

**Springfield YMCA Swim Team****2024 SPY Season Opener****October 11th - 13th, 2024**

Closed YMCA Invite Approved by USA Swimming, inc. and Illinois Swimming Inc. Sanction:

| <b>Meet Director/Meet Entry Chair</b>                                         | <b>Meet Referee</b>                                                                |
|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Alex Totura<br><a href="mailto:alex@spyswimmers.com">alex@spyswimmers.com</a> | Nick Gilmore<br><a href="mailto:maddogchief@yahoo.com">maddogchief@yahoo.com</a>   |
| <b>Safety Coordinator</b>                                                     | <b>Meet Admin</b>                                                                  |
| Alex Totura<br><a href="mailto:alex@spyswimmers.com">alex@spyswimmers.com</a> | Eric Johnson<br><a href="mailto:eric@ejinnovations.com">eric@ejinnovations.com</a> |

**Disclaimers:**

The Springfield YMCA and SPY Swim Team have taken enhanced health and safety measures- for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related to exposure to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Location:** Gus & Flora Kerasotes YMCA, 4550 W. Iles Ave, Springfield IL, 62711

**Facility:** The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. Eight-lane, 25-yard pool with non turbulent lane lines, Colorado Time Systems equipment with touchpads at both ends. Starting blocks at both ends, depth is 6 feet at the

walls and 9 ½ feet in the middle of the pool. The facility is owned by the Springfield YMCA and facility staff will handle all matters of cleanliness before, during, and after competition. The facility will follow any local or state mandates for large gatherings

**Eligibility:** The Meet is open to YMCA teams only. This meet is approved by USA Swimming and Illinois Swimming, Inc. All USA Swimming and ISI rules apply including safety rules, which will be strictly enforced. Only athletes who are registered with USA Swimming will have times submitted to Illinois Swimming. Teams need to provide a roster of USA Swimming athletes to ensure those athletes are included in the results sent to IL Swimming. If a team does not submit a roster they will be removed prior to submitting to IL Swimming.

**Entry Period:** Entries will open Monday September 30th, 2024 at 8:00 AM. The entry period will close on Monday October 7th at 5:00 PM or when the meet is full. Entries should be submitted to Alex Totura at [alex@spyswimmers.com](mailto:alex@spyswimmers.com). You will receive a confirmation email when entries are received. Preliminary information will be available on Tuesday October 8th, 2024.

**Entry Limits:** No contestant shall be permitted to enter more than 5 individual events per day. The host team reserves the right to limit the number of swimmers due to time restrictions and add extra heats time permitting. Refunds for any swimmers limited by the host team will be granted to each individual team. The host team will post a psych sheet on the event webpage after the meet entry period closes. There are no relays offered at this meet.

**Entry Fees and Surcharges:** All events are \$5.00 per event. A surcharge of \$15 per athlete will be assessed in lieu of admissions fees.

**Positive Check-in:** There will **NOT** be a positive check-in for this meet. All Friday events will be seeded at the beginning of warm ups. Scratches for each subsequent session will be due at the beginning of warm ups when the next session will be seeded. Scratches can be taken after warm up has begun, but athletes may still appear in the heat sheets.

**Heat Sheets:** Printed Heat Sheets for spectators will not be available at the meet. The meet information, including heat sheets, will be available online at no charge via Meet Mobile as well as PDF versions available on the Event Page at [www.spyswimmers.com](http://www.spyswimmers.com). Heat Sheets will be posted at various locations on the pool deck and in the hallways and crash areas for athletes and spectators. Coaches and Officials Heat Sheets will be available at the Admin Table on the pool deck.

**Seeding:** All events will be swum in heats with swimmers seeded from slowest to fastest.

**Warm-ups:** Specific warm up lanes will be assigned at the conclusion of the entry period. Warm up guidelines will be included with the assignments. Warm up times may be adjusted with approval from all teams to prevent long breaks between sessions.

**Results:** Results will be posted in the hallway outside the pool deck throughout the meet. Results will be available via Meet Mobile as well as posted on the Event Page at [www.spyswimmers.com](http://www.spyswimmers.com) at the conclusion of each day of the meet.

**Awards:** IMX and IMR combined total high point female and male in each single age 8&U, 9, 10, 11, 12, 13, 14, 15, 16 and 17-18 years will be awarded a high point plaque. Swimmers must compete in all IMX

and IMR events to be eligible for the plaque. Additionally, 1st-8th place ribbons will be awarded for 8&U, 9-10 and 11-12 events.

**Coaches:** All coaches must be currently registered with USA or YMCA Swimming and must provide proof of current registration at all sessions of this meet. All coaches are required to sign in if they are on deck or if they are off deck and engaging with swimmers.

All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.

**Athletes/Spectator Seating:** The Gym and other rooms will be available as a crash area for athletes and spectators. There is spectator seating for 300 available on the pool deck and additional seating may be offered as necessary in the recreation pool area. Athletes may not crash in the bleachers or seating offered specifically for spectators.

**Restrooms/Locker Rooms:** Locker Rooms will be available for use by athletes. The Family Changing Rooms and restrooms by the front desk will be available for non-athletes.

**Recording Devices and Swimmer Privacy:** In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of audio or visual recording devices, including but not limited to cell phones, is not permitted in changing areas, restrooms, or locker rooms. Cell phones, video and camera devices are not permitted behind the blocks or above swimmers as they enter or depart the pool. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Any individual failing to abide by the above may be subject to immediate removal from the venue by Meet Management and could be subject to the USA Swimming Code of Conduct violation as defined in Articles 304, 305 or 306.

**Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Parking:** Parking is available in any appropriate space in the YMCA parking lot.

**Rules & Safety:** 2024 USA Swimming Inc. and ISI rules will govern the meet. All USA Swimming and ISI Swimming rules and the ISI individual scratch rule will be strictly enforced. All USA Swimming and Illinois Swimming safety rules will be enforced. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**Liability Waiver:** In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Springfield YMCA Swim Team, Springfield YMCA, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or

representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

### Event and Session Times

**Please note that all times listed below are tentative times. Warm Up and Session Start Times may be adjusted after entries are completed**

**Session 1  
Friday Evening  
Warm-ups: 4:30 PM, Session Start: 6:00 PM**

| <b>Girls</b> | <b>Event</b>        | <b>Boys</b> |
|--------------|---------------------|-------------|
| 101          | 11-12 500 Freestyle | 102         |
| 103          | 13-21 500 Freestyle | 104         |
| 105          | 9-10 200 IM         | 106         |
| 107          | 11-12 200 IM        | 108         |
| 109          | 13-21 400 IM        | 110         |

**Session 2  
Saturday AM - 10 and Under  
Warm-ups: 7:30 AM. Session Start: 8:30 AM**

| <b>Girls</b> | <b>Event</b>          | <b>Boys</b> |
|--------------|-----------------------|-------------|
| 201          | 8U 100 Freestyle      | 202         |
| 203          | 9-10 200 Freestyle    | 204         |
| 205          | 8U 25 Butterfly       | 206         |
| 207          | 9-10 50 Butterfly     | 208         |
| 209          | 8U 25 Backstroke      | 210         |
| 211          | 9-10 50 Backstroke    | 212         |
| 213          | 8U 50 Breaststroke    | 214         |
| 215          | 9-10 100 Breaststroke | 216         |
| 217          | 8U 25 Freestyle       | 218         |
| 219          | 9-10 50 Freestyle     | 220         |

**Session 3  
Saturday PM - 11 and Older  
Warm-ups: 11:45 AM Session Start 1:00 PM**

| <b>Girls</b> | <b>Event</b>           | <b>Boys</b> |
|--------------|------------------------|-------------|
| 301          | 11-12 200 Freestyle    | 302         |
| 303          | 13-21 200 Freestyle    | 304         |
| 305          | 11-12 50 Butterfly     | 306         |
| 307          | 13-21 100 Butterfly    | 308         |
| 309          | 11-12 100 Backstroke   | 310         |
| 311          | 13-21 200 Backstroke   | 312         |
| 313          | 11-12 100 Breaststroke | 314         |
| 315          | 13-21 200 Breaststroke | 316         |
| 317          | 11-12 50 Freestyle     | 318         |
| 319          | 13-21 50 Freestyle     | 320         |

**Session 4**  
**Sunday AM - 10 and Under**  
**Warm-ups: 7:30 AM. Session Start: 8:30 AM**

| <b>Girls</b> | <b>Event</b>         | <b>Boys</b> |
|--------------|----------------------|-------------|
| 401          | 8U 50 Butterfly      | 402         |
| 403          | 9-10 100 Butterfly   | 404         |
| 405          | 8U 50 Backstroke     | 406         |
| 407          | 9-10 100 Backstroke  | 408         |
| 409          | 8U 25 Breaststroke   | 410         |
| 411          | 9-10 50 Breaststroke | 412         |
| 413          | 8U 100 IM            | 414         |
| 415          | 9-10 100 IM          | 416         |
| 417          | 8U 50 Freestyle      | 418         |
| 419          | 9-10 100 Freestyle   | 420         |

**Session 5**  
**Sunday PM - 11 and Older**  
**Warm-ups: 11:45 AM Session Start 1:00 PM**

| <b>Girls</b> | <b>Event</b>           | <b>Boys</b> |
|--------------|------------------------|-------------|
| 501          | 11-12 50 Breaststroke  | 502         |
| 503          | 13-21 100 Breaststroke | 504         |
| 505          | 11-12 50 Backstroke    | 506         |
| 507          | 13-21 100 Backstroke   | 508         |
| 509          | 11-12 100 Butterfly    | 510         |
| 511          | 13-21 200 Butterfly    | 512         |
| 513          | 11-12 100 Freestyle    | 514         |
| 515          | 13-21 100 Freestyle    | 516         |
| 517          | 11-12 100 IM           | 518         |
| 519          | 13-21 200 IM           | 520         |

**Entry Summary and Release Form****Entry Summary**

Number of Individual Entries \_\_\_\_\_ x \$5.00 = \$\_\_\_\_\_

Number of Athletes facility surcharge \_\_\_\_\_ x \$15.00 = \$\_\_\_\_\_

Total Due \_\_\_\_\_ = \$\_\_\_\_\_

**Make Checks Payable to: Springfield YMCA**

Mail To: Springfield YMCA  
Attn: Alex Totura  
4550 W. Iles Avenue  
Springfield, IL 62711

Name of Club \_\_\_\_\_

Club Code/Initials: \_\_\_\_\_

Names of Coaches in Attendance: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Team Entry Contact: \_\_\_\_\_ Position with Team: \_\_\_\_\_

**Release below must be signed or entry will not be accepted.**

In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Springfield YMCA Swim Team, Springfield YMCA, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature (Coach/Club Representative): \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_