

ILLINOIS SWIMMING PRESENTS

featuring

**GREGG TROY & BETH WINKOWSKI**

*Project* **LA**

**2025 PROJECT LA COACHES TRACK**  
**JUNE 7-8, 2025**

The second event in a progressive camp series leading our athletes, coaches & parents **to the LA Olympics in 2028**

*featuring*

*Gregg Troy*

2012 Olympic Team Head Coach  
Head Coach Florida Gators 1998-2015  
20+ year career at The Bolles School  
Over 30 years club experience in Florida

&

*Beth Winkowski*

2014 ASCA Age Group  
Coach of the Year  
Lead Senior Advisor, USAS Team Services



**Saturday Afternoon & Sunday Morning**  
social to follow

All Illinois Swimming Teams can send 1 coach  
for FREE, additional coaches \$50ea  
Register at [www.ilswim.org](http://www.ilswim.org)



Stevenson High School  
Lincolnshire, IL