



COACHES NEWSLETTER

Everything you need to know for April, upcoming events, friendly reminders...

Please ensure your coaching staff has received this email along with other Illinois Swimming emails (check spam). If a coach did not receive this in their inbox, please reach out to amie.adams@ilswim.org with their name and email.

SAVE THE DATE

Sunday April 16th, 2023

Presented by PCA

Illinois Swimming

Empathy within the Coaching Environment

Chicago Marriott Southwest -
Burr Ridge

Brunch at 10:30am

**Presentation 11am-1pm by
Positive Coach Alliance**

Registration Info coming soon...

Town Hall Meeting - VIRTUAL

Virtual Town Hall at 2pm

A room will be available at Chicago Marriott Burr Ridge to watch the town hall if also attending the PCA workshop or Athlete Banquet

Link coming soon

ATHLETE BANQUET

Also being held Sunday April 16th at Chicago Marriott Southwest - Burr Ridge at 10:30am

The top 3 swimmers from each age group/event from the 2021-2022 competition year received invitations to attend the Athlete Banquet.

Evites were sent to the member and contact emails on file with an RSVP date of April 7th,

As we return to our normal programming, the athletes for the current competition year will be invited to the Athlete Banquet regularly held in the fall. SAVE THE DATE: The next Athlete Banquet will be Sunday October 1st.

[Athlete Banquet Invitee List by Team](#)

UPCOMING CAMPS AND EVENTS

[Illinois Swimming Camp Page](#)



Saturday April 15, 2023

2023 Age Group (12&U) Pro Series Camp

12&U medalists at Age Group Champs received invitations to attend the camp.

This camp was limited to the first 60 athletes with the application opening 8:00am 3/13 - The 10&U camp filled within 3 minutes. 12&U by end of the day.

The camp will start at Superior Training Facility and end at FMC Natatorium for the Saturday Finals of the TYR Pro Series.



June 5-8th, 2023

2023 Summer Senior Camp in Ocala, FL

32 Athletes (16 Female and 16 Male athletes) will be invited to attend the camp being held in Ocala, FL from June 5th - June 8th, 2023, with special guest Coach Gregg Troy.

The invitation to attend is expected to be sent out Monday April 10th.

See camp page for more information.



May 5-7th, 2023

Duel in the Pool

All-Star teams from Illinois, Indiana, and Gulf Swimming will be competing at the FMC Natatorium on Saturday and Sunday, May 6-7, at the third annual *Duel in the Pool*.

Qualifiers list to be posted April 1st

Women In Coaching Wine Tasting & Bingo

[RSVP](#)

All Women Coaches in Illinois Swimming are cordially invited to a wine tasting and bingo...

Sunday April 30th, 2023 2-4pm

The Chicago Wine Company

835 N. Central Ave. Wood Dale, IL 60191

All head and assistant coaches (21&O) are invited to attend.

White Sox Night - May 19th

[Buy Tickets](#)

The Chicago White Sox will be highlighting Illinois Swimming members on Friday May 19th at 7:10pm where they will be taking on Kansas City Royals!!! Buy your tickets now for a great evening of fun and excitement! Each ticket purchased will receive a swim cap with the White Sox logo.

Coach Certifications

Friendly Reminder on where to send your certifications....

To be sent to the office...

To be sent directly to
pam.lowenthal@ilswim.org

- CPR
- Safety Training for Swim Coaches In Water
- Safety training for Swim Coaches Online Content Only
- Concussion Protocol

Certifications that match to your membership record (and do not need to be sent)

- Background Check
- Athlete Protection Training
- Coaches Advantage Tutorial
- Coach Education: Welcome to USA Swimming, USA Swimming Rules and Regulations, Quality Coaching Framework, CORE courses

Helpful links

Safe Sport

Illinois Swimming

1600 Golf Road Suite 1200, Rolling Meadows
Illinois 60008 United States

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