



# Schaumburg Barracudas

## Winter 2025 Season Information

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### Season Start

The 2025 Winter Season begins Monday, December 1st.

Please review this packet carefully. All Barracudas families are responsible for knowing and understanding the information provided.

### Coaching Staff

- Kodey Visitation (coachkodey@gmail.com) Head Coach/Level 4
- Lesslie Tackett (lespaul6868@gmail.com) Level 1
- Adrian Torres (adrian.torres216@yahoo.com) Level 1/2/3
- Ammanda Elliott (ammandaelliott@gmail.com) Level 3
- Gabby Chudoba (gabbyachudoba@gmail.com) Level 2
- Niky Chotas (nikychotas@gmail.com) Level 1/2

For day-to-day operations, please contact Coach Kodey Visitation. For level-specific questions, email your child's coach directly.

### Registration

- New swimmers (including siblings) must receive approval from Stacy Johnson before registering.
- Registration link: [\[here\]](#)

For registration questions, contact Stacy Johnson ([stjohnson@parkfun.com](mailto:stjohnson@parkfun.com)).

For questions regarding level placement for swimmers already in the program, contact your child's coach directly.

### Practice Information

- Location: Hoffman Estates High School
- Address: 1100 W Higgins Rd, Hoffman Estates, IL 60169



- Enter through Door 9

Practice calendar with times, dates, and locations can be found [\[here\]](#).

## **Practice Expectations and Etiquette**

Please arrive at practice 10 minutes before the scheduled start time and wait in the hallway. Swimmers should arrive with their suits already on.

Swimmers are not permitted on deck once a Barracuda coach gives the “all clear”.

Parents and spectators may view practice from the bleachers but please do not try to communicate with coaches until the conclusion of practice. Parents and spectators are not allowed on the pool deck

## **Locker Room Usage**

Swimmers are required to keep the locker rooms clean and orderly. This includes picking up all personal items, properly disposing of your trash, and being respectful of shared spaces.

For the safety and privacy of all athletes, phones and any type of filming or photography are strictly prohibited in locker rooms and bathrooms. This policy is in place to protect every swimmer’s privacy and aligns with facility rules and team expectations.

Parents and spectators are not allowed in the locker rooms. Bathrooms for spectators can be found in the main hallway.

## **Practice Groups**

Level 1 – Focus on fundamentals, teamwork, and love for the sport.

- Recommended: 1–2 practices/week.

Level 2 – Technique refinement and introduction to endurance training.

- Recommended: 2+ practices/week.

Level 3 – Stroke mechanics, aerobic base, breathing techniques, and race strategy.

- Recommended: 3+ practices/week.

Level 4 – Advanced techniques, race strategy, and goal setting. Commitment is expected.

- Recommended: 4–5 practices/week for best results.
- Consistent attendance is expected and essential.

Practice attendance substitutions will be handled on a case-by-case basis. Please email your child’s coach directly.



## Equipment Requirements and Barracuda Meet Apparel Policy

All swimmers must bring the required gear to every practice. Lost/damaged items are the swimmer's responsibility to replace. Label all equipment with your swimmer's name.

Team suits are mandatory for **all** meets. Barracudas team caps are mandatory for practices and meets. Barracuda caps can be obtained from any coach.

Equipment and apparel can be purchased through the [Team Store](#) (username: schauburg, password: barracudas). Equipment is required by the 3<sup>rd</sup> week of practice.

If you are looking to order a team suit and do not know your size, you can visit Kiefer Aquatics at 830 Seton Ct # 8, Wheeling, IL 60090 for a fitting.

There are no returns when ordering from our team store. When in doubt, try it on first. Trunks are not permitted at practice.

### Equipment Checklist (by Level)

	Level 1	Level 2	Level 3	Level 4
Barracuda Suit (for meets)	✓	✓	✓	✓
Barracuda Suit or similar (for practice)	✓	✓	✓	✓
Barracuda Tee or Hoodie (for meets)	✓	✓	✓	✓
Barracuda Cap (for practice and meets)	✓	✓	✓	✓
Goggles	✓	✓	✓	✓
Kickboard	✓	✓	✓	✓
Water bottle	✓	✓	✓	✓
Gear Bag	✓	✓	✓	✓
Fins			✓	✓
Pull buoy			✓	✓



Paddles			✓	✓
Front Snorkel			✓	✓
Parachute				✓
Kick Socks				✓
Barracuda Backpack*	✓	✓	✓	✓
Barracuda Parka*	✓	✓	✓	✓
Barracuda Mesh Shorts*	✓	✓	✓	✓
Barracuda Towel*	✓	✓	✓	✓

\*Suggested, not required

### **Tech Suit Policy**

- 10 & Under: Not permitted in speed suits for regular or Regional meets.
- 11–12: Approved speed suits allowed at Championship Meets only.
- 13 & Older: Speed suits permitted at coach-approved meets.

### **Swim Meet Descriptions**

Recreation Meets: Meant for newer swimmers to develop a love for the sport. Level 1 and Level 2 swimmers are highly encouraged to attend these meets.

Illinois Swimming (ISI) Meets: Meant for swimmers who are looking for a higher level of competition. Level 3 and Level 4 swimmers are required to attend these meets.

### **Swim Meet Entry Policy**

- Families will be notified via email when meet sign-ups open. You can also find it on our [team website](#).
- Meets are also posted in the online calendar. Late entries are not accepted.
- ISI Meets: Families select events; coaches approve based on ability.
- Rec Meets: Coaches select events based on ability.



## **Swim Meet Fees**

- **ISI Meets:** Payment by check to Schaumburg Park District. Non-refundable once submitted. Fees must be paid in full before first day of competition. Unpaid fees prevent future registrations.
- **USA Swimming Membership:** Each athlete must register directly with USA Swimming. Instructions will be sent by Coach Kodey at season start.
- **Recreation Meets:** Included in registration fees. However, unpaid ISI fees will also block Rec Meet entries.