. Only swimmers having achieved qualifying times between February 26, 2016 and February 19, 2018 @ 1:00 PM are eligible for this meet. Entry times may be submitted in short course yards, long course meters, or short course meters.

Entries: All entries will be submitted thru OME and the USA Swimming web site. Entries may be submitted on-line beginning January 10, 2018 (12:01AM CST) and must be completed by Monday, February 19, 2018 at 1:00 pm CST. You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover. To pay by check please contact Illinois Swimming Office for payment instructions. For late entries, please refer to Illinois Swimming rule 206.8.11.

A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than ten (10) individual events during the meet. No swimmer shall be permitted to compete in more than four (4) individual events per day. All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline.

IMPORTANT: All custom entry times must be pre-proven prior to the Friday event scratch deadline.

Entry Fees: Individual Events: \$8.00 per entry
Relay Events: \$16.00 per entry
Illinois Swimming Surcharge: \$2.00 per athlete entered in the meet.

Individual Events: All individual events will be conducted as timed final events.

Distance Events: The 14&U 1000 Freestyle and Open 1000 Freestyle for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 14&U 1000 Freestyle and Open 1000 Freestyle for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together.

The 14&U 1650 Freestyle and Open 1650 Freestyle for Women will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 14&U 1650 Freestyle and Open 1650 Freestyle for Men will be entered and awarded as separate events (with different event numbers and different qualifying standards), but will be swum together. The 1650 Freestyle will be swum fastest to slowest, alternating between Women's and Men's heats.

Distance Bonus Events: Swimmers with an 800/1000 Freestyle qualifying time may enter the 1650 Freestyle event; swimmers with a 1500/1650 Freestyle qualifying time may enter the 1000 Free event. Swimmers must enter at the Long Course (LCM) non-conforming qualifying time in the event for which they do not have the current qualifying standard.

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Relay Events: All relay events will be conducted as timed final events. Relay entries may be proven as actual or aggregate ("add-up") times. For purposes of proving entry times a swimmer may be listed on only one relay team entered in each event. A swimmer may not be listed on both an aggregate and composite relay entry in the same event. All relay only swimmers, including alternates, must be entered in the meet via OME prior to the entry deadline. Teams are limited to two (2) relay entries per event. There are no qualifying standards for relays and relays do not count in the team scoring.

Each coach shall pick up relay entry forms from the Clerk of Course on which they shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation approximately one (1) hour prior to the start of the relays. However, relay order may be changed up to the time of the swim by informing the timers.

Seeding: Events shall be seeded in order of SCY, equivalent LCM, equivalent SCM, non-conforming SCY (distance events), non-conforming LCM (distance events).

Positive Check-In: All events will be Positive Check-in, timed finals. Each swimmer must check herself/himself in with the Clerk of Course at least forty (40) minutes prior to the start of each session for the events they will be swimming. Any swimmer who does not check-in with the Clerk of Course, prior to the deadline for Positive Check-In, will be scratched from all events for that day. Swimmers missing Positive Check-In will only be placed if and wherever any openings may occur, regardless of original seedtime. All swimmers will be expected to report for their events on time. No show rules will apply as stated in Illinois Swimming Championship meet rules.

Scratches ISI Championship scratch rules and procedures will be in effect at this meet. The Regional Championships meet is positive check-in, thus pre-meet scratching is not necessary. Scratch deadlines are as follows:

- Email scratches will be accepted until 1:00pm on Friday, February 23, 2018. Scratches submitted via email must be sent to Dave Nemeth, DKnemeth@att.net. It is the responsibility of the sender to ensure that this email is received by the host club.

Coaches Meeting: There will be a coaches meeting on Friday, February 23, 2018 at 5:10pm. Additional meetings, if necessary, will be held 20 minutes prior to the start of each morning session. Each team or unattached swimmer must be represented.

Warm-up: ISI warm-up and safety procedures will be in effect.

Eligibility Jury: The Meet Director and the Program Operations Vice-Chair shall appoint an Eligibility Jury composed of at least of a coach, the Registration/Membership Coordinator and one other person in attendance.

Technical Jury: The Age Group Vice Chair and the Meet Director shall appoint a Technical Jury composed of at least one coach, one athlete and at least one, but not more than three other persons.

Scoring:

SCORING BY PLACE															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
INDIVIDUAL EVENT SCORING															
20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Awards: Team awards will be given for the top 3 combined teams. Awards will be given to the top 8 finishers in individual events, and the top three finishers in relay events.

Meet Results: Meet results will be available on the Illinois Swimming website (www.ilswim.org) within 48 hours following the conclusion of the meet.

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- Deck Access:** Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of the meet. Officials must display their current card from OTS at all times of the meet.
- Timers:** Each team with swimmers in the meet may be asked to provide timers. A list of lane assignments for each team will be posted at least 48 hours prior to the meet. A club timer coordinator with phone number and email address must be listed on your Team Summary and Release Form that is submitted with your entry.
- Officials:** Officials interested in working should submit the application, found on the ISI website under the officials tab. They can also direct questions regarding officiating to Ann Widdowson at widsona@gmail.com. A mandatory briefing for all officials working the meet will begin 1 hour before the start of each session
- Admissions:** Admissions will be charged for entrance to each session. Heat sheets will be made available for sale. The Host Club will set these prices.
- Concessions and Vendors:** Oceans Apparel will be selling event specific apparel. Concessions will be available for purchase at the venue.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.
- Liability:** In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Bradley Bourbonnais Swim Club (host club), Bradley, Illinois, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Day 1			Day 2			Day 3		
			AM Session			AM Session		
		15	12&U 500 Freestyle	16	69	10&U 200 Freestyle	70	
		17	10&U 100 Butterfly	18	71	12&U 200 Freestyle	72	
		19	12&U 100 Butterfly	20		**AWARDS**		
			AWARDS		73	10&U 50 Butterfly	74	
		21	10&U 50 Freestyle	22	75	12&U 50 Butterfly	76	
		23	12&U 50 Freestyle	24		**AWARDS**		
			AWARDS		77	10&U 100 Backstroke	78	
		25	10&U 100 Breaststroke	26	79	12&U 100 Backstroke	80	
		27	12&U 100 Breaststroke	28		**AWARDS**		
			AWARDS		81	10&U 50 Breaststroke	82	
		29	10&U 50 Backstroke	30	83	12&U 50 Breaststroke	84	
		31	12&U 50 Backstroke	32		**AWARDS**		
			AWARDS		85	10&U 100 Freestyle	86	
		33	10&U 200 IM	34	87	12&U 100 Freestyle	88	
		35	12&U 200 IM	36		**AWARDS**		
			AWARDS		89	10&U 100 IM	90	
		37	10&U 200 Medley Relay	38	91	12&U 100 IM	92	
		39	12&U 200 Medley Relay	40		**AWARDS**		
			AWARDS		93	10&U 200 Freestyle Relay	94	
					95	12&U 200 Freestyle Relay	96	
						AWARDS		
PM Session			PM Session			PM Session		
1	12&U 200 Butterfly	2	41	Open 500 Freestyle	42	97	Open 200 Freestyle	98
3	10&U 500 Freestyle	4	43	14&U 500 Freestyle	44	99	14&U 200 Freestyle	100
	AWARDS			**AWARDS**			**AWARDS**	
5	12&U 200 Breaststroke	6	45	Open 100 Butterfly	46	101	Open 200 Butterfly	102
7	14&U 1000 Freestyle	8	47	14&U 100 Butterfly	48	103	14&U 200 Butterfly	104
9	Open 1000 Freestyle	10		**AWARDS**			**AWARDS**	
	AWARDS		49	Open 50 Freestyle	50	105	Open 100 Backstroke	106
11	12&U 200 Backstroke	12	51	14&U 50 Freestyle	52	107	14&U 100 Backstroke	108
	AWARDS			**AWARDS**			**AWARDS**	
13	12&U 400 IM	14	53	Open 100 Breaststroke	54	109	Open 200 Breaststroke	110
	AWARDS		55	14&U 100 Breaststroke	56	111	14&U 200 Breaststroke	112
				AWARDS			**AWARDS**	
			57	Open 200 Backstroke	58	113	Open 100 Freestyle	114
			59	14&U 200 Backstroke	60	115	14&U 100 Freestyle	116
				AWARDS			**AWARDS**	
			61	Open 400 IM	62	117	Open 200 IM	118
			63	14&U 400 IM	64	119	14&U 200 IM	120
				AWARDS			**AWARDS**	
			65	Open 200 Medley Relay	66	121	Open 200 Freestyle Relay	122
			67	14&U 200 Medley Relay	68	123	14&U 200 Freestyle Relay	124
				AWARDS			**AWARDS**	
					125	Open 1650 Freestyle	126	
					127	14&U 1650 Freestyle	128	
						AWARDS		

****All 12&U events shall follow the 11-12 Illinois Swimming championship time standards for the maximum qualifying standard.****

****All 14&U events shall follow the 13-14 Illinois Swimming championship time standards for the maximum qualifying standard.****



**2018 Illinois Swimming
Winter Regional Assignments**

BBSC	BNSC	COHO	ECST	FOX	GA	LWSA
ACAD (BOUR)	ACAD (SP)	BDSC	ACAD (AU)	BRRY	AA	ACAD (RB)
BBSC	BASC	BLUE	ACAD (BA)	DLTA	CLSC	ACAD (WE)
BNY	BNSC	CATS	ACAD (SCH)	FOX	CPD	BSA
CHMP	DDST	COHO	BSC	FVfy	CWAC	CSSC
CSAT	DOCS	GTAC	BTS	HTSW	EGSC	HOSC
EASC	DRGN	HPAC	DCST	MAVS	EST	LPD
EXPR	DSC	LATT	DUND	NAPY	GA	LTIL (BR)
GILS	EMSC	LFSC	ECST	NASt	IGSC	LWSA
HFSC	FFSC	LTIL (OO)	ELY	TIDE	KNAC	SAMK
HSC	FPWW	LTIL (VH)	FAST	WCS	MANN	WEST
HWSA	GGST	MMSC	LTIL (AL)	WHTN	MYST	
JETS	HEAT	NTSC	LTIL (BL)	WSCS	SPAC	
JPD	JAXY	PAC	LTIL (SCH)		SSC	
LHSC	LYNX	PPD	LTIL (WA)		TOPS	
LSF	MARL	RA	MAC		TST	
LTIL (OP)	MBLM	SCT	MMAC		WILD	
LTIL (ROM)	MSSC	SWAQ	PALA		WSO	
LYON	OCS	VHPD	RASC		Y2k	
MDWY	ORCA		RMSC		YWFF	
NAC	PAWW		SAGE			
OFSA	QFY		SCST			
OLSA	RED		SPD			
PASS	SBD		SSSC			
POSA	SPY		WDST			
TPT	SST					
TSSC	HUBM					
ULT	HHSC					



Illinois Swimming 2017-2018 Short Course Time Standards



GIRLS						BOYS						
LCM		SCM		SCY		10&Under	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
34.79	38.29	:33.39	:36.69	:30.09	:33.09	50 Free	30.19	33.19	33.49	36.79	34.89	38.39
1:17.59	1:25.39	1:14.59	1:21.99	1:07.19	1:13.89	100 Free	1:06.59	1:13.29	1:13.89	1:21.29	1:18.29	1:26.09
2:49.89	3:06.89	2:44.49	3:00.99	2:28.19	2:42.09	200 Free	2:27.79	2:42.59	2:44.09	3:00.49	2:51.89	3:09.09
5:49.29	6:50.59	5:39.79	6:39.49	6:28.29	7:40.59	400/500 Free	6:28.29	7:44.69	5:39.79	6:47.99	5:49.29	6:56.79
:40.89	:45.09	:39.49	:43.49	:35.59	:39.19	50 Back	:35.79	:39.39	:39.69	:43.69	:41.59	:45.79
1:29.29	1:38.29	1:25.49	1:33.99	1:16.99	1:24.69	100 Back	1:17.49	1:25.29	1:25.99	1:34.69	1:29.29	1:38.39
46.89	51.59	44.49	48.89	40.09	44.09	50 Breast	:40.89	:44.99	:45.39	:49.89	:48.49	:53.39
1:42.89	1:53.19	1:37.49	1:47.19	1:27.79	1:36.59	100 Breast	1:29.99	1:39.09	1:39.89	1:49.99	1:44.79	1:55.49
:38.79	:42.69	37.79	41.59	34.09	37.49	50 Fly	:34.09	:37.49	:37.79	:41.59	:39.79	:43.79
1:34.29	1:43.69	1:28.79	1:37.69	1:19.99	1:27.99	100 Fly	1:20.79	1:28.89	1:29.69	1:38.69	1:37.99	1:47.79
		1:25.79	1:34.39	1:17.29	1:24.99	100 IM	1:17.79	1:25.59	1:26.39	1:34.99		
3:13.89	3:33.29	3:05.69	3:24.29	2:47.29	3:03.99	200 IM	2:48.09	3:05.09	3:06.59	3:25.49	3:11.39	3:31.19
2:30.29		2:22.59		2:08.49		200 Free Relay	2:10.59		2:24.99		2:35.59	
2:50.99		2:41.19		2:25.19		200 Med. Relay	2:28.29		2:44.59		2:57.89	
LCM		SCM		SCY		11/12	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:30.69	34.29	:29.59	33.29	:26.99	29.99	50 Free	:26.59	29.59	:28.99	32.89	:30.09	34.19
1:06.99	1:14.39	1:04.79	1:12.19	:58.29	1:04.99	100 Free	:57.89	1:04.69	1:03.89	1:11.79	1:06.39	1:15.49
2:25.49	2:42.89	2:19.89	2:37.49	2:08.19	2:21.79	200 Free	2:08.19	2:21.89	2:19.49	2:37.49	2:24.99	2:44.99
5:09.29	5:45.19	4:57.39	5:30.79	5:42.19	6:18.59	400/500 Free	5:43.59	6:18.29	4:57.49	5:30.59	5:09.39	5:51.29
11:12.79		10:59.99		11:48.99		800/1000 Free	11:56.29		11:01.89		11:14.69	
20:45.49		20:17.99		20:10.79		1500/1650 Free	20:00.79		20:07.99		20:43.29	
:35.49	:39.79	:34.49	:38.49	:31.09	:34.69	50 Back	:31.09	34.49	:34.59	38.39	:35.89	40.79
1:16.59	1:25.59	1:13.49	1:21.89	1:06.19	1:13.79	100 Back	1:06.99	1:14.49	1:14.79	1:22.69	1:17.79	1:27.99
2:42.49	2:56.09	2:37.79	2:51.59	2:21.39	2:34.39	200 Back	2:23.69	2:53.19	2:39.19	3:12.49	2:43.89	3:19.39
:40.29	45.49	:38.79	42.89	:34.49	38.59	50 Breast	:34.69	:39.19	:38.49	:43.49	:39.99	46.39
1:27.39	1:39.09	1:24.09	1:33.49	1:15.59	1:24.19	100 Breast	1:15.69	1:24.89	1:24.79	1:34.39	1:28.09	1:40.99
3:02.39	3:22.39	2:59.19	3:19.89	2:42.19	2:59.69	200 Breast	2:49.09	3:09.29	3:05.59	3:30.19	3:08.89	3:38.09
:33.39	37.69	:32.19	36.59	:29.39	32.99	50 Fly	:29.69	32.89	:32.59	36.49	:33.69	:38.09
1:15.59	1:25.99	1:12.69	1:21.99	1:05.89	1:13.79	100 Fly	1:07.49	1:14.59	1:14.79	1:22.69	1:16.99	1:28.09
2:53.59	3:33.09	2:51.59	3:25.89	2:34.59	3:06.29	200 Fly	2:45.89	3:04.69	3:04.19	3:24.09	3:06.29	3:30.99
		1:15.19	1:22.89	1:07.59	1:14.59	100 IM	1:07.19	1:14.89	1:14.69	1:23.19		
2:45.79	3:04.99	2:39.49	2:57.79	2:24.99	2:39.99	200 IM	2:25.59	2:41.29	2:40.59	2:56.59	2:46.99	3:07.49
	7:32.09		7:15.79		6:34.39	400 IM		6:27.29		7:07.99		7:28.29
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:40.89		4:30.09		4:03.69		400 Free Relay	4:07.29		4:34.99		4:45.99	
	NT		NT		NT	200 Med Relay		NT		NT		NT
5:19.69		5:07.39		4:34.79		400 Med. Relay	4:41.79		5:15.29		5:30.39	
LCM		SCM		SCY		13/14	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
:29.29	:32.19	:28.19	:31.09	:25.49	:28.09	50 Free	:23.89	:26.29	:26.49	:29.19	:27.59	:30.39
1:03.49	1:09.89	1:01.39	1:07.59	:55.29	1:00.89	100 Free	:51.89	:57.09	:57.99	1:03.79	:59.59	1:05.69
2:18.39	2:32.29	2:12.69	2:25.99	1:59.59	2:11.59	200 Free	1:53.79	2:05.19	2:06.29	2:18.99	2:12.19	2:25.49
4:52.49	5:21.79	4:42.39	5:10.79	5:22.89	5:55.19	400/500 Free	5:08.59	5:36.19	4:32.29	4:59.59	4:43.19	5:13.59
9:58.19	10:57.99	9:47.79	10:46.59	10:57.79	12:03.59	800/1000 Free	10:32.59	11:35.89	9:37.69	10:35.49	9:48.09	10:46.89
19:01.59	21:03.39	18:45.59	20:41.49	18:49.19	20:44.49	1500/1650 Free	18:18.29	20:10.99	18:28.39	20:20.09	18:45.29	20:42.09
1:12.29	1:19.59	1:08.49	1:15.39	1:01.69	1:07.89	100 Back	:58.39	1:04.39	1:04.79	1:11.49	1:09.69	1:16.79
2:35.29	2:50.99	2:28.69	2:43.69	2:13.99	2:27.49	200 Back	2:08.29	2:21.19	2:24.39	2:36.69	2:30.89	2:46.19
1:22.99	1:31.39	1:19.59	1:27.59	1:11.09	1:18.19	100 Breast	1:07.09	1:13.89	1:14.49	1:22.19	1:18.09	1:26.79
3:00.29	3:18.39	2:52.29	3:09.59	2:35.19	2:50.79	200 Breast	2:27.19	2:41.99	2:43.39	2:59.79	2:51.39	3:08.89
1:10.39	1:17.49	1:08.09	1:14.99	1:01.39	1:07.59	100 Fly	:57.69	1:03.49	1:03.99	1:10.49	1:06.69	1:13.49
2:39.79	2:55.79	2:33.69	2:49.09	2:18.79	2:32.69	200 Fly	2:12.99	2:26.29	2:29.39	2:42.39	2:34.99	2:50.29
2:37.49	2:53.29	2:31.39	2:46.59	2:16.39	2:30.09	200 IM	2:08.89	2:21.89	2:23.09	2:37.49	2:27.89	2:43.09
5:33.69	6:07.09	5:20.89	5:52.99	4:50.89	5:19.99	400 IM	4:39.29	5:07.29	5:14.89	5:46.39	5:19.99	5:52.79
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:22.19		4:12.19		3:49.29		400 Free Relay	3:36.69		4:03.69		4:13.39	
9:34.19		9:12.19		8:20.89		800 Free Relay	8:01.59		9:01.49		9:23.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:56.39		4:44.89		4:14.89		400 Med. Relay	4:02.69		4:32.89		4:48.29	
LCM		SCM		SCY		Senior	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG		CHMP	REG	CHMP	REG	CHMP	REG
28.89	31.89	27.59	30.39	24.89	27.39	50 Free	22.39	24.59	24.89	27.29	26.19	28.79
1:01.99	1:08.49	59.69	1:05.69	53.79	59.19	100 Free	48.69	53.69	53.99	59.59	55.99	1:02.29
2:15.69	2:29.49	2:10.39	2:23.39	1:57.49	2:09.19	200 Free	1:47.09	1:57.89	1:58.89	2:10.89	2:04.99	2:17.69
4:49.89	5:18.89	4:34.29	5:01.89	5:13.59	5:44.99	400/500 Free	4:53.19	5:23.09	4:16.49	4:42.69	4:25.99	4:53.59
9:57.99	10:57.79	9:41.89	10:40.09	11:04.99	12:11.49	800/1000 Free	10:23.99	11:26.39	9:10.59	10:11.99	9:22.99	10:29.49
19:16.99	21:12.69	18:46.39	20:50.49	18:46.69	20:39.39	1500/1650 Free	17:44.69	19:31.19	17:49.09	19:45.99	18:14.29	20:03.69
1:10.59	1:18.19	1:06.89	1:13.89	1:00.29	1:06.39	100 Back	55.79	1:01.59	1:01.89	1:08.39	1:05.99	1:13.19
2:33.89	2:50.99	2:25.29	2:39.79	2:10.89	2:23.99	200 Back	2:02.59	2:15.19	2:16.09	2:30.09	2:22.99	2:38.89
1:22.29	1:30.79	1:17.59	1:25.29	1:09.89	1:16.99	100 Breast	1:02.89	1:09.19	1:09.79	1:16.79	1:15.39	1:22.89
2:57.99	3:16.69	2:48.69	3:05.69	2:31.99	2:47.29	200 Breast	2:18.29	2:32.19	2:33.49	2:48.89	2:44.99	3:02.59
1:09.69	1:16.89	1:06.59	1:13.29	59.99	1:06.09	100 Fly	54.59	1:00.19	1:00.59	1:06.79	1:02.89	1:09.49
2:32.99	2:51.79	2:30.89	2:45.99	2:15.99	2:29.59	200 Fly	2:04.79	2:17.89	2:18.49	2:33.09	2:23.89	2:41.09
2:34.99	2:50.89	2:26.59	2:41.29	2:12.09	2:25.29	200 IM	2:00.99	2:13.69	2:14.29	2:28.39	2:21.19	2:35.99
5:32.09	6:07.99	5:19.39	5:51.39	4:47.79	5:16.59	400 IM	4:26.89	4:53.59	4:56.19	5:25.89	5:09.99	5:42.09
	NT		NT		NT	200 Free Relay		NT		NT		NT
4:23.09		4:07.89		3:42.19		400 Free Relay	3:21.69		3:45.09		3:57.89	
9:29.99		9:00.89		8:07.29		800 Free Relay	7:28.39		8:17.69		8:52.29	
	NT		NT		NT	200 Med. Relay		NT		NT		NT
4:54.69		4:32.89		4:04.59		400 Med. Relay	3:42.69		4:08.49		4:26.99	

Approved on 10/1