



2019 Illinois Swimming Age Group Championships

March 7-10, 2019

-Sponsored by Speedo-

Host

Lincoln-Way Swim Association and WEST Swim Club

Location

**Lake Central High School
St John, IN**

Entry Deadline

Monday, March 4, 2019 @ 1:00 PM (CST)



2019 Illinois Swimming Age Group Championships

Important Meet Items:

- This meet follows all USA Swimming and current Illinois Swimming championship meet procedures.
- All swimmers must be current members of USA Swimming and Illinois Swimming.
- The qualification period for this meet is February 1, 2017 through the entry deadline (Monday, March 4, 2019).
- Enter the 2019 Illinois Swimming Age Group Championships online at www.usaswimming.org/OME beginning on Wednesday, January 9, 2019 and no later than 1:00pm (CST) Monday, March 4, 2019.
- All Individual Events will be swum as prelims and finals with the exception of the following events: all 10&U events, 11-12 500 Free, 11-12 1000 Free, 13-14 500 Free, 13-14 1000 Free, 13-14 1650 Free, and 13-14 400 IM. Finals will be the top 20 athletes competing in Consolation Final (10) and Championship Final (10).
- All 13-14 and 11-12 relays will be conducted as timed finals with the fastest heat competing at the conclusion of the evening session. All remaining heats will swim at that day's preliminary session.
- **All relay only swimmers, including alternates, must be entered in the meet prior to the entry deadline.**
- 11-12 Swimmers with a 1650 Free qualifying time may enter the 1000 Free event and must enter the event at the Long Course Meter (LCM) non-conforming qualifying time standard.
- 13-14 Swimmers with a 1000 Free qualifying time may enter the 1650 Free event; swimmers with a 1650 Free qualifying time may enter the 1000 Free event. Swimmers must enter at the Long Course Meter (LCM) non-conforming qualifying time in the event for which they do not have the current qualifying standard.
- All Custom Entry Times must be pre-proven prior to the scratch deadline for Thursday's events.
- There will be positive check-in for the 1000 Freestyle and 1650 Freestyle. Entries for these events that are not checked in prior to the appropriate deadline for that event or scratched will automatically be down-seeded.
- The scratch deadline for Thursday's 11-12 1000 Free and 13-14 1650 Free shall be 60 minutes prior to the start of the session. The check-in/scratch deadline for all subsequent day's events is 30 minutes after the start of the previous evening's finals.
- **Swimmers' and Coaches' Responsibility** – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information packet and any information or changes announced at the Coaches Meeting.

Meet Director

Mark Hoffer Adam Cremieux
coachmark@lwsagators.org
coachadam@westswimclub.com
708-800-4139 (Mark Hoffer)

Meet Referee/Admin Referee

Michael Jania
michaeljania@icloud.com
Dave Johnson
Johnson_dmj@hotmail.com

OME/Entry Questions

Pam Lowenthal
pam.lowenthal@ilswim.org
(847) 824-1596

Email Scratch Contact

Mark Hoffer
coachmark@lwsagators.org
708-800-4139

Sanction: Age Group Championship: IN19187

Host: Lincoln-Way Swim Association and WEST Swim Club

Location: Lake Central High School Natatorium, 8400 Wicker Avenue, St John, IN 46373

Facility: 10 Lane, 50-meter facility that can be split into 2 -25 yard, 10 lane indoor competition pools. Starting end depth is 8' 16" turn end is 5' middle depth is 5'. The timing system is Colorado System 6. Paddock starting blocks. Seating is available for 800 spectators. Certification has been applied for however at this time the competition course has not been certified in accordance with 104.2.C (4).

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Meet Schedule:

	Prelims		10&U		Finals	
	<u>Warm-ups</u>	<u>Start</u>	<u>Warm-ups</u>	<u>Start</u>	<u>Warm-Ups</u>	<u>Start</u>
Thursday					4:00pm	5:30pm
Friday	7:30am	9:30am	12:30pm	1:30pm	4:00pm	5:00pm
Saturday	7:00am	9:00am	12:30pm	1:30pm	4:00pm	5:00pm
Sunday	7:00am	9:00am	12:30pm	1:30pm	4:00pm	5:00pm

Rules:

This meet is sanctioned by USA Swimming and Indiana Swimming, Inc. All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced. This meet follows all USA Swimming and current Illinois Swimming championship meet procedures. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility:

All swimmers must be current members of USA Swimming and Illinois Swimming. Registration forms may be obtained from the ISI office, 847-824-1596, 1400 E. Touhy Suite 410, Des Plaines, IL 60018 or downloaded from the Illinois Swimming website. www.ilswim.org

Qualifying Times:

2018-2019 Championship Time Standards are included. Only swimmers having achieved qualifying times between February 1, 2017 and March 4, 2019 @ 1:00 PM are eligible for this meet. Entry times may be submitted in short course yards, long course meters, or short course meters.

Entries:

All entries will be submitted thru OME and the USA Swimming web site. Entries may be submitted on-line beginning January 9, 2019 (12:01AM CST) and must be completed by Monday, March 4, 2019 at 1:00 pm CST. You will be required to pay for the online entries with Visa, MasterCard, American Express, or Discover. To pay by check please contact Illinois Swimming Office for payment instructions. For late entries, please refer to Illinois Swimming rule 206.8.11.

A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than seven (7) individual events during the meet. No swimmer shall be permitted to compete in more than three (3) individual events per day including time trials. All relay only swimmers, including alternates, must be entered in the meet prior to the entry deadline.

IMPORTANT: All custom entry times must be pre-proven prior to the Thursday event scratch deadline.

Entry Fees:

Individual Events: \$8.00 per entry
Relay Events: \$16.00 per entry
Illinois Swimming Surcharge: \$2.00 per athlete entered in the meet.
Indiana Swimming Surcharge: \$2.00 per athlete entered in the meet.

Swimmers with Disabilities:

This meet will be open to all disabled athletes age 14 and younger as of March 7, 2019. Those athletes with disabilities who have not met the entry time qualifying standards may enter one (1) individual event 200 yards or shorter each day. There will be one heat swum at the beginning of each night's finals session open to these athletes (with certain restrictions) in the following events: Friday – 100 Butterfly, Saturday – 100 Backstroke, Sunday – 100 Freestyle. This entry will be done manually through the Illinois Swimming Disability Chair. All entries must be submitted by the initial entry deadline. Coaches should contact the Illinois Swimming Disability Chair at disability@ilswim.org for more information and entry procedures.

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Events:

1. All 10 & under individual events will be conducted as timed final events.
2. All 11-12 individual events except the 500 Free and 1000 Free are preliminary/final events with consolation and championship final heats. The 500 Free is a timed final event with the fastest seeded heat swum in the finals session. All remaining heats of the 500 Free will be swum slowest to fastest in the morning preliminary session.
3. All 13-14 individual events except the 500 Free, 1000 Free, 1650 Free and 400 IM are preliminary/final events with consolation and championship final heats. The 500 Free, 1000 Free, 1650 Free and 400 IM are timed final events. The fastest seeded heat of the 500 Free, 1000 Free, and 400 IM will swim in the finals session. All remaining heats of the 500 Free, 1000 Free and 400 IM will be swum slowest to fastest in the morning preliminary session.
5. Finals will be the top 20 athletes competing in Consolation Final (10) and Championship Final (10). Swimmers in the Championship Finals must report to the ready room area and check in with the ready room official prior to the start of the Championship Final **of the previous event**. Consolation Finalists must report to the Deck Referee behind the starting blocks prior to the Championship final of the final heat.
6. Day 1 (Thursday) events are timed final. Swimmers must check in 30 minutes prior to the start of the session. The 11-12 1000 and 13-14 1650 will be conducted as timed final events. Heats will be swum fastest to slowest. This session will be conducted in two pools. Swimmers must provide their own counter and timer.
7. Prelim sessions will be conducted in two pools. Pool assignments and session reports will be posted no later than 48 hours prior to the start of the meet.

Distance Bonus Events:

11-12 Swimmers with a 1650 Free qualifying time may enter the 1000 Free event. 13-14 Swimmers with a 1000 Free qualifying time may enter the 1650 Free event; swimmers with a 1650 Free qualifying time may enter the 1000 Free event. Swimmers must enter at the Long Course Meter (LCM) non-conforming qualifying time in the event for which they do not have the current qualifying standard.

Relay Events:

All 11-12 and 13-14 relay events will be conducted as timed final events with the fastest seeded heat swum in the evening session. All remaining heats will swim at that day's preliminary session. On Friday there will be a 30- minute warm up break at the conclusion of prelims prior to the first heat of the 800 Free Relay. Relays swum on Saturday and Sunday at the beginning of the morning session will have a warm up break prior to the first individual event conducted on that day. All 10&U relays will be conducted at the start of each 10&U session.

Relay entries may be proven as actual or aggregate ("add-up") times. For purposes of proving entry times a swimmer may be listed on only one relay team entered in each event. A swimmer may not be listed on both an aggregate and composite relay entry in the same event. All relay only swimmers, including alternates, must be entered in the meet prior to the entry deadline. All teams desiring to swim in the AM should enter at the lowest non-conforming qualifying time (LCM).

Each coach shall pick up relay entry forms from the Clerk of Course on which they shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation approximately one (1) hour prior to the start of the relays. However, relay order may be changed up to the time of the swim by informing the timers.

Seeding:

Events shall be seeded in order of SCY, equivalent LCM, non-conforming SCY (distance events), non-conforming LCM (distance events).

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- Check-In:** Positive check-in required for the 1000 Freestyle and 1650 Freestyle. Positive check-in is due prior to the scratch deadline for that event. Entries not checked in or scratched by the appropriate deadline will automatically be down-seeded.
- Scratches** ISI Championship scratch rules and procedures will be in effect at this meet. Scratches for the finals shall be made with the Administrative Referee. Scratches from preliminary events shall be made using the scratch box at the clerk of course. Check-in and scratch deadlines are as follows:
- Email scratches will be accepted until **1:00pm on Thursday, March 7, 2019**. Scratches submitted via email must be sent to Mark Hoffer at coachmark@lwsagators.org. It is the responsibility of the sender to ensure that this email is received by the host club.
 - Scratches/Check-In for Day 1 individual event are due by 4:30pm on Day 1 of the meet. All subsequent day's events check-in or scratches are due 30 minutes after the start of the previous evening's finals.
- Coaches Meeting:** There will be a coaches meeting in the Hospitality Room at 4:00pm on Thursday, March 7, 2019 and Friday March 8, 2019 at 8:30am. Additional Coaches meetings, if necessary, will be held 20 minutes prior to the start of each prelim session. Each team or unattached swimmer must be represented.
- Warm-up:** ISI warm-up and safety procedures will be in effect.
- Eligibility Jury:** The Meet Director and the Program Operations Vice-Chair shall appoint an Eligibility Jury composed of at least of a coach, the Registration/Membership Coordinator and one other person in attendance.
- Technical Jury:** The Age Group Vice Chair and the Meet Director shall appoint a Technical Jury composed of at least one coach, one athlete and at least one, but not more than three other persons.
- Scoring:**
- | SCORING BY PLACE |
|--------------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| INDIVIDUAL EVENT SCORING | | | | | | | | | | | | | | | | | | | |
| 24 | 21 | 20 | 19 | 18 | 17 | 16 | 15 | 14 | 13 | 11 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| RELAY EVENT SCORING |
| 48 | 42 | 40 | 38 | 36 | 34 | 32 | 30 | 28 | 26 | 22 | 18 | 16 | 14 | 12 | 10 | 8 | 6 | 4 | 2 |
- Awards:**
- The Don Drumm Award will be presented to the overall team champion. Additionally, team awards will be given to the top three combined teams.
 - Top three individual high point awards will be awarded to female and male swimmers in each age group category; 10 & Under, 11-12 and 13-14.
 - Awards will be given to the top 10 finishers in each individual event.
 - Awards will be given to the top three finishers in each relay event.
- Meet Results:** Meet results will be available on the Illinois Swimming website (www.ilswim.org) within 48 hours following the conclusion of the meet.
- Deck Access:** Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or card is no longer valid/current.
- Timers:** Each team with swimmers in the meet may be asked to provide timers. A list of lane assignments for each team will be posted at least 48 hours prior to the meet.

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Officials:	Officials interested in working should submit the application, found on the ISI website under the officials tab. They can also direct questions regarding officiating to Kim Mozdzierz-Frank at kitome4@gmail.com . A mandatory briefing for all officials working the meet will begin 1 hour before the start of each session. This meet has been designated as an Officials Qualifying Meet, pending approval. As such, this meet is open to all Officials who are eligible to be evaluated for advancement and re-certification. Those desiring initial certification or re-certification should request an evaluation at the time of meet sign-up, noting the position and level requested. Meet sign-ups will be sent via email and available online several weeks prior to the meet. There will be opportunities at the meet to be evaluated for N2-level assigned positions and N3 Stroke and Turn Judge. However, there may not be enough resources to accommodate all such requests.
Admissions:	Thursday PM: \$5.00 Friday-Sunday: \$10.00 per day Heat Sheets: \$5.00 per session.
Parking:	Parking is located around the facility and outer lots for free.
Concessions and Vendors:	Ocean's Apparel will be selling event specific apparel. Concessions will be available for purchase at the venue.
Hotels:	Hotel information can be found on the Illinois Swimming website www.ilswim.org .
Conduct:	All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Image Authorization:	All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Illinois Swimming and the meet host under the conditions authored by Illinois and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Illinois Swimming competition to promote such competitions.
Liability:	In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Lincoln Way Swim Association (host club), Lake Central High School, Indiana Swimming, Inc., and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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Day 1				Day 2				Day 3				Day 4			
				Prelim Session				Prelim Session				Prelim Session			
	13			11-12 200 Backstroke	14	43		11-12 400 Medley Relay	44	77		11-12 400 Freestyle Relay	78		
	15			13-14 200 Breaststroke	16	45		13-14 400 Medley Relay	46	79		13-14 400 Freestyle Relay	80		
	17			11-12 100 Breaststroke	18			**Warm-Up Break**				**Warm-Up Break**			
	19			13-14 200 Freestyle	20	47		11-12 100 Backstroke	48	81		11-12 50 Backstroke	82		
	21			11-12 200 Freestyle	22	49		13-14 100 Backstroke	50	83		13-14 200 Backstroke	84		
	23			13-14 400 IM	24	51		11-12 500 Freestyle	52	85		11-12 200 IM	86		
	25			11-12 100 IM	26	53		13-14 200 IM	54	87		13-14 500 Freestyle	88		
	27			13-14 100 Butterfly	28	55		11-12 100 Freestyle	56	89		11-12 50 Breaststroke	90		
	29			11-12 100 Butterfly	30	57		13-14 100 Freestyle	58	91		13-14 100 Breaststroke	92		
				Relay Warm-up Break		59		11-12 50 Butterfly	60	93		11-12 50 Freestyle	94		
	31			13-14 800 Freestyle Relay	32	61		13-14 200 Butterfly	62	95		13-14 50 Freestyle	96		
						63		11-12 200 Breaststroke	64	97		11-12 200 Butterfly	98		
						65		**Warm-Up Break**							
								13-14 1000 Freestyle	66						
				10&U Session				10&U Session				10&U Session			
	5			10&U 100 Backstroke	6	33		10&U 200 Medley Relay	34	67		10&U 200 Freestyle Relay	68		
				AWARDS				**AWARDS**				**AWARDS**			
	7			10&U 200 IM	8	35		10&U 100 Butterfly	36	69		10&U 200 Freestyle	70		
				AWARDS				**AWARDS**				**AWARDS**			
	9			10&U 50 Freestyle	10	37		10&U 100 Freestyle	38	71		10&U 100 IM	72		
				AWARDS				**AWARDS**				**AWARDS**			
	11			10&U 500 Freestyle	12	39		10&U 50 Breaststroke	40	73		10&U 50 Butterfly	74		
				AWARDS				**AWARDS**				**AWARDS**			
						41		10&U 50 Backstroke	42	75		10&U 100 Breaststroke	76		
								AWARDS				**AWARDS**			
Finals Session				Finals Session				Finals Session				Finals Session			
1	13-14 1650 Freestyle	2	13	11-12 200 Backstroke	14	47		11-12 100 Backstroke	48	81		11-12 50 Backstroke	82		
3	11-12 1000 Freestyle	4	15	13-14 200 Breaststroke	16	49		13-14 100 Backstroke	50	83		13-14 200 Backstroke	84		
				11-12 100 Breaststroke	18			**AWARDS**				**AWARDS**			
				AWARDS				11-12 500 Freestyle	52	85		11-12 200 IM	86		
				13-14 200 Freestyle	20	53		13-14 200 IM	54	87		13-14 500 Freestyle	88		
				11-12 200 Freestyle	22			**AWARDS**				**AWARDS**			
				AWARDS				11-12 100 Freestyle	56	89		11-12 50 Breaststroke	90		
				13-14 400 IM	24	57		13-14 100 Freestyle	58	91		13-14 100 Breaststroke	92		
				11-12 100 IM	26			**AWARDS**				**AWARDS**			
				AWARDS				11-12 50 Butterfly	60	93		11-12 50 Freestyle	94		
				13-14 100 Butterfly	28	61		13-14 200 Butterfly	62	95		13-14 50 Freestyle	96		
				11-12 100 Butterfly	30			**AWARDS**				11-12 200 Butterfly	98		
				AWARDS				11-12 200 Breaststroke	64			**AWARDS**			
				13-14 800 Freestyle Relay	32	65		13-14 1000 Freestyle	66	77		13-14 400 Freestyle Relay	78		
				AWARDS				**AWARDS**		79		11-12 400 Freestyle Relay	80		
						43		11-12 400 Medley Relay	44			**AWARDS**			
						45		13-14 400 Medley Relay	46						
								AWARDS							

Day 1 events (13-14 1650 Free, 11-12 1000 Free) will be swum fastest to slowest.

Prelims will be conducted in two pools. Session reports will be posted no later than 48 hours prior to the start of the meet.

There will be a 30-minute relay warm-up break prior to start of the 800 Free Relay Events 31 & 32 in the prelim session with the fastest heat swum in finals.

All 11-12 and 13-14 400 Medley & Freestyle Relays will be swum at the beginning of prelims with the fastest heat swum in finals.

The 13-14 1000 Free will be swum at the conclusion of the Day 3 prelim session with the fastest seeded heat competing in finals.



TIME STANDARDS

2019 REGIONAL & AGE GROUP CHAMPIONSHIPS

GIRLS						BOYS						
LCM		SCM		SCY		10 & Under	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG	Event	CHMP	REG	CHMP	REG	CHMP	REG
:34.79	:38.29	:33.39	:36.69	:30.09	:33.09	50 Free	:30.19	:33.19	:33.49	:36.79	:34.89	38.39
1:17.59	1:25.39	1:14.59	1:21.99	1:07.19	1:13.89	100 Free	1:06.59	1:13.29	1:13.89	1:21.29	1:18.29	1:26.09
2:49.89	3:06.89	2:44.49	3:00.99	2:28.19	2:42.09	200 Free	2:27.79	2:42.59	2:44.09	3:00.49	2:51.89	3:09.09
5:49.29	6:50.59	5:39.79	6:39.49	6:28.29	7:40.59	400/500 Free	6:28.29	7:44.69	5:39.79	6:47.99	5:49.29	6:56.79
:40.79	:45.09	:39.49	:43.49	:35.59	:39.19	50 Back	:35.79	:39.39	:39.69	:43.69	:41.59	:45.79
1:29.29	1:38.29	1:25.49	1:33.99	1:16.99	1:24.69	100 Back	1:17.49	1:25.29	1:25.99	1:34.69	1:29.29	1:38.39
:46.89	:51.59	:44.49	:48.89	:40.09	:44.09	50 Breast	:40.89	:44.99	:45.39	:49.89	:48.49	:53.39
1:42.89	1:53.19	1:37.49	1:47.19	1:27.79	1:36.59	100 Breast	1:29.89	1:39.09	1:39.89	1:49.99	1:44.79	1:55.49
:38.79	:42.69	:37.79	:41.59	:34.09	:37.49	50 Fly	:34.09	:37.49	:37.79	:41.59	:39.79	:43.79
1:34.29	1:43.69	1:28.79	1:37.69	1:19.99	1:27.99	100 Fly	1:20.79	1:28.89	1:29.69	1:38.69	1:37.99	1:47.79
		1:25.79	1:34.39	1:17.29	1:24.99	100 IM	1:17.79	1:25.59	1:26.39	1:34.99		
3:13.89	3:33.29	3:05.69	3:24.29	2:47.29	3:03.99	200 IM	2:48.09	3:05.09	3:06.59	3:25.49	3:11.39	3:31.19
2:30.29		2:22.59		2:08.49		200 Free Relay	2:10.59		2:24.99		2:35.59	
2:50.99		2:41.19		2:25.19		200 Med. Relay	2:28.29		2:44.59		2:57.89	
LCM		SCM		SCY		11 & 12	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG	Event	CHMP	REG	CHMP	REG	CHMP	REG
:30.69	:33.99	:29.59	:32.99	:26.99	:29.69	50 Free	:26.59	:29.59	:28.99	:32.89	:30.09	:34.19
1:06.99	1:13.49	1:04.79	1:11.29	:58.29	1:04.09	100 Free	:57.89	1:04.69	1:03.89	1:11.79	1:06.39	1:15.49
2:25.49	2:42.89	2:19.89	2:37.49	2:08.19	2:21.79	200 Free	2:08.19	2:21.89	2:19.49	2:37.49	2:24.99	2:44.99
5:09.29	5:45.19	4:57.39	5:30.79	5:42.19	6:18.59	400/500 Free	5:43.59	6:18.29	4:57.49	5:30.59	5:09.39	5:51.29
11:12.79	12:30.89	10:59.99	12:14.19	11:48.99	13:04.49	800/1000 Free	11:56.29	13:08.69	11:01.89	12:15.59	11:14.69	12:46.09
20:45.49	23:10.09	20:17.99	22:39.19	20:10.79	22:19.59	1500/1650 Free	20:00.79	22:02.09	20:07.99	22:35.59	20:43.29	23:31.69
:35.49	:38.99	:34.49	:37.69	:30.99	:33.89	50 Back	:31.09	34.49	:34.59	:38.39	:35.89	:40.79
1:16.59	1:25.59	1:13.49	1:21.89	1:06.19	1:13.79	100 Back	1:06.99	1:14.49	1:14.79	1:22.69	1:17.79	1:27.99
2:42.49	2:56.09	2:37.79	2:51.59	2:21.39	2:34.39	200 Back	2:23.69	2:37.59	2:39.19	2:54.59	2:43.89	2:59.79
:40.29	:45.49	:38.79	:42.89	:34.49	:38.59	50 Breast	:34.69	:39.19	:38.49	:43.59	:39.99	:46.39
1:27.39	1:39.09	1:24.09	1:33.49	1:15.59	1:24.19	100 Breast	1:15.69	1:24.89	1:24.79	1:34.39	1:28.09	1:40.99
3:02.39	3:22.39	2:59.19	3:19.89	2:42.19	2:59.69	200 Breast	2:48.29	3:09.29	3:05.59	3:30.19	3:08.89	3:38.09
:33.39	:37.69	:32.19	:36.59	:29.39	:32.99	50 Fly	:29.69	:32.89	:32.59	:36.49	:33.69	:38.09
1:15.59	1:25.99	1:12.69	1:21.99	1:05.89	1:13.79	100 Fly	1:07.29	1:14.59	1:14.09	1:22.69	1:16.99	1:28.09
2:53.59	3:33.09	2:51.59	3:25.89	2:34.59	3:06.29	200 Fly	2:43.39	3:04.69	3:01.09	3:24.09	3:06.29	3:30.99
		1:15.19	1:22.19	1:07.59	1:13.89	100 IM	1:07.19	1:14.89	1:14.69	1:23.19		
2:45.79	3:04.99	2:39.49	2:57.79	2:24.99	2:39.99	200 IM	2:25.59	2:41.29	2:40.59	2:56.59	2:46.99	3:07.49
	7:32.09		7:15.79		6:34.39	400 IM		6:27.29		7:07.99		7:28.29
4:40.89		4:30.09		4:03.69		400 Free Relay	4:07.29		4:34.99		4:45.99	
5:19.69		5:07.39		4:34.79		400 Med. Relay	4:41.79		5:15.29		5:30.39	
LCM		SCM		SCY		13 & 14	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG	Event	CHMP	REG	CHMP	REG	CHMP	REG
:29.29	:31.89	:28.19	:30.79	:25.49	:27.79	50 Free	:23.89	:26.29	:26.49	:29.19	:27.59	:30.39
1:03.49	1:09.29	1:01.39	1:06.99	:55.29	1:00.29	100 Free	:51.89	:57.09	:57.99	1:03.79	:59.59	1:05.69
2:18.39	2:31.59	2:13.19	2:25.29	1:59.59	2:10.89	200 Free	1:53.59	2:05.19	2:06.29	2:18.99	2:12.19	2:25.49
4:52.49	5:21.79	4:41.29	5:09.49	5:22.69	5:53.59	400/500 Free	5:08.59	5:36.19	4:32.29	4:59.59	4:43.19	5:13.59
9:58.19	10:57.99	9:47.79	10:46.59	10:57.79	12:03.59	800/1000 Free	10:32.59	11:35.89	9:37.69	10:35.49	9:48.09	10:46.89
19:01.59	21:03.39	18:45.59	20:41.49	18:49.19	20:44.49	1500/1650 Free	18:18.29	20:10.99	18:28.39	20:20.09	18:45.29	20:42.09
1:12.29	1:18.89	1:09.59	1:14.59	1:01.59	1:07.19	100 Back	:58.39	1:04.39	1:04.79	1:11.49	1:09.69	1:16.79
2:35.29	2:49.99	2:29.89	2:42.69	2:13.99	2:26.49	200 Back	2:08.29	2:21.19	2:24.39	2:36.69	2:30.89	2:46.19
1:22.99	1:30.59	1:19.59	1:26.79	1:11.09	1:17.39	100 Breast	1:06.99	1:13.89	1:14.49	1:22.19	1:18.09	1:26.79
3:00.29	3:18.49	2:53.39	3:09.59	2:35.19	2:50.79	200 Breast	2:27.09	2:41.99	2:43.39	2:59.79	2:51.39	3:08.89
1:10.39	1:16.99	1:08.19	1:14.49	1:01.39	1:07.09	100 Fly	:57.69	1:03.49	1:03.99	1:10.49	1:06.69	1:13.49
2:39.79	2:55.79	2:33.69	2:49.09	2:18.79	2:32.69	200 Fly	2:12.99	2:26.29	2:29.39	2:42.39	2:34.99	2:50.29
2:37.49	2:52.09	2:31.49	2:45.39	2:16.29	2:28.89	200 IM	2:08.79	2:21.89	2:23.09	2:37.49	2:27.89	2:43.09
5:33.69	6:07.09	5:20.89	5:52.99	4:50.89	5:19.99	400 IM	4:39.29	5:07.29	5:14.89	5:46.39	5:19.99	5:52.79
4:22.19		4:12.19		3:49.29		400 Free Relay	3:36.69		4:03.69		4:13.39	
9:34.19		9:12.19		8:20.89		800 Free Relay	8:01.59		9:01.49		9:23.29	
4:56.39		4:44.89		4:14.89		400 Med. Relay	4:02.69		4:32.89		4:48.29	