



COACHES NEWSLETTER

*Please pass this newsletter to your coaching staff and ensure they are receiving this communication. Email amie.adams@ilswim.org if anyone is not receiving emails from Illinois Swimming.

CHAMP MEETS

[CHAMP MEET PAGE](#)

Congratulations to all teams on impressive swims this Winter Championship Season!

Senior Championships 1st Place - FMC

Age Group Championships 1st Place - CWAC

[SENIOR RESULTS](#)

[AGE GROUP RESULTS](#)

2024 AGE GROUP SELECT CAMP

[Camps](#)

12&U Medalists at Age Group Championships received the following invitation to apply for the:

Age Group Select Camp

Sunday April 28th at Superior Training Facility featuring

American Record Holder, Beata Nelson

[Age Group Select Camp Invite](#)

Please ensure your 12&U Age Group Medalists received the invite. The application opens this Friday March 15th at 8am - first come, first serve.

The link to the application will go live on Friday & can be found on our camp page [HERE](#).

Athletes will be notified of acceptance by April 1st.

AGE GROUP SELECT CAMP INVITE

2024 TIL CAMPS

USA SWIMMING PROGRAMS

[The Senior Swimming Coaching Network](#) is designed to help coaches increase connectivity, build a strong supportive network, and provide education opportunities for swim coaches working with the 13 and over athletes in their club's senior program.

Upcoming Sessions:

Senior Network Topic: Short Course Training in a LC Season - How to get good results without access to a LC Pool...

- March 26, 2024 at 1PM CST ([REGISTER](#))
- March 27, 2024 at 11AM CST ([REGISTER](#))

SAVE THE DATE

April 7th - Spring Virtual Town Hall Meeting

April 21st - Women Coaches Wine Tasting @ Cooper's Hawk in Arlington Heights

May 31-June 2nd - Duel in the Pool

June 8-9th - Project LA Camp & Coaches Track

Open Water Zone & State Meets

Summer Championship Meets

MEET PLANNING CALENDAR

Calendar

Already set up for LC Season! Promote your meet [HERE](#).

All sanctioned events must be submitted electronically via [ilswim.org>event>Meet Forms and Sanction Application](https://ilswim.org/event/Meet-Forms-and-Sanction-Application).

*Meets listed on the planning calendar have been voluntarily listed for planning purposes. Teams using this calendar should verify the meet has been sanctioned. Sanctioned meets can be found on the Illinois Swimming home page under team events.

COACH CERTIFICATIONS

Cert Reminders

Please ensure you and your coaches are up to date for membership.

Click [HERE](#) for a helpful list of certifications that need to be sent to Pam and those that automatically match to your membership record.

Check out our recent events on social media



Illinois Swimming

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